



**Royal College
of Physicians**

CCP Annual Conference 2020

in Collaboration

with the

Royal College of Physicians, London

Academic program

Day 1 (Pre-congress): 19th November, PGIM auditorium

Workshop 1:

Workshop for trainees: “Research methodology”

9:00-9:25am	How to start a research project <i>Prof Janaka de Silva (SL)</i>
9:25-9:50am	Critical appraisal of a research paper <i>Dr Udul Hewage (AUS)</i>
9:50-10:20am	Study design <i>Prof A Pathmeswaran (SL)</i>
10:20-10:45am	How to get ethics clearance <i>Prof Chandanie Wanigatunge (SL)</i>
10:45-11:15am	Tea break
11:15-11:40am	How to write the paper <i>Prof Anuja Premawardena (SL)</i>
11:40am-12:05am	How to get your paper published <i>Prof Senaka Rajapakse (SL)</i>
12:05-12:30pm	What the PGIM wants from your research project <i>Prof S Lekamwasam (SL)</i>
12:30pm	Lunch

Day 1 (Pre-congress): 19th November, PGIM auditorium

Workshop 2:

Frailty and Sarcopaenia in older adults

9:00am	Welcome address <i>Prof S Lekamwasam (President, SLAGM)</i>
9:05-9:15am	Release of the bulletin on Musculoskeletal disorders in elderly <i>(1st Copy presented to President, CCP by President, SLAGM)</i>
9:15-9:45am	Definition and diagnosis of Sarcopaenia <i>Prof S Lekamwasam (SL)</i>
9:45-10:15am	Clinical application and management of Sarcopaenia <i>Dr Shehan Silva (SL)</i>
10:15-10:30am	Q&A session 1
10:30-10:45am	Tea break
10:45am-11:15am	Definition and detection of Frailty <i>Dr Lasantha Ganewatta (SL)</i>
11:15-11:45am	Prevention and management of Frailty <i>Dr Dilhar Samaraweera (SL)</i>
11:45-12:15pm	Evaluation and prevention of falls in elderly <i>Dr Barana Millawithana (SL)</i>
12:15-12:30pm	Q&A session 2
12:30pm	Concluding remarks by President, CCP <i>Dr Ananda Wijewickrama (SL)</i>

Day 2: 20th November, Galadari Hotel

7:00-8:00 am	Teaching capsule 1 "Vertigo" <i>Prof Umapathy Thirugnanam (SG)</i>	Teaching capsule 2 "Toxidromes" <i>Dr Ganaka Senaratne (SL)</i>
8:00-8:30am	Break	
8:30am-9:45am	Symposium: Cardiology 8:30am-8:55am "To cure sometimes, to relieve often: Catheter ablation of cardiac arrhythmias" <i>Dr Mevan Wijetunge (USA)</i>	Symposium: Neurology 8:30am-8:55am "Evaluating peripheral neuropathy in resource-poor settings" <i>Prof Umapathy Thirugnanam (SG)</i>
	8:55-9:20am "HFrEF-Challenges and future opportunities" <i>Dr Naomali Amarasena (SL)</i>	8:55-9:20am "Autoimmune encephalitis" <i>Prof Thashi Chang (SL)</i>
	9:20-9:45am "New Concepts in preventive cardiology" <i>Dr Ruwan Ekanayake (SL)</i>	9:20-9:45am "What is death?" <i>Prof Udaya Ranawaka (SL)</i>
9:45-10:45am	"Small Feeds"	
	9:45-9:55am Cardiology: <i>Dr Gamini Galappaththy (SL)</i>	
	9:55-10:05am Pulmonology: <i>Dr Suharshi silva (SL)</i>	
	10:05-10:15am Gastroenterology: <i>Prof Madunil Niriella (SL)</i>	
	10:15-10:25am Nephrology: <i>Dr Dilushi Wijeyaratne (SL)</i>	
	10:25-10:35am Neurology: <i>Dr Kishara Goonaratne (SL)</i>	
	10:35-10:45am Endocrinology: <i>Dr Manilka Sumanatilake (SL)</i>	
10:45-11:15am	Tea	
11:15-13:15pm	Orations	
	11:15-12:15am Oration 1	
	12:15-13:15am Oration 2	
13:15-14:15pm	Lunch	

Day 2: 20th November, Galadari Hotel (Cont.)

