

# HEALTHY HOLIDAY NOG

Vanilla Almond Milk, Chai Spices, Cinnamon & Vanilla Protein

## PROGRAM: TRAINER'S SHAKES

You need to get the participation of your Personal Trainers up to fully maximize your business. One of the best ways to get them involved is to have them create their own shake recipes. Turn it into a contest and see whose recipe sells most this week or this month. An influential trainer can really influence sales!

# DECEMBER 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<small>NOVEMBER 2020</small> <small>S M T W T F S</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	<small>JANUARY 2021</small> <small>S M T W T F S</small> 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30			<b>SAMPLE</b> HEALTHY HOLIDAY NOG		
		SEE THE PROTOCOL 1	2			5
CLEAN FILTER & ICE MAKER DEEP CLEAN S&S BAR 6	7	8	9	HANUKKAH BEGINS AT SUNDOWN 10	<b>SAMPLE</b> TRAINER'S SHAKE 11	12
DEEP CLEAN S&S BAR 13	14	15	<b>SAMPLE</b> HEALTHY HOLIDAY NOG 16	17	18	19
DEEP CLEAN S&S BAR 20	FIRST DAY OF WINTER 21	<b>SAMPLE</b> TRAINER'S SHAKE 22	23	CHRISTMAS EVE 24	CHRISTMAS DAY — PFC CLOSED — 25	26
DEEP CLEAN S&S BAR 27	28	29	30	NEW YEAR'S EVE 31		

## OPERATIONS TIP

Blender jars and all utensils must be washed, rinsed and sanitized every four hours. If blenders or utensils touch food before thoroughly dried, rinse again. It is ONLY necessary to RINSE blender jars between blends. Hint — speed up rinsing by adding a Rapid Rinsers to your rinse sink.



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