

PINEAPPLE EXPRESS

Pineapple, Coconut, Strawberries, 'Get Regular'
& Vanilla with 20g Strawberry Whey Protein

PINEAPPLE

GOOD SOURCE OF
VITAMIN B

VANILLA
PROTEIN

STRAWBERRIES

COCONUT

GET REGULAR

HIGH IN
DIETARY FIBER



“PINEAPPLE EXPRESS”

6 OZ	DR. SMOOTHIE PINEAPPLE BLEND PURÉE/WATER MIX*
1 SCP	FREEZE-DRIED STRAWBERRIES
1 SCP	STRAWBERRY WHEY PROTEIN
1 SCP	GET REGULAR
1 TSP	VANILLA EXTRACT
12 OZ	ICE

Nutrition Facts	
servings per container	
Serving size	20 fl. oz. (591 ml) (385g)
Amount per serving	
Calories	320
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Cholesterol 30mg	10%
Sodium 65mg	3%
Total Carbohydrate 57g	21%
Dietary Fiber 5g	18%
Total Sugars 37g	
Includes 0g Added Sugars	0%
Protein 21g	
Vitamin D 0mcg	0%
Calcium 177mg	15%
Iron 1mg	6%
Potassium 289mg	6%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

*NUTRITION PANEL REFLECTS USE OF
A 1:1 PUREE/WATER RATIO