



CEYLON COLLEGE OF PHYSICIANS

College News 2014/1

Unity in Diversity

Inside :

President's Message 2

Presidential Induction 3

Annual Academic Sessions 8

Foundation Sessions 8

Specialty Updates 9

Regional Meetings 10

Common Building Project 10

MD part I MCQ Course 11

Call for Abstracts of Free Papers 12

Annual Cricket and Netball Matches 14

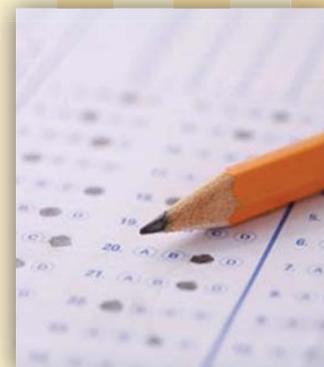
Fellowship of CCP 13



PRESIDENTIAL INDUCTION



LUNG TRANSPLANTATION PROGRAMME



MD Part I MCQ COURSE



CRICKET AND NETBALL MATCHES



SPECIALTY UPDATES

PRESIDENT'S MESSAGE

Dear Fellows and Members,

It is indeed a privilege to pen this message as the 38th President of the Ceylon College of Physicians for the year 2014. I am humbled by the honor and trust bestowed on me by the College and pledge my fullest commitment with my council to strengthen and lead the College with dedication, to achieve its futuristic goals.

Dr Udaya Ranawaka and his council have very successfully accomplished a mission directing the College with excellent academic deliberations, fellowship and International cooperation during their tenure in 2013. I take this opportunity to congratulate them in their admirable performance.

I am most grateful to the past presidents, Fellows and many leading physicians who have joined me in this years' council with regional representation from each of the provinces and I am confident that we could contribute positively to the progress of the college.

This year's theme is "*Unity in Diversity*". The field of medicine has diversified greatly over the years. Postgraduate training has broadened in keeping with the expanding field of medicine, resulting in a nation wide network of consultants, scattered through out the country. This is the biggest strength of the college. close cooperation between the finer specialties and also the general physician is essential. To achieve this we envisage representation of the finer specialties in the college council this year, in order to facilitate, equity of services, research, resource allocation, capacity building and establishment of the newer fields in Medicine.

The college, working with the Ministry of Health and WHO, has taken measures to combat the ever-imposing challenge of the Non Communicable Diseases. I pledge my fullest support and commitment to continue the good work done in this regard and hope to liaise with the National Campaigns of Dengue, TB, HIV, Malaria, Leprosy and Filariasis to effectively strengthen disease control and consolidate the gains in communicable diseases.

Regional cooperation in the sphere of global health is important in the context of similarities in disease patterns geography, socio economic status, culture and ethnicity. Hence collaboration with countries in South Asian and the Asia Pacific regions would be pursued.

Strengthening of e-medicine programs, access to online journals and web casting through the college website would be prioritized providing easy access to the membership.

The Long Term Strategic Plan for the college was formulated last year, to ensure continuity and harmony in projects undertaken annually. This I consider a great asset in my tenure this year as the proposed committee structure will help in the implementation of the intended projects.

The Ceylon College of Physicians boasts a proud history with a galaxy of eminent physicians who have either revolutionized or added steadily to the field of Medicine in Sri Lanka. I was indeed honored and privileged to felicitate the five most senior past presidents, many of whom have been my respected teachers, at this year's presidential induction.

Unity in diversity with closer cooperation between the various fields of medicine, would be a great strength to fulfill the ambitions of the college this year.



