

SHAKE OF THE MONTH



FEATURED
INGREDIENT
YOGURT

LEARN MORE AT
THE JUICE BAR!

Chocolate Covered Marshmallow

Unsweetened Almond Milk, Yogurt, Organic Chocolate
& Organic Vanilla Crème with Chocolate Whey Protein

Chocolate Covered Marshmallow

20oz. RECIPE

6 oz	Unsweetened Vanilla Almond Milk
½ scp	Powdered Yogurt
½ scp	Flavor Fusions - Chocolate Truffle
½ scp	Flavor Fusions - French Vanilla Crème
1½ scps	Chocolate Whey Protein
12 oz	Ice

Nutrition Facts	
servings per container	
Serving size	20 fl. oz. (591 ml)
Amount per serving	
Calories	440
% Daily Value*	
Total Fat 5g	6%
Saturated Fat 2.5g	13%
Trans Fat 0g	
Cholesterol 85mg	28%
Sodium 350mg	15%
Total Carbohydrate 59g	21%
Dietary Fiber 8g	29%
Total Sugars 46g	
Includes 38g Added Sugars	76%
Protein 41g	
Vitamin D 0mcg	0%
Calcium 405mg	30%
Iron 3mg	15%
Potassium 336mg	8%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	

12oz. RECIPE

4 oz	Unsweetened Vanilla Almond Milk
¼ scp	Powdered Yogurt
¼ scp	Flavor Fusions - Chocolate Truffle
¼ scp	Flavor Fusions - French Vanilla Crème
1 scp	Chocolate Whey Protein
7 oz	Ice

Nutrition Facts	
servings per container	
Serving size	12 fl. oz. (354 ml)
Amount per serving	
Calories	250
% Daily Value*	
Total Fat 4g	5%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Cholesterol 55mg	18%
Sodium 280mg	12%
Total Carbohydrate 31g	11%
Dietary Fiber 4g	14%
Total Sugars 23g	
Includes 19g Added Sugars	38%
Protein 24g	
Vitamin D 1mcg	5%
Calcium 314mg	25%
Iron 1mg	5%
Potassium 206mg	4%
*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.	