

WINTER MENU

Seasonal Shakes / 20oz. -

HEALTHY HOLIDAY NOG

*Unsweetened Almond Milk, Yogurt,
Organic Chai Spices & Cinnamon
with Vanilla Whey Protein*

PEPPERMINT MOCHA

*Unsweetened Almond Milk, Organic Coffee,
Organic Chocolate, Yogurt & Mint
with Vanilla Whey Protein*

DOUBLE CHOCOLATE CHAI

*Unsweetened Almond Milk, Cacao,
Organic Chai Spices & Cinnamon
with Chocolate & Vanilla Whey Protein*

CHERRY VANILLA

*Cherries, Cranberries, Banana,
Beets, Vanilla & 'Get Lean'
with Vanilla Whey Protein*

GINGER SPICE

*Unsweetened Almond Milk, Yogurt,
Organic Coffee, Organic Chocolate
& Ginger with Vanilla Whey Protein*

THE RESOLUTION

*Pineapple, Coconut, Banana,
Spinach, Lemon & 'Get Lean'
with Vanilla Whey Protein*

