

LEMON BLUSH

Lemon, Strawberries & Rosewater
with 20g Vanilla Whey Protein

HIGH IN
PHYTONUTRIENTS

LEMON

STRAWBERRIES

ROSEWATER

PROTEIN

GOOD SOURCE OF
VITAMIN C



“LEMON BLUSH”

6 OZ	SMARTFRUIT LEMON BLUSH PURÉE/WATER MIX
1 SCP	FREEZE-DRIED STRAWBERRIES
1 SCP	VANILLA WHEY PROTEIN
4 DROPS	ROSEWATER EXTRACT
12 OZ	ICE

Nutrition Facts

servings per container

Serving size 20 fl. oz. (591 ml)
(376g)

Amount per serving

Calories 340

% Daily Value*

Total Fat 3g 4%

Saturated Fat 1g 5%

Trans Fat 0g

Cholesterol 55mg 18%

Sodium 60mg 3%

Total Carbohydrate 53g 19%

Dietary Fiber 1g 4%

Total Sugars 48g

Includes 0g Added Sugars 0%

Protein 22g

Vitamin D 0mcg 0%

Calcium 227mg 15%

Iron 1mg 6%

Potassium 608mg 15%

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

***NUTRITION PANEL REFLECTS USE OF
A 1:1 PUREE/WATER RATIO**