

CORE SUPPLEMENTS

SUPPLEMENTS WITH INFINITE GOODNESS

Live

Get Regular



ADD TO YOUR
SHAKE **TODAY**
FOR YOUR DAILY
DOSE OF FIBER &
PROBIOTICS!

- ▀ **Supports Superior Bowel Function & Gut Health**
- ▀ **Improves Digestion & Nutrient Absorption**
- ▀ **No Gas or Bloating**
- ▀ **Cleanses & Detoxifies**

The people that know about these kind of things recommend that we consume at least 25 grams of fiber each day, however, most of us don't. When fiber is missing or stripped from our foods, it increases the speed (Glycemic Index) at which we digest those foods. Increased speed can result in insulin instability which can cause your body to store more calories as fat. Getting more fiber aids in weight loss, reduces appetite, improves digestion & cleanses the system. Ahh, fiber...how we love thee.

Get Regular is made up of Chia, Psyllium Husk, Rice Fiber & Wheat Fiber which improve the absorption of nutrients & digestion, and cleanses the body of toxins. Fibersol & Inulin reduce appetite. Flaxseed & Oat Fiber helps lower cholesterol & maintain normal blood sugar levels. Probiotics maintain a gut full of healthy micro-flora, and Uvaursi reduces bloating & water retention.

The final infinitely good component of Get Regular is our GI Matrix, a blend of 5 species of medicinal (tonic) mushrooms including Cordyceps militaris, Ganoderma lucidum, Agaricus blazei, Grifola frondosa, Hericium erinaceus and Androdia camphorata Mycelial Biomass. These fabulous fungi boost the immune system, restore natural balance, enhance resistance to disease, and improve liver function and elimination of toxins.

NO GMO INGREDIENTS • NO ADDED SUGAR • NO ARTIFICIAL FLAVORS, COLORS OR SWEETENERS • NO GLUTEN • NO PRESERVATIVES

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