CRUSHED FRUIT BOWLS

GIVE YOUR BODY A SUPER-HEALTHY TREAT!

SUPER ANTIOXIDANT BOWL

Mixed Berries & Acai blended with Yogurt
& topped with Banana, Coconut, Peanut Butter,
Hemp Seeds & a drizzle of Honey

THE ULTIMATE POWER BOWL

Mixed Berries & Yogurt blended
with 10g Vanilla Whey Protein & topped
with Banana, Coconut, Berry Coconut Granola,
Peanut Butter & a drizzle of Honey

PEACHES 'N CREAM BOWL

Peaches, Pears, Apricots & Mangoes
blended with Yogurt & topped with Banana,
Coconut, Berry Coconut Granola,
Almond Butter, Flax Seeds & a drizzle of Honey

TROPICAL VEGGIE BLISS BOWL

Mangoes, Pineapple, Kale, Spinach & Lemon
blended with Yogurt & topped with Banana, Coconut,
Berry Coconut Granola & a drizzle of Honey