

GRAND SLAM

Unsweetened Almond Milk, Organic Caramel, Sea Salt, PB Lite & Vanilla with 20g Vanilla Whey Protein

GREAT SOURCE OF
PROTEIN

ALMOND
MILK

ORGANIC
CARAMEL

SEA
SALT

PB LITE

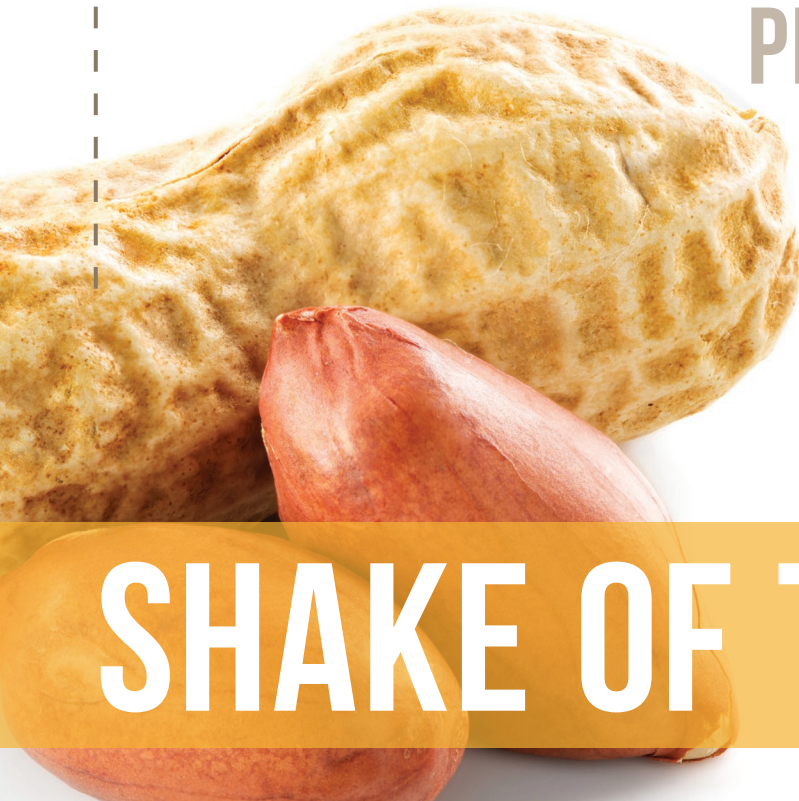
VANILLA

PROTEIN



RICH IN
CALCIUM

SHAKE OF THE MONTH



“GRAND SLAM”

20oz. RECIPE

6 OZ	UNSWEETENED VANILLA ALMOND MILK
1 SCP	PB LITE
3/4 SCP	FLAVOR FUSIONS - SEA SALTED CARAMEL
1 SCP	VANILLA WHEY PROTEIN
1/4 TSP	VANILLA EXTRACT
12 OZ	ICE

Nutrition Facts	
servings per container	
Serving size	20 fl. oz. (591 ml) (394g)
Amount per serving	
Calories	300
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 750mg	33%
Total Carbohydrate 38g	14%
Dietary Fiber 2g	7%
Total Sugars 29g	
Includes 26g Added Sugars	52%
Protein 27g	
Vitamin D 2mcg	10%
Calcium 307mg	25%
Iron 1mg	6%
Potassium 421mg	8%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

12oz. RECIPE

4 OZ	UNSWEETENED VANILLA ALMOND MILK
1/2 SCP	PB LITE
1/2 SCP	FLAVOR FUSIONS - SEA SALTED CARAMEL
1 SCP	VANILLA WHEY PROTEIN
1/4 TSP	VANILLA EXTRACT
7 OZ	ICE

Nutrition Facts	
servings per container	
Serving size	12 fl. oz. (354 ml) (258g)
Amount per serving	
Calories	230
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1g	5%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 520mg	23%
Total Carbohydrate 26g	9%
Dietary Fiber 1g	4%
Total Sugars 20g	
Includes 17g Added Sugars	34%
Protein 23g	
Vitamin D 1mcg	6%
Calcium 250mg	20%
Iron 0mg	0%
Potassium 295mg	6%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.