

# SALTED CARAMEL APPLE

Apples, Sea Salt, Organic Caramel,  
Apple Cinnamon Granola, Banana, Yogurt  
& Cardamom with 20g Vanilla Whey Protein

HELPS SUPPORT  
BONE HEALTH

SALTED  
CARAMEL

GRANOLA

APPLES

CINNAMON

CARDAMOM

PROTEIN

BANANA

YOGURT

GOOD SOURCE OF  
**CALCIUM**



# “SALTED CARAMEL APPLE”

- 6 OZ DR. SMOOTHIE RED APPLE PURÉE / WATER MIX
- 4 FREEZE-DRIED BANANA PIECES  
(OR 2" FRESH BANANA)
- 1/2 SCP APPLE CINNAMON GRANOLA
- 1/2 SCP POWDERED YOGURT
- 1/2 SCP FLAVOR FUSIONS - SEA SALTED CARAMEL
- 1 SCP VANILLA WHEY PROTEIN
- 1/4 TSP CARDAMOM
- 12 OZ ICE

<b>Nutrition Facts</b>	
servings per container	
<b>Serving size</b>	<b>20 fl. oz. (591 ml)</b> <b>(431g)</b>
<b>Amount per serving</b>	
<b>Calories</b>	<b>500</b>
<b>% Daily Value*</b>	
<b>Total Fat</b> 3g	<b>4%</b>
Saturated Fat 1g	<b>5%</b>
<i>Trans</i> Fat 0g	
<b>Cholesterol</b> 60mg	<b>20%</b>
<b>Sodium</b> 540mg	<b>23%</b>
<b>Total Carbohydrate</b> 89g	<b>32%</b>
Dietary Fiber 2g	<b>7%</b>
Total Sugars 65g	
Includes 17g Added Sugars	<b>34%</b>
<b>Protein</b> 28g	
Vitamin D 0mcg	0%
Calcium 320mg	25%
Iron 1mg	6%
Potassium 747mg	15%

\*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.