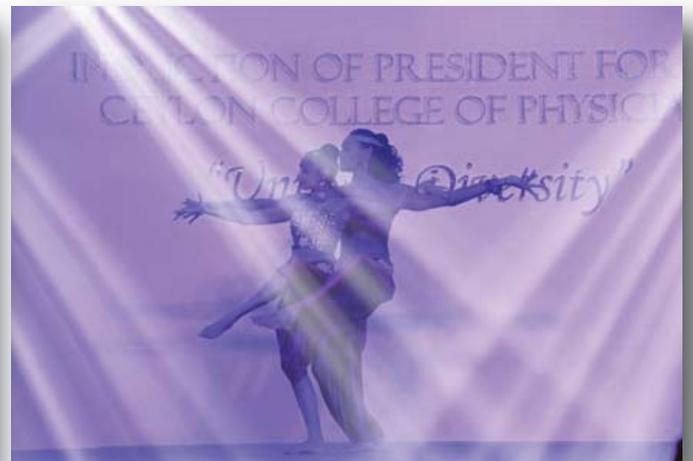
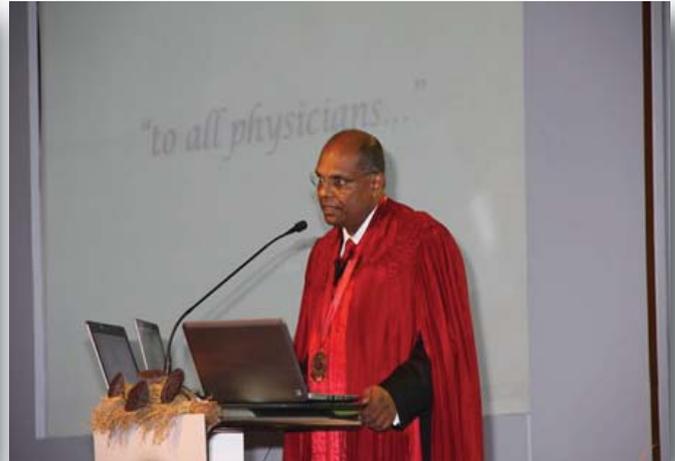
Dr Kirthi Gunasekera,
38th President
Ceylon College of Physicians - 2014,

INDUCTION OF THE PRESIDENT - 2014

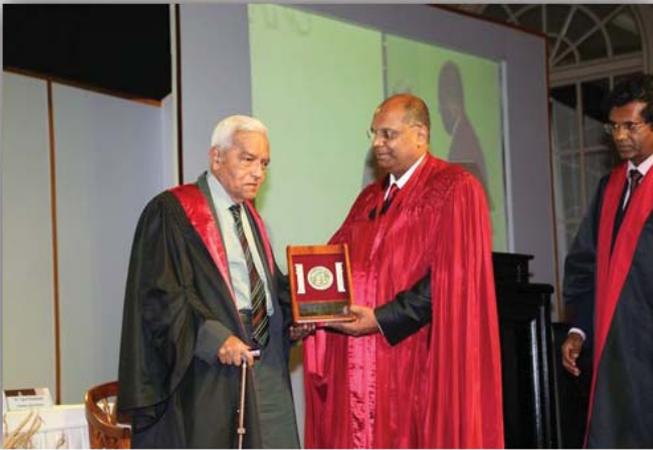


Presidential Induction for 2014 was successfully held at Hilton, Grand Ballroom on 25th of January with the Participation of Mr. Gotabaya Rajapaksa as the Chief Guest.





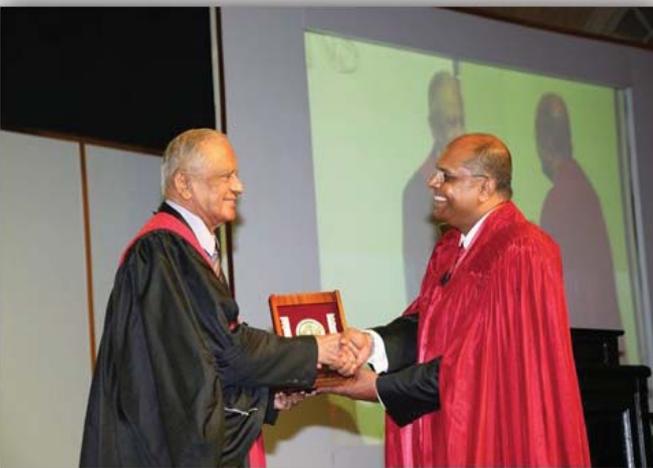
Felicitation Ceremony



The highlight at the ceremonial induction was the felicitation of five senior most past presidents of Ceylon College of Physicians who have rendered a noteworthy service for mother Sri Lanka

and carried out extended researches. Those were,

- Dr. C. G. Uragoda
- Dr. U. S. Jayawickrama
- Dr. P. T. de Silva
- Dr. Lakshman Ranasinghe
- Dr. J. B. Peiris



Excerpts of the address from the outgoing president

Dr Udaya Ranawaka, the immediate past president of the Ceylon College of Physicians addressing the gathering at the presidential induction welcomed the invitees on behalf of the college and the council 2013.

