

FALL MENU

Seasonal Shakes | 20oz. -

CREAMY PUMPKIN SPICE

*Unsweetened Almond Milk, Pumpkin,
Organic Chai Spices, Yogurt & Cinnamon
with 30g Pumpkin Whey Protein*

SKINNY CHAI

*Unsweetened Almond Milk, Ginger
& Organic Chai Spices
with 40g Vanilla Whey Protein*

SALTED CARAMEL APPLE

*Apples, Sea Salt, Organic Caramel,
Apple Cinnamon Granola,
Banana, Yogurt & Cardamom
with 20g Vanilla Whey Protein*

GOLDEN MILK

*Unsweetened Almond Milk,
Turmeric, Cinnamon, Cardamom,
Ginger & Flax Seed Oil
with 30g Vanilla Whey Protein*

SPICED APPLE COBBLER

*Apples, Apple Cinnamon Granola,
Yogurt & more Cinnamon
with 20g Vanilla Whey Protein*

PUMPKIN LATTE

*Unsweetened Almond Milk,
Organic Chai Spices, Organic Coffee,
Organic Chocolate & Ginger
with 30g Pumpkin Whey Protein*