



# Shamrockin’

Almond Milk, Matcha Green Tea,  
Chocolate & Mint with Vanilla Whey Protein

## MARCH 2023



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>FEBRUARY 2023</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	<b>APRIL 2023</b> S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 <sup>30</sup> 24 25 26 27 28 29					
			1	2	 3	4
  5	Purim Begins at Sundown 6	7	 8	9	10	11
Daylight Savings Time Begins  12	13	 14	15	16	St. Patrick's Day 17	18
 19	First Day of Spring 20	21	22	 23	24	25
National Spinach Day  26	 27	28	29	30	31	

**OPERATIONS TIP: PFC UNIVERSITY** We’ve been on the road since the beginning, meeting and training all of you. Since we can’t be everywhere at once, you can now access online training via our Member's Club. Our courses cover: Set-Up & Operations, ABCs of Nutrition, The Perfect Pour, Marketing & more! If you are having trouble logging into the site, please reach out to our team for assistance.



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