Highlights in his speech were mainly focused on the college activities in the year 2013. Theme for the 2013 was "Physicians for the future". Since many of the newly qualified physicians were located in outstation hospitals initiatives were taken to enhance the contribution from this group of young physicians, actively engaging them in the projects of the college.

The council 2013 organized 9 regional meetings covering all 9 provinces, strengthening the relationship between the college & regional physicians and their clinical societies while promoting professional development among health care workers. Workshops for nurses & other health care professionals were also conducted on non communicable diseases, disability & rehabilitation. The long term strategic plan was another initiative taken during the year 2013 to prepare the college for future challenges for the next 4 years.

Dr Udaya Ranawaka also stated that the 2013

annual academic sessions was conducted as a joint event of the Ceylon College of Physicians and the Royal College of Physicians London. First time in the college history they were able to obtain RCP accreditation for the annual sessions as well as regional meetings. Another fact he highlighted was the commencement of round

table meetings with finer specialties to strengthen the link between them and the college in organizing various academic activities.

He concluded the speech by wishing Dr Kirthi Gunasekera and the council for the year 2014 success and that he wishes college will grow from strength to strength.



Excerpts of the address from the chief guest

Mr. Gotabaya Rajapaksa, the chief guest at the presidential induction addressed the gathering and congratulated the new president and his committee on their appointment. He also commented on the good work done by the outgoing president and his team

Sharing his thoughts he made a note that the period of terrorist conflict which prevailed for the past 3 decades was now eradicated in a period of less than 5 years. Sri Lanka has now become one of the most

peaceful, stable and secured countries in the entire world making it a very different place ensuring complete freedom to all.

The government has spent a large sum of money on developing infrastructure facilities in war affected areas improving health care, education, social and community facilities.

He further commented with regards to rebuilding national unity, The Lessons Learnt and Reconciliation Commission had been appointed.

He highlighted that the importance for Sri Lanka to unite as one nation and as one people protecting against disharmony. In this respect he invited the leading personnel in Sri Lanka who are looked up to in their communities,

such as doctors and other leading professionals to unite and provide leadership to the rest of the society by setting an example to build a better and brighter future for our nation.



Council 2014

President

Dr. Kirthi Gunasekera

President Elect

Dr. Lalith Wijyaratne

Immediate Past President

Dr. Udaya Ranawaka

Honorary Joint Secretaries

Dr. Upul Dissanayake

Dr. Chandimani Undugodage

Treasurer

Dr. Ananda Wijewickrama

Council Members

Dr. Nanda Amarasekera

Dr. Naomali Amarasena

Dr. Kanagasingam Arulmoly

Dr. Senaka Bandusena

Dr. Uditha Bulugahapitiya

Dr. Arosha Dissanayake

Dr. Chula Dissanayake

Dr. Amitha Fernando

Dr. Dinithi Fernando

Dr. Chaminda Garusinghe

Dr. Padma Gunaratne

Dr. Ravini De S. Karunatillake

Dr. Ajantha Keshavaraj

Prof. Sarath Lekamwasam

Dr. Dushantha Madegedara

Dr. N.M.M. Navaratne

Dr. J.B. Peiris

Dr. M. K. Ragunathan

Dr. H N Rajaratnam

Dr. Vajira Senaratne

Prof. Sisira Siribaddana

Dr. Noel Somasundaram

Prof. Kamani Wanigasuriya

Dr. Nirmala Wijekoon

Dr. Anula Wijesundere

Co - Editors

Prof. Saman Gunatilake

Prof. Chandrika Wijeyaratne

MAIN ACADEMIC EVENTS IN THE CCP CALENDER 2014

Annual Academic Sessions

5th–8th October

Cinnamon Grand Hotel

8th October

Post congress session on Immunology

Foundation Sessions

25th and 26th July

Earls Regency - Kandy

Joint Regional Clinical Meetings

Galle

9th and 10th of May

ANNUAL ACADEMIC SESSIONS

The 47th Annual Academic Sessions of the Ceylon College of Physicians, 2014 will be held at the **Cinnamon Grand Hotel**, Colombo from **5th to 8th of October**.

The Annual Academic Sessions is the preeminent event in the college's academic calendar and as in previous years, a vibrant programme of academic activity is being planned.

FOUNDATION SESSIONS

The 4th Foundation Sessions for 2014 will be held in Kandy on **25th and 26th July** at **Earls Regency Hotel**.

