

CCP News

Newsletter of the Ceylon College of Physicians



November 2019

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President's message

Dear Fellows and Members,

The year is almost at its end and I am happy to inform you that all College activities planned and scheduled for 2019 have now been concluded. Our last regional meeting which was held in Vavuniya was a great success and I wish to thank the Vavuniya Medical Association for joining us with the training activities for medical officers and nurses.

In this message I would like to draw your attention to two issues that emerged during the panel discussion on Medical Negligence which was held during the 52nd Anniversary Academic Sessions.

The first is that of communication with the patients. The legal luminaries repeatedly highlighted that most of the issues on medical negligence arise due to limited communication between healthcare providers and patients and many problems can be avoided or minimised if the medical issues are properly discussed with patients. In many occasions, disputes arise due to patients/care givers understanding of the explanations given (or not given) and of the healthcare issues they experience. While time constraints faced by doctors was appreciated, it was highlighted that patients and their care givers have the right to know what is happening and need to get involved with the decision-making process.

In this context I would also like to draw your attention to the issue of obtaining appropriate and adequate consent for both medical interventions and scientific research. Both these are equally important to us, especially as we increasingly engage with the latter. It is important for us to be aware of who can give consent and the way consent is given or implied for both therapy and research. In therapy it is imperative that we be aware of the patients' wishes and rights and respect them even though it might be detrimental to them. This autonomy gives the patient the responsibility of accepting the consequences of one's actions. However, to make an autonomous decision, the patient should have the required information which we must provide. Useful and practical information on Consent from both patients and research participants can be found in The "Report of the International Bioethics Committee of UNESCO on Consent", which is available at <https://unesdoc.unesco.org/ark:/48223/pf0000178124>.

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President's message

The second issue discussed was related to end of life care which includes withdrawal of advanced life support and not initiating futile treatment measures. Despite having to grapple with these issues in our day to day practises, there are no clear guidance or directives to help us in decision making. These ethical and medico-legal issues need wider discussion and it is now time for the professional Colleges and Associations to start a dialogue together with the legal fraternity and provide adequate guidance and support to practitioners.

I am happy to inform you that the Standing Committees of the College have now been established to streamline the functions and activities of the College. The details and application form are included in the newsletter and we invite those interested to join us.

The Annual General Meeting for 2019 will be held on 13th December 2019 at 12 noon in the College Office. A new President and a new Council will be elected then, and I hope to see you there.

Chandanie Wanigatunge
President

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Young Physicians' Forum and College Lecture

The Young Physicians Forum and the College Lecture were held on Tuesday, 5th November 2019 at the ClinMarc. Auditorium. Dr K M R Chaminda Wijeratne, Senior Registrar in Nephrology (NHSL) presented the lecture Evaluation of Proteinuria. Dr. Mahen Boralessa Senior Registrar in Medicine (CSTH) conducted a thought-provoking lecture titled 'If we had time'. Dr Nilanka Perera, Consultant Physician and Senior Lecturer, Department of Medicine, University of Sri Jayewardenepura delivered the College Lecture titled 'The Physician Scientist'.

The program was well attended and was sponsored by Cipla Pharmaceuticals.



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Specialty Update on Emergency Medicine

The Speciality Update in November was held at the ClinMARC on the 1st of November 2019. The theme for this event was Emergency Medicine. Dr Indika Lanerolle (Consultant Emergency Physician, NHSL) delivered a talk on Breathlessness in the ETU. Dr Manoj Edirisooriya (Consultant Intensivist, NHSL) did a thought-provoking lecture on Detecting Clinical Deterioration, emphasising the importance of multi-disciplinary approach and team effort in reviving the critical patients. Dr Nuwan Ranawaka (Consultant Intensivist, NHSL) delivered a talk on Stabilising the Internal Milieu while Dr Ganaka Senaratne (Consultant Physician, TH Karapitiya) did a talk on Sepsis (Golden Hour). Chest Physicians of Colombo Chest Clinic Drs. Amitha Fernando and Afla Sadikeen conducted talks on Non-Cardiogenic Pulmonary Oedema and NIV in Respiratory Failure.

The program was sponsored by Zydus Pharmaceuticals



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Regional Meeting Vavuniya

The fourth regional meeting for the year was conducted in collaboration with the Vavuniya Clinical Society on 22nd October 2019. The doctors' and nurses' programs were held at the Auditoriums of the Hospital. The program was a success and a considerable number of health professionals from various hospitals in the district attended it.

The program was sponsored by GSK pharmaceuticals



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Standing committees of the CCP

Dear Fellows and Members of the CCP,

The Council of the CCP has decided to establish standing committees of the CCCP to streamline the activities of the College in line with our Objectives. The following committees will be established initially. The Chairpersons have been appointed by the Council to commence activities. We invite interested Fellows and Members to join us to help with activities planned.

