



This Memorial Day - Remember Those Who Have Sacrificed

This Memorial Day, we would like to extend our deepest appreciation and gratitude for all military personnel who lost their lives in service to our country. We would also like to remember and thank the many Science Care donors who served in WWII, the Vietnam War, Korean War and other conflicts throughout the world. These veterans gave of themselves in life to serve others, and continued that legacy of service in the advancement of medicine. We would like to invite you to visit the [veteran's memorial wall](#) on our website, which honors some of these veterans. If you have a family member who went through the Science Care program and served in the armed forces, please consider [submitting their information](#) so we can add their name to the wall. Thank you.

News, Notes & Stories

What is the difference between Memorial Day and Veterans Day?

(Good Housekeeping) - While Memorial Day and Veterans Day both honor our country's military forces, there are some subtle yet important differences between the two. Here are all the ways these special days are unique, plus interesting facts about each one and ideas for how you can properly celebrate America's heroes. [Read more...](#)

MEMORIAL DAY: The story of a hero son, a dad's grief and a hit song (originally published - 2018)

(Newsweek) - I was in my car on Memorial Day back in 2011. I was running errands in the family SUV when I stumbled across a story on the radio. The kind that's so good, you stay in the car long after you've reached your destination.

It was an interview with the father of a fallen soldier on a show called “Here and Now.” His name was Paul Monti, and his son Jared was killed in action in Afghanistan in 2006 while trying to save the life of a fellow soldier. Jared received—posthumously—America’s highest honor for heroism: the Medal of Honor. [Read the full story...](#)

Health News

Brain changes linked with alzheimer’s years before symptoms appear

(Johns Hopkins) - In a records review of 290 people at risk for Alzheimer’s disease, scientists at Johns Hopkins say they have identified an average level of biological and anatomical brain changes linked to Alzheimer’s disease that occur three to 10 years — some even more than 30 years — before the disease’s first recognizable symptoms appear. [Read more...](#)

It's not just salt, sugar, fat: Study finds ultra-processed foods drive weight gain

(NPR)...The rise of ultra-processed foods has coincided with growing rates of obesity, leading many to suspect that they've played a big role in our growing waistlines. But is it something about the highly processed nature of these foods itself that drives people to overeat? A new study suggests the answer is yes. [Read more...](#)

Plaque in arteries may not all be the same...

targeting specific immune cells in plaque may reduce heart attack and stroke risk

(American Heart Association) - A specific type of immune cell is more commonly found in arterial plaque from patients suffering from a recent stroke or mini-stroke, according to preliminary research presented at the American Heart Association’s Vascular Discovery Scientific Sessions 2019...The finding raises the possibility that targeted immune therapy might someday reduce the onset of heart attack and stroke in high-risk patients. [Read more...](#)

Here’s the Exact Number of Cups of Coffee You Can Drink Per Day

(Healthline.com) - Drinking coffee each morning does have several health benefits, but too much can raise your risk of cardiovascular disease...if you frequently have half a dozen cups or more, you could be setting yourself up for some serious health complications, a new study in The American Journal of Clinical Nutrition reports. [Read more...](#)

Catch Up On Our Blog Posts

What Separates you from a body donor?

We’ve all heard of the term “six degrees of separation”, the theory that any person on the planet can be connected to any other person on the planet through a chain of acquaintances that has no more than five intermediaries. Well, the same concept applies to you and a body donor. Only in this case, the degree of separation is much less. [Read more...](#)

We do everything by the book. In fact, we helped write the book

Body donation to science is a vitally important part of today's society. Without body donors, we would not have many of the medical advancements that we are now seeing occur on an almost daily basis. Body donation is a critical part of medical research and surgeon training and is the fastest growing segment of the three final arrangement options. [Read more...](#)

Remember When "50 Years Ago" May 1969

- Topping the music charts in May 1969 was "Get Back" by the Beatles
- The Boston Celtics won the National Basketball Association (NBA) championship by two points in the seventh game of the best-of-seven series, beating the Los Angeles Lakers 108 to 106.
- Mario Andretti won his first and only Indianapolis 500 race, becoming the first race car driver to win both the premiere American races for Formula One cars and for NASCAR stock cars. Andretti had previously won the 1967 Daytona 500.
- The Battle of Hamburger Hill, which would prove to be the most costly U.S. offensive of the Vietnam War (with 72 Americans killed, seven MIA and more than 400 wounded) began as an air strike during Operation Apache Snow.
- Judge Warren E. Burger of the U.S. Court of Appeals for the District of Columbia was selected by U.S. President Richard Nixon to be the next Chief Justice of the United States.
- Apollo 10 was launched from Cape Kennedy for what the Associated Press called "a dress rehearsal of a lunar landing mission" with the crew detaching the lunar module from the lunar orbiter, and descending (but not actually landing) on the Moon's surface.
- Historical reconstructionist Thor Heyerdahl and a crew of six other men departed on the papyrus reed Ra I from the Atlantic port of Safi in Morocco, in an attempt to prove his theory that the Pharaoh's navy of Ancient Egypt had the skill to sail to the Mexico and introduce their culture to the natives.
- The 1,710,018th and last Chevrolet Corvair (a 1969 Corvair Monza sport coupe) was produced, coming off of GM's Willow Run Assembly near Ypsilanti, Michigan. During its 10 years since the 1960 model's introduction, the Corvair was one of the most popular and most controversial cars.

Recent Medical Projects

Science Care Donor Contributions to the Medical Community

Every day, Science Care donors are making contributions towards the advancement of medicine. Here are a few recent contributions you might want to know about.

Recent Projects

- A medical device facility involved in the continuing education of practicing physicians and surgeons. Reconstructive surgery of the upper extremity presents clinical challenges specific to this area of musculoskeletal anatomy. The

purpose of this continuing education is to instruct surgeons on the proper indications and techniques for elbow arthroscopy for surgical repair of the elbow. The overall goal of this education is to improve the quality of care and type of treatments available to patients.

- A medical device company involved in developing minimally invasive ear, nose and throat solutions for surgeons and their patients. This facility is focused on utilizing endoscopic techniques for surgical device development and surgical instruction for a variety of ailments afflicting the head and sinus regions. The goal of this work is to enhance the abilities of physicians to deliver safe and effective patient care while utilizing minimally invasive approaches that result in improved outcomes for patients.

Share this web-page and guide with friends and family. It gives a great overview and comparison on the various end of life options for anyone who has yet to make plans or have the end of life discussion.

[A Comparison Guide: Burial, Cremations and Donation](#)

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