SPECIALTY UPDATES

The Ceylon College of Physicians has arranged a series of Specialty Updates in collaboration with the relevant sub specialty societies, associations and colleges.

Specialty updates will be held at the Lionel Memorial Auditorium, Sri Lanka Medical Association, Wijeyrama Mawatha, Colombo 7.

Date	Specialty
28th January	Respiratory
25th February	Endocrinology
25th March	Gastroenterology
22nd April	Neurology
20th May	Rheumatology
9th June	Pregnancy related medical conditions
22nd July	Nephrology
26th July	Infectious Diseases (Kandy)
26th August	Cardiology
23rd September	Palliative care
28th October	Elderly Medicine
25th November	Hematology
16th December	Toxicology

YOUNG PHYSICIANS FORUM & COLLEGE LECTURES

Young Physicians Forum and College lectures will be held every second **Tuesday** at the **Lionel Memorial Auditorium**, Sri Lanka Medical Association, Wijerama Mawatha, Colombo 7.

REGIONAL MEETINGS

The Ceylon College of Physicians is eager to make outstations physicians take part in its academic activities. The regional meetings in Galle has been planned in collaboration with the Galle Medical Association on 9th and 10th of May.



COMMON BUILDING PROJECT

The concept for common building for Ceylon College of Physicians along with the other finer specialties in medicine has been nurtured and many discussions had been initiated with this regard presently by the Ceylon College of Physicians.

At present the CCP is located away from the main hub of medical activities both clinical and academic, which are centred around the National Hospital Sri Lanka. This has been a great hindrance for active participation of many physicians, post graduate trainees and

other doctors in college activities. The finer specialty college related to medicine namely cardiology, gastroenterology, nephrology, neurology, rheumatology, pulmonology and endocrinology also have their respective associations/colleges which are scattered in various locations causing great difficulty in reaching out the practising clinicians and academics to participate and progress in the development related to their respective fields in medicine.

Thus relocating the Ceylon College of Physicians with the finer specialty colleges in a common building would facilitate unity, better coordination and increased participation resulting in enhanced quality of services provided to all practicing physicians and the post graduate trainees. It is envisaged that the building would comprise of office space, parking, conference facility to accommodate the annual academic sessions of the respective colleges and

Ceylon College of Physicians and a roof top for social events.

The college hopes to earnestly pursue this project with the concurrence and the blessings of the relevant government authorities in order to enhance the image of these nationally important academic institutions in par with relevant international colleges worldwide.

MCQ COURSE FOR THE SELECTION EXAMINATION IN MD MEDICINE



Commencing : 27th April 2014
Venue : Surgery Department Lecture Hall, NHSL

Course fee:	Onsite registration
Full Course	Rs. 7,500/-
Part I (Speciality – based)	Rs. 6,000/-
Part II (General Medicine / Revision)	Rs. 3,000/-

Clinical Course for MD Part 2

MD Part 2 – Clinical course will commence on 26th April 2014. For more details contact college office.

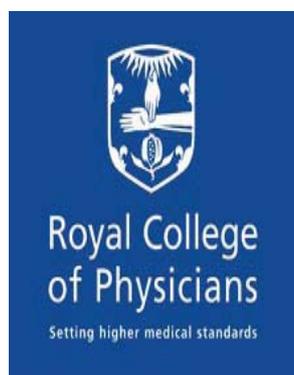
MRCP EXAMINATION

MRCP(UK) Part 1 Examination

Diet Exam date/s	2014/1	2014/2	2014/3
Examination Date:	Tue 14 January 2014	Wed 7 May 2014	Tue 9 September 2014
Application Opening date	Monday 28 October 2013	Monday 10 February 2014	Monday 16 June 2014
Closing date	Mon 25 November 2013	Fri 7 March 2014	Mon 14 July 2014
Exam fee	£594	£594	£594

MRCP(UK) Part 2 Examination

Diet Exam date/s	2014/1	2014/2	2014/3
Examination Date:	Wed 9– Thu 10 April 2014	Wed 9 – Thu 10 July 2014	Wed 10 – Thu 11 December 2014
Opening date	Fri 17 January 2014	Tues 22 April 2014	Mon 15 September 2014
Closing date	Fri 14 February 2014	Fri 16 May 2014	Fri 10 October 2014
Exam fee	£594	£594	£594



CALL FOR ABSTRACTS OF FREE PAPERS

Ceylon College of Physicians Call for abstracts of free papers Annual Academic Session – 2014

ORAL PRESENTATIONS AND POSTERS

Applications should be made according to the *Abstract Guidelines* and in the prescribed relevant *Application Form*, which are available at the College office. These documents can be obtained by:

- Downloading from the college website (www.ccp.lk)

ONLINE SUBMISSION IS NOW OPEN (visit www.ccp.lk)

CLOSING DATE FOR THE RECEIPT OF APPLICATIONS – 3.00PM, 15th June 2014

Please contact the College office for any clarifications.