14:15-14:45pm	<p>“Evaluating the impact of Post-conflict Major Limb Loss in Northern Uganda and its implications in Sri Lanka” <i>Prof Mahesh Nirmalan (UK)</i></p>	
14:45-16:00pm	<p>Symposium: Medical Humanities</p> <p>14:45-15:10pm “The Answer My Friend”: Inspiration from Music for Vexing Queries <i>Dr Arosha Dissanayake (SL)</i></p>	<p>Symposium: Rheumatology</p> <p>14:45-15:10pm “Early arthritis” <i>Dr Rav Sindhu (UK)</i></p>
	<p>15:10-15:35pm “The Final Chapter: Revelations from a Life-changing Book” Dr Dinithi Fernando (SL)</p>	<p>15:10-15:35pm “Management of Spondyloarthritis” <i>Dr Adrian Pace (UK)</i></p>
	<p>15:35-16:00pm “Foucault’s Medical Gaze: A Journey on Cinema” <i>Dr Panduka Karunanayake (SL)</i></p>	<p>15:35-16:00pm “Classifications of Dermatomyositis and Polymyositis” <i>Prof Ali Jawad (UK)</i></p>
16:00-17:15pm	<p>Symposium: Gastroenterology</p> <p>16:00-16:25pm “NASH: an update” <i>Prof Anuradha Dassanayake (SL)</i></p>	<p>Symposium: “COVID-19”</p> <p>16:00-16:25pm “From Wuhan to Kandekadu: Role of armed forces in pandemic response” <i>Dr Saveen Semage (SL)</i></p>
	<p>16:25-16:50pm “Inflammatory bowel disease” <i>Prof Andrew Goddard (UK)</i></p>	<p>16:25-16:50pm “Critically ill COVID-19 patients” <i>Dr Razeen Mahroof (UK)</i></p>
	<p>16:50pm-17:15pm “What is new with other colitides” <i>Dr Nilesh Fernandopulle (SL)</i></p>	<p>16:50pm-17:15pm “COVID-19 update on pulmonary microangiopathy” <i>Prof Anoop Chauhan (UK)</i></p>
17:15	Tea	
17:30-18:30pm	<p>Teaching capsule 3 “Point-of-care ultrasound” <i>Dr Dilshan Priyankara (SL)</i></p>	<p>Teaching capsule 4 “Assessment of falls” <i>Dr Barana Millawithana (SL)</i></p>

Day 03: 21st November, Galadari Hotel

7:00-8:00 am	Teaching capsule 5 “Basics of fluid balance” <i>Dr Krishantha Jayasekera (SL)</i>	Teaching capsule 6 “Glycaemic control in the critically ill patient” <i>Dr Udul Hewage (AUS)</i>
8:00-8:30am	Break	
8:30am-9:45am	Symposium: Metabolic medicine	Symposium: Emergency medicine
	8:30am- 8:55am “Medical management of obesity” <i>Dr Uditha Bulugahapitiya (SL)</i>	8:30-8:55am “Acute Internal medicine and the medical admission unit” <i>Dr Paras Doshi (MA)</i>
	8:55-9:20am “Obesity related sleep disorders” <i>Dr Chandimani Undugodage (SL)</i>	8:55am-9:20am “High flow nasal oxygen therapy in ED” <i>Dr Krishantha Jayasekera (SL)</i>
	9:20-9:45am “Bariatric surgery for obesity” <i>Prof Thejana Wijeyaratne (SL)</i>	9:20-9:45am TBC
9:45-10:45am	Interactive session	
	9:45-10:00am Cardiology <i>Dr Suresh Kottegoda (SL)</i>	
	10:00-10:15am Dermatology <i>Dr Chathurarya Siriwardena (SL)</i>	
	10:15-10:30am Radiology <i>Dr Lakmali Paranehewa (SL)</i>	
	10:30-10:45am Choosing an antimicrobial <i>Dr Lilani Karunanayake (SL)</i>	
10:45-11:15am	Tea	
11:15-11:45am	“Compromising patient safety: Lessons I learned from some critical incidents” <i>Prof P.L. Ariyananda (MA)</i>	
11:45-13:00pm	Symposium: Pulmonology	Symposium: Nephrology
	11:45-12:10pm “Diagnostic evaluation of pulmonary nodules” <i>Dr N Phan (AUS)</i>	11:45-12:10pm “Clinical approach to RPGN” <i>Dr A.W.M.Wazil (SL)</i>
	(cont.) 12:10-12:35pm	(cont.) 12:10-12:35pm

	<p>“Optimizing clinical outcomes in ILD” <i>Dr Amila Ratnapala (SL)</i></p>	<p>“Interstitial nephritis” <i>Dr Chintana Galahitiyawa (SL)</i></p>
	<p>12:35-13:00pm “Challenges of severe asthma” <i>Prof Anoop Chauhan (UK)</i></p>	<p>12:35-13:00pm “SLE and lupus nephritis- challenging cases” <i>Dr Mumtaz Patel (UK)</i></p>
13:00-14:00pm	Lunch	
14:00-14:45pm	<p>14:00-14:20pm “Autoimmune diseases and the general physician” <i>Prof Suranjith Seneviratne (UK)</i></p>	
	<p>14:20-14:40pm “Antimalarial drug discovery: the challenge continues” <i>Prof Niroshini Nirmalan</i></p>	
14:45-16:00pm	Symposium: Infectious diseases	Symposium: Endocrinology
	<p>14:45-15:10pm “Meningococcal infections” <i>Dr Nick Beeching (UK)</i></p>	<p>14:45-15:10pm “TBC” <i>Prof Arjuna Medagama (SL)</i></p>
	<p>15:10-15:35pm “Antifungals for Systemic mycoses” <i>Dr Mike Beadesworth (UK)</i></p>	<p>15:10-15:35pm “Challenges of insulin therapy” <i>Dr Chandima Idampitiya (UK)</i></p>
	<p>15:35-16:00pm “Rickettsial infections” <i>Prof S.A.M Kularatne (SL)</i></p>	<p>15:35-16:00pm “Pearls in the management of thyroid disorders” <i>Dr Kavinga Gunawardena (SL)</i></p>
16:00-16:30pm	Tea	
16:30-17:30pm	<p>Teaching capsule 7 “Acid-base disorders” <i>Dr Manoj Edirisooriya (SL)</i></p>	<p>Teaching capsule 8 “Acute stroke care” <i>Dr Padma Gunaratne (SL)</i></p>