



“Frailty and Sarcopaenia in older adults”



Pre-congress virtual workshop, 19th Nov

In collaboration with Sri Lankan Association of Geriatric Medicine

Registration: Free

9:00am	Welcome address by <i>Prof S Lekamwasam (President, SLAGM)</i>
9:15-9:45am	<i>Definition and diagnosis of Sarcopaenia</i> Prof S Lekamwasam
9:45-10:15am	<i>Clinical application and management of sarcopaenia</i> Dr Shehan Silva
10:15-10:30am	Q&A Session 1
10:30-10:45am	Break
10:45-11:15am	<i>Definition and detection of frailty</i> Dr Lasantha Ganewatta
11:15-11:45am	<i>Prevention and management of frailty</i> Dr Dilhar Samaraweera
11:45--12:15pm	<i>Evaluation and prevention of falls in elderly</i> Dr Barana Millawithana
12:15-12:30pm	Q&A Session 2
12:30pm	Concluding remarks by <i>Dr Ananda Wijewickrama, President, CCP</i>

Scan the QR code for registration or visit www.ccp.lk



“Transcending boundaries,
connecting minds”



CCP Annual Conference 2020