Honorary Joint Secretaries

Ceylon College of Physicians

Address : 341/1, Kotte Road, Rajagiriya.
Phone : + 94 (0)11 2888 146 /011 - 3094140
Fax : + 94 (0)11 2888 119

NEW MEMBERS

LIFE MEMBERS

Dr Carmeline Motha

Dr A N R Fernandopulle

Dr C L Ganewatta

Dr K S Withana

Dr Duminda P Abeysinghe

ASSOCIATE MEMBERS

Dr D T D Halahakoon

Dr D M Hettiarachchige

Dr A J M Sibly

Dr S W Kotalawala

Dr T D Chamila Lasantha

Dr C S S S K Gamakaranage

CALL FOR APPLICATIONS FELLOWSHIP OF CCP 2014

The Ceylon College of Physicians invites applications for the award of Fellowship of the Ceylon College of Physicians.

Eligibility Criteria:

- Full membership of Ceylon College of Physicians for 10 years
- Should be proposed and seconded by **two (2)** fellows of the College

Interested members are kindly requested to submit their curriculum vitae along with copies of the postgraduate certificates and a copy of the membership letter to reach College office by **4.00 pm, 16th June 2014.**

Please contact the College office for any clarifications.

Honorary Joint Secretaries**Ceylon College of Physicians**

Address: 341/1, Kotte Road, Rajagiriya.

Phone: + 94 (0)11 2888 146

Fax: + 94 (0)11 2888 119

E-mail: ccp@eureka.lk

THE MOST INNOVATIVE OUTSTATION PHYSICIAN – 2014**Call for applications**

Applications are called for the above award from members of the Ceylon College of Physicians who work in medical and subspecialty units in non-teaching hospitals. The award is in recognition for silent and unappreciated work that is been done by some of our members in the outstations.

How to apply?

If you have done innovative work in whatever form please write a brief description of it and send it to the Honorary Secretary, Ceylon College of Physicians, 341/1 Kotte Road, Rajagiriya. Please submit the name of a referee as well.

How is the winner chosen?

The submissions will be scrutinised by a panel of judges appointed by the Council of the College. The award will be made at the Annual Academic Sessions of the College in October 2014.

Closing date for applications is 18th July 2014

SPECIALITY UPDATES & WEBCASTING OF LECTURES

Specialty update on respiratory diseases was successfully held on 28th January 2014, at Lionel Memorial Auditorium – SLMA, with above 100 participants.

The highlight of the event was the panel discussion regarding the multidisciplinary care of a critically ill patient which was conducted by team of consultants from Peradeniya and Kandy.

Endocrinology, Gastroenterology and Neurology updates were held on 25th February, 25th March and 22nd April 2014 respectively. The most updated management strategies related to each specialty were discussed by well experienced clinicians.

For the first time in the history of Ceylon College of Physicians we initiated recording and webcasting of academic events commencing from Endocrinology update. This step was initiated with



Panel discussion - Multidisciplinary Care of a Critically ill Patient

special consideration of physicians and post graduate trainees in medicine who had difficulty in participating these important academic discussions. This would further will enable them to be acquainted with the activities of the college.

“For the first time in the history of Ceylon College of Physicians we commenced webcasting of academic events”

Interested in Research, but no funds?

RESEARCH GRANTS

The Ceylon College of Physicians' research grant now bigger than ever

The Ceylon College of Physicians grants **Rs. 100, 000/-** per research.

Please handover your application to the college office on or before **30th June 2014**.

