

13th European Conference on Tourette Syndrome & tic disorders

ESSTS Virtual Meeting II

1-2 October 2021

PROGRAMME

Friday, 01.10.2021

10.00-13.00 (parallel sessions)

Behavioural Therapy Workshops (II)

I. Workshop for **beginner** participants:

[Per Andrén](#) and [Ewgeni Jakubovski](#)

II. Workshop for **advanced** participants:

TBA

Workshop programmes

I. Programme for **beginner** participants

An introduction to behavioural therapy for therapists interested in treating patients with tic disorders. The workshop includes a brief introduction to tic disorders and a step-by-step instruction to the currently recommended evidence-based behavioural treatments: habit reversal training (HRT) and exposure and response prevention (ERP). Presenters are Dr. Ewgeni Jakubovski from Hannover Medical School, Germany, and PhD candidate Per Andrén from Karolinska Institutet, Sweden.

10:00: Summary of the 2021 ESSTS guidelines for psychological interventions (Ewgeni Jakubovski and Per Andrén)

10:15: Psychoeducation (Ewgeni Jakubovski)

10:35: Break

10:45: Habit reversal training (HRT) / Comprehensive behavioural intervention for tics (CBIT) (Ewgeni Jakubovski)

11:30: Break

11:40: Exposure and response prevention (ERP) (Per Andrén)

12:20: Break

12:30: Functional interventions and Q&A session (Per Andrén)

14.00-16.00

Plenary session on online behavioural interventions in tics

moderated by [Cara Verdellen](#)

[Martina Haas](#), [Kirsten R. Müller-Vahl](#) – Presentation of results of a randomized observer blind clinical trial to demonstrate the efficacy and safety of internet-delivered behavioural treatment for adults with tic disorders (ONLINE-TICS)

[Chris Hollis](#), [Charlotte Hall](#) – presentation of preliminary results of the ORBIT Trial

Discussion, Q & A

16.15-18.15

Tics and Tourette across the Globe (TTAG) session-Patient associations meeting



Saturday, 02.10.2021

10.00-12.30

Plenary session on functional, “Tourette-like” behaviours exacerbated by COVID-19 pandemic

moderated by [Andrea Cavanna](#)

Case reports and discussion about underlying pathophysiology: TBA (Europe & North America)

12.30-13.30

Break

13.30-14.00

Cannabis-based treatment in Tourette-Syndrome

moderated by [Natalia Szejko](#)

[Kirsten R. Müller-Vahl](#) - Results of the randomized double-blind placebo-controlled trial to demonstrate the efficacy and safety of nabiximols (Sativex®) in the treatment of adults with chronic tic disorders (CANNA-TICS)

14.00-14.30

Epidemiological studies in Tourette syndrome

expert: [Lorena Fernández de la Cruz](#)

discussion moderated by [Danielle Cath](#)

14.30-15.30

Oral presentations of selected abstracts (session 1)

moderated by [Nanette Mol Debes](#)



15.30-16.00

Break

16.00-16.45

EMTICS: Results from the large European Multicentre Tics in Children Study

expert: [Pieter Hoekstra](#), moderated by [Davide Martino](#)

16.45-17.45

Oral presentations of selected abstracts (session 2)

moderated by [Renata Rizzo](#)

17.45-18.30

Best papers on tics and TS 2020

expert: [Kevin Black](#), moderated by [Andreas Hartmann](#)

18.30-18.45

Closing remarks by the Board