



IMPORTANT NOTE: Many micronutrients are needed to elicit an effective immune response against viral infections, but many of the same micronutrients are used by viruses to propagate. SpectraCell has always maintained that targeted supplementation is preferred. Supplementing without measuring nutrient baseline levels can be harmful.⁴²⁻⁴³

Additional nutrients may affect or be affected by viral infections and immunity. This list is not exhaustive.

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