The application should consist of,

- A single A 4 paper summary of the research proposal
- Detailed project proposal
- Breakdown of expenses
- CV of the applicant

ANNUAL CRICKET & NETBALL MATCHES

Cricket Match

The 19th annual cricket encounter between the physicians and paediatricians was played on the 19th of January 2014 at Wesley College cricket grounds. Anuradha Dassanayaka won the toss and put the paediatricians into bat. The paediatricians got off to a disastrous start losing both openers Chandima and Duminda

with the score at 10. Rasika Kumara the pint sized Paediatrician coming in at number 03 kept the score moving but lost wickets at regular intervals at the other end. Paediatricians were seven wickets down for 54 runs at the 14th over. Shehan Perera joined Rasika Kumara at this stage and put on 48 runs which saved the innings

from total disaster. Rasika Kumara scored a well compiled 30 runs while Shehan Perera ended unbeaten on 35 including two sixes and a four when the innings finally ended at 109 on the 25th over. For the physicians Dilshan Priyankara bowled best taking 3 wickets for 19 runs in 5 overs. Sudhara-ka and Krishantha took

*“The Physicians
Defeat the
Paediatricians
Again“*

The Physicians' cricket team

Anuradha Dasanayake (C)

Krishantha Jayasekera

Athula Weeraratne (WK)

Niroshana Dahanayake

Nilantha Gamage

Dharshana Sirisena

Thushara De Silva

Dilshan Priyankara

Ravi Wijesinghe

Sudharaka Wickramasena

Lasantha Wickramasinghe

Chemindra Biyanwala (12th)

Nihal Gunatillaka (Manager)

two wickets each for 15 and 24 runs respectively while Nilantha and Ravi took a wicket each. Athula Weeraratne kept wickets brilliantly taking 3 catches and 3 stumpings.

Physicians in their turn lost Athula Weeraratne in the first over run out after scoring four runs. Dilshan and Anuradha took the score to 33 without any trouble until Dilshan was

bowled for 19 runs in the 8th over. Skipper Anuradha scored a solid 24 runs and was out with the score at 66 runs in the 14th over. Krishantha Jayasekera (27 not out) together with Thushara de Silva (28 not out) took the Physicians for a comfortable seven wickets win in the 21st over. Krishantha Jayasekera won the man of the

match for his all-round performance. Shehan Perera was picked as the best batsman. Dilshan Priyankara won the best bowler's award and Athula Weeraratne won the best fielder's award. This win was the sixth consecutive victory for the Physicians and helped them for their 9th victory in the series against 7 victories for the Paediatricians.

*The Proud
Winners...*



“This win was the sixth consecutive victory for the physicians and helped them for their 9th victory in the series”



The Physicians' Netball Team

Dr Nirmala Wijekoon (C)
 Dr Saroja Siriwardana
 Dr Jayanthimala Jayawardana
 Dr Shamila de Silva
 Dr Neelika Malavige
 Dr Waranga Jayawickrama
 Dr Dammika P Jayalath
 Dr Suharshi de Silva
 Dr Ajantha Liyanage



Netball Match

Annual netball encounter between the Ceylon College of Physicians and the Sri Lanka College of Paediatricians was held on Sunday 19th January 2014.

The Physicians registered a convincing victory with 12-0 goals

Dr Dammika P Jayalath who played as the Centre for the Physicians, won the award for the Best Player and Dr Nirmala Wijekoon and Dr Neelika Malavige won the awards for the Best Shooter and Best Defender, respectively .



LUNG TRANSPLANTATION PROGRAMME



Dr Takahiro Oto, Consultant lung transplant surgeon with other key stake holders at the meeting

This Ceylon College of Physicians facilitated the inaugural meeting of the lung transplantation programme in Sri Lanka. This was held on 19th March 2014 at the Colombo Central Chest Clinic conference room. The first successful lung transplant was carried out in Sri Lanka last year,

in the private sector, by a Japanese lung transplant team from Okayama University, Japan headed by Dr. Takahiro Oto, Consultant lung transplant surgeon who was the chief guest at this event. There were many other key stake holders who participated at this meeting, namely cardiothoracic surgeon, thoracic surgeons, anaesthetists, respiratory physicians, experts in renal transplantation, radiologists, pathologists and immunologists. It was decided to form a task force comprising of

key stake holders to carry the project forward.

During the discussion Dr Oto stated that he hopes to collaborate with the Japanese Government with regards to the feasibility of co-funding the transplant program in Sri Lanka.

GUEST LECTURE ON SUDDEN CARDIAC DEATH



The first guest lecture on sudden cardiac death was delivered by Dr Mevan Wijetunga, Consultant in Clinical Cardiac Electrophysiology, Minnesota, USA on 02nd January 2014 at SLMA

Lionel Memorial Auditorium. The lecture was very well attended with over 120 participants followed by a long discussion.

