

SEED SENSATIONS

HEMP SEEDS

HAVE HEMP...

WHY?

**HEMP SEEDS ARE
EXCEPTIONALLY NUTRITIOUS
& RICH IN HEALTHY FATS,
PROTEIN & VARIOUS
MINERALS.**

HEALTH BENEFITS

- Omega-3 fatty acids promoting cardiovascular health
- High in GLA, an essential omega-6 fatty acid
- Containing all 20 amino acids & 9 essential amino acids that our bodies cannot produce
- Natural appetite suppressant
- High in insoluble & soluble fiber
- Feeds your probiotics
- Helps your immune system

NUTRITIONALS

- Fiber
- Manganese
- Vitamin E
- Magnesium
- Phosphorus
- Zinc
- Iron
- Copper



ADD TO YOUR SHAKE TODAY!