

FALL MENU

Seasonal Shakes | 20oz. -

CREAMY PUMPKIN SPICE

*Unsweetened Almond Milk, Pumpkin,
Organic Chai Spices, Yogurt & Cinnamon
with 30g Pumpkin Whey Protein*

SKINNY CHAI

*Unsweetened Almond Milk, Ginger
& Organic Chai Spices
with 40g Vanilla Whey Protein*

GOLDEN MILK

*Unsweetened Almond Milk,
Turmeric, Cinnamon, Cardamom,
Ginger & Flax Seed Oil
with 30g Vanilla Whey Protein*

PB & JAM

*Unsweetened Almond Milk,
Strawberries, Peanut Butter & Oats
with 20g Vanilla Whey Protein*

APPLE CINNAMON NUT BREAD

*Unsweetened Almond Milk, Banana,
Apple Cinnamon granola, Yogurt &
Cinnamon with 30g Vanilla Whey Protein*

PUMPKIN LATTE

*Unsweetened Almond Milk,
Organic Chai Spices, Organic Coffee,
Organic Chocolate & Ginger
with 30g Pumpkin Whey Protein*