During the lecture he

went through some clinical scenarios and explicate how to evaluate a sudden cardiac death.

“BEYOND MEDICINE” LECTURE – WEIRD & WONDERFUL: WHY LANKA'S WILDLIFE IS SO SPECIAL



The first lecture on the above topic was held on 30th March 2014 by Mr Rohan Pethiyagoda at Oak room, Cinnamon Grand Hotel with over 150 participants which included past presidents of the college, physicians and many other distinguish invitees.

Mr Rohan Pethiyagoda has been responsible for the discovery and/or description of almost 100

new species of vertebrates from Sri Lanka, including fishes, amphibians and lizards. The lecture was well accepted and followed by a lively question and answer session.

The college lecture at this event was delivered by Dr Uditha Bulugapitiya on “Management of Type 2 Diabetes: Beyond Glycemic Control” focusing on

commonly neglected issues pertaining to the management of type 2 Diabetes. Both lectures were very well received.

ACCIDENT & EMERGENCY CARE PROJECT

Ceylon College of Physicians has nominated a committee to work on the accident & emergency care project with the Ministry of Health. So far they have been able to formulate a draft policy on Accident & Emergency Care, identify standards for facilities in each level, develop ground plans for different levels of A&E departments in collaboration with the CECB and to develop a manual

for Accident & Emergency Care Services in Sri Lanka.

Committee members are:

Dr Lalith Wijayaratne
 Prof Chandrika Wijeyaratne
 Dr Padma Gunaratne
 Dr Amitha Fernando
 Dr Manohari Seneviratne
 Dr Senaka Bandusena
 Dr Ananda Wijewickrama
 Dr Athula Weeraratne
 Dr Muthupillai Murugamoorthi



LONG TERM STRATEGIC PLAN

A discussion and appointment of committees to implement the Long Term Strategic Plan of Ceylon College of Physicians was held on 1st April 2014 at the college council room.

The LTSP was a brain child of Dr Udaya Ranawaka, past president 2013 & his council.

The main purpose of the LTSP was to ensure the continuity of the projects undertaken by the college over the years.

The main committees established at this forum were :

- Post Graduate Training Advisory Committee
- Membership Development and Member Services Committee

- Patient, Community and Ethics Committee
- Education Training & Research Committee
- Institutional Relationships and International Affairs Committee

- Finance, Admin and Infrastructure Development Committee
- Clinical Guidelines Group

Mr. Lasantha Abeywickrama, Managing Director of Symbiosis Business Partners facilitated the discussion.

FINER SPECIALTY MEETING

Meetings of the finer specialty allied to Medicine were held on 07th February and 16th April 2014 at the college board room with the participation of the respective presidents.

During the discussion topics of mutual concern were discussed. The concept of a common building along with Cey-

lon College of Physicians and the other finer specialties was discussed at this meeting.

Other topics discussed at these meetings were the key clinical area of development by each specialty, long term strategic plan, minimum resource package for physicians in the relevant specialties, SR allocation

for specialties and guideline development.

All presidents of the finer specialties were invited to join in at the meeting with the Ceylon College Physicians and Director General Health Services, in order to provide an opportunity to voice issues with regards to their relevant specialty.

The finer specialties who participated at this meeting were Pulmonologists, Rheumatologists, Neurologists, Gastroenterologists, Nephrologists, Endocrinologists and cardiologists.



Nation free of smoking: Anti smoking walk organized by the Ministry of Health. Dr Amitha Fernando, Dr Upul Dissanayake and Dr Chandimani Undugodage represented the college.

Nation free of smoking: Anti smoking walk

A walk organized to mark the Day Against Smoking commenced from near the Nelum Pokuna Mahinda Rajapaksa Theatre in Colombo on 13th of January 2014 under the patronage of Minister Maithripala Sirisena. Members of the Maha Sangha, People's Representatives, state officials and professionals were among those who joined in this walk.

Dr. Chandimani Undugodage, Dr. Upul Dissanayake and Dr. Amitha Fernando represented the Ceylon College of Physicians at this event. The walk ended at the Open Air Theatre of the Vihara Maha Devi Park.

TAKE A WALK!
PREVENT A STROKE



To mark the National Stroke Day, the National Stroke Association of Sri Lanka organized a health walk on Thursday 27th of February 2014 at 7.00 am. The walk started from the Viharamaha Devi Park near the Buddha statue.