1. Standards of care, quality improvement, patient safety- Chairperson: Prof Senaka Rajapakse

Proposed activities:

1. Preparation of
 - a. Practice guidelines
 - b. Teaching and training modules
 - c. Models of care
 - d. Any other activities identified
2. Disseminating educational and other material prepared
3. Liaise with Education and training committee for Training of trainers

2. Advocacy committee –Chairperson: Dr Ananda Wijewickrama

Proposed activities

1. The role of advocacy in the health-related issues of national importance
2. To make representations on behalf College at the policy makers level in health related matters.
3. To play an advocacy role in the delivery of health care in the events such as natural disasters and epidemics.
4. To make representations as a leading professional body, to the ministry of Health and emphasize our stand on various issues which are relevant to our membership (eg; creating new appointments and irregularities in transfers of physicians etc.) and to the general public.
5. To send in representations to various other organizations and to the MOH on their request for our opinion and participation.
6. To communicate with media.

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Standing committees of the CCP

3. Education, training and research committee-Chairperson: Dr Panduka Karunanayake

Proposed activities

1. To liaise with PGIM in matters related to training, cadre predictions etc.
2. To advice the CCP's representatives to the Board of Study in Medicine on matters of mutual interest
3. Research activities -handling research grants and follow up, coordinating with researchers
4. Medical Ethics
5. To establish Research cell to promote, facilitate, and co-ordinate with relevant bodies, parties and individuals carrying out research, where college will be involved in research activities in more proactive manner

4. Membership development and member services Chaired by Dr Pradeep Kumarasinghe De Silva Assisted by Dr. Shamitha Dissanayake

Proposed activities

1. To identify needs of members
2. To propose remedial actions
3. To represent needs of Members at the Ministry of Health

If you would like to join the College in these activities, please let us know by returning the attached form, with your preferences, on or before 31st December 2019.

We look forward to your active participation in these Standing Committees of the College.

Thank you.

Kind regards,

Chandanie Wanigatunge
President

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Standing committees of the CCP

Application form

Vacant positions in the CCP Standing Committees

Vacant positions in the following CCP Standing committees are hereby advertised.

1. Committee for development of Standards of care, quality improvement, patient's safety
2. Advocacy committee
3. Education, training and research committee
4. Membership development and member services / international relations committee

The applicants should be members of the CCP. The deadline for submission of applications is **31st of December 2019**. Please send the duly filled application form and a brief Curriculum Vitae to the following address:

Honorary Secretary,
Ceylon College of Physicians
341/1, Kotte Road
Rajagiriya

Alternatively, the application can be e-mailed to www.ccp.lk@gmail.com

The final decision regarding selection of committee members will be taken by the Chairperson of the Standing Committee and the CCP Council. A sample application form is shown below.

Sample application form

Name with initials :

Current Designation :

Hospital/Institution (Address) :

Mailing address :

E-mail and Phone Number :

Special Interests :

CCP membership number :

Preferred committee (1st three preferences)

1.
2.
3.

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Signature

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AGM Notice

52nd Annual General Meeting

Date: 13.12.2019

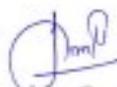
Time: 12.00 noon

The 52nd Annual General Meeting of the Ceylon College of Physicians will be held on Friday 13th December 2019 at the College Board Room, 341/1, Kotte Road, Rajagiriya.

You are kindly requested to be present.

AGENDA

- 52.1 Notice convening the 52nd Annual General Meeting
- 52.2 Adoption of minutes of the 51st Annual General Meeting
- 52.3 Brief address by the outgoing President
- 52.4 Presentation of the Secretaries' Annual Report 2019
- 52.5 Presentation of the Treasurer's Statement of Accounts 2019
- 52.6 Comments from the House
- 52.7 Election of Office bearers for the Year 2020
- 52.8 Appointment of auditors
- 52.9 Resolutions
- 52.10 Brief address by the incoming President
- 52.11 Any other business



Dr. Dumitha Govindapala
Hony. Joint Secretary

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Resolution

Resolution

It was hereby resolved that the Amendment to article 20.7 of the Constitution of the Ceylon College of Physicians to be presented at the Annual General Meeting 2019.

“Transaction of College property or any substantial amount of College funds should have prior approval of the Board of Trustees. The spending ceiling for the Council without prior approval of the Trustees will be decided by the Board of Trustees from time to time and this will be notified to the Council of the College”.



Proposed by Dr. H.N. Rajaratnam :



Seconded by Dr. Nanda Amarasekera :

Date : 11th November 2019

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