Honorable Maithripala Sirisena, Minister of Health, participated this event as the chief guest.

Dr. Kirthi Gunasekera, Dr. Chandimani Undugodage, Dr. Upul Dissanayake, Dr. Dinithi Fernando and Dr. Panduka Karunanayake along with many other physicians represented the Ceylon College of Physicians at this event.

COLLEGE JOURNAL

All members are invited to submit articles for the Journal of the Ceylon College of Physicians – CME reviews, case reports & original articles.

Please email your article to the college office for the next edition of the College Journal.

For further information please contact **Co – Editors;**

Prof. Saman B. Gunatilake

Email: saman.gunatilake@hotmail.com

Prof. Chandrika Wijeyaratne

E mail: mandika59@hotmail.com

College Office Tel: 011 – 2888146



A TRIBUTE TO THE LATE PROF W A S DE SILVA

Prof W A S De Silva

Ceylon College of Physicians is deeply saddened by the loss of a past president of the College and, more importantly, a significant contributor to the field of medicine and postgraduate education in this country.

I had a long association with Professor WAS de Silva, fondly known as “WAS”, and under his wings I spent my internship and then entire postgraduate training. We both moved to the relatively young medical faculty in Galle in 1991 where he accepted the Chair in Medicine and I began my journey as a lecturer.

Professor WAS de Silva was born in Ambalangoda and initially attended Dharmasoka College. Then he moved to Ananda College in Colombo and entered the Colombo Medical College. He qualified with first class honors in the final MBBS with two distinctions; Medicine and Gynaecology/Obstetrics, and the gold medal for Obstetrics and Gynaecology. Professor WAS de

Silva served as a physician in hospitals of Rathnapura, Kalutara and Colombo South. We worked in NHSL (Colombo General Hospital then) from 1977 to 1991. After retirement, he joined the Department of Medicine, Faculty of Medicine, Galle and served for another five years. He was a superb clinician with impeccable clinical acumen and managed his patients with minimal investigations. His prescriptions were simple, uncomplicated and cost-effective in any setting.

His contribution for MD postgraduate training in this country should always be remembered and appreciated. The famous Saturday clinical meeting in NHSL was his brain child and he was the discussion leader for many years. Further, he had a keen interest in tropical medicine and made a significant contribution to the fields of leptospirosis, Hepatitis B and chronic liver disease in Sri Lanka.



Prof W A S De Silva

His fashion for undergraduate teaching was remarkable and in exams he was fair, unbiased, and objective. Professor WAS de Silva was the President of the Ceylon College of Physicians in 1985, President SLMA in 1990 and President SAALS (Section A) in 1981.

The College of Physicians will always remember this great clinician, ardent teacher and prolific researcher. “May he attain Nibbana”

Professor Sarath Lekamwasam
Dean, Faculty of Medicine, Galle
and Past President Ceylon
College of Physicians

FEFOL
FERROUS SULPHATE 150mg FOLIC ACID 0.5mg

**Spansule Sustained-Release Capsules
The Optimal Treatment for Anemia**

Gentle on the Stomach

Higher Absorption Rate



FEFOL
Special Formulation
for Optimal Efficacy
and Tolerability

Baurs
Established 1897
A. Baur & Co. (Pvt) Ltd.
Healthcare Division
62, Jethawana Road, Colombo 14,
Tel : +94 11 4728786
Web : www.baurs.com

MEDA
PHARMACEUTICALS

Librax®
chlordiazepoxide 5 mg + clidinium bromide 2.5 mg



Librax...
the ideal for relaxation

Clidinium bromide

- Irritable or Spastic COLON
- Gastric and Duodenal Ulcer

Chlordiazepoxide

- Anti - Secretory
- Anti - Spasmodic

**A Combination of Two Active
Components Provides a Reliable
Choice For The Treatment of GI Disorders**

MEDA
PHARMACEUTICALS

Baurs
Established 1897

A. Baur & Co. (Pvt) Ltd.
Baurs Healthcare
62, Jethawana Road, Colombo 14, Sri Lanka
Tel : +94 11 4728786
Fax : +94 11 2342516
Web : www.baurs.com

A Benchmark of Quality in Pharmaceuticals

College News

Ceylon College of Physicians



**Ceylon College of Physicians
No. 341/I,
Kotte Road,
Rajagiriya.**

