

**Day 1 Thursday - Pre-Congress 19<sup>th</sup> November 2020**

**Session 1**

**Workshop on:  
Frailty and Sarcopaenia in older adults**

**Workshop for trainees:  
“Research methodology”**

**9.00 – 9.05 am - Welcome address**  
*Prof S Lekamwasam*  
*(President, SLAGM)*

**9.00 - 9.25 am - How to get started in research**  
*Prof Janaka de Silva (SL)*

**9.15 – 9.45 am - Definition and diagnosis of Sarcopaenia**  
*Prof S Lekamwasam (SL)*

**9.25 – 9.50 am - Critical appraisal of a research paper**  
*Dr Udul Hewage (AUS)*

**9.45 -10.15 am - Clinical application and management of Sarcopaenia**  
*Dr Shehan Silva (SL)*

**9.50 - 10.20 am - Study design**  
*Prof A Pathmeswaran (SL)*

**10.15 – 10.30 am  
Q&A session 1**

**10.20 – 10.45 am - How to obtain Ethics approval expeditiously**  
*Prof Chandanie Wanigatunge (SL)*

**Tea**

**Session 2**

**10.45 - 11.15 am - Definition and detection of Frailty**  
*Dr Lasantha Ganewatta (SL)*

**11.15 – 11.40 am - How to write the paper**  
*Prof Anuja Premawardena (SL)*

**11.15 -11.45 am - Prevention and management of Frailty**  
*Dr Dilhar Samaraweera (SL)*

**11.40 – 12.05 am - How to get your paper published**  
*Prof Senaka Rajapakse (SL)*

**11.45 -12.15 pm - Evaluation and prevention of falls in elderly**  
*Dr Barana Millawithana (SL)*

**12.05 - 12.30 pm - What the PGIM wants from your research project**  
*Prof S Lekamwasam (SL)*

**12.15 – 12.30 pm  
Q&A session 2**

**12.30 pm - Concluding remarks by President, CCP**  
*Dr Ananda Wijewickrama (SL)*

**Lunch**

**Session 3**

**6.00 pm – 10 pm**

**Inauguration Ceremony**

**Chief Guest** – Dr Palitha Abeykoon, Past President SLMA

**Guest of Honour** – Prof Andrew Goddard, President RCP

**CCP Oration** – Prof Neelika Malavige

**Day 2: Friday 20<sup>th</sup> November 2020**7.00 – 8.00  
am**Teaching capsule 1  
“Vertigo”***Prof Umapathy Thirugnanam (SIN)***Teaching capsule 2  
“Toxidromes”***Dr Ganaka Senaratne (SL)*8.00 – 8.30  
am**Break****Session 4**  
8.30 – 9.45  
am**Symposium 1 – Cardiology****“To cure sometimes, to relieve often:  
Catheter ablation of cardiac  
arrhythmias”**  
*Dr Mevan Wijetunge (USA)***“HFREF-Challenges and future  
opportunities”**  
*Dr Naomali Amarasena (SL)***“New Concepts in preventive  
cardiology”**  
*Dr Ruvan Ekanayake (SL)***Symposium 2 – Neurology****“Evaluating peripheral  
neuropathy in resource-poor  
settings”**  
*Prof Umapathy  
Thirugnanam (SIN)***“Autoimmune encephalitis”***Prof Thashi Chang (SL)***“Non-motor manifestations of  
Parkinson disease: an under-  
recognised entity”**  
*Dr Gamini Pathirana (SL)***Session 5**  
9:45-10:45  
am**“Small Feeds”****Cardiology***Dr Gamini Galappaththy (SL)***Pulmonology***Dr Suharshi Silva (SL)***Gastroenterology***Prof Madunil Niriella (SL)***Nephrology***Dr Dilushi Wijeyaratne (SL)***Neurology***Dr Kishara Gooneratne (SL)***Endocrinology***Dr Manilka Sumanatilake (SL)*10:45-  
11:15 am**Tea****Session 6**  
11:15-  
13:15 pm**Orations****Dr Cyril Fernando Memorial Oration****“Combating burden of CVD through innovative strategies to improve BP control”**  
*Prof Asita de Silva (SL)***Prof P B Fernando Memorial Oration****“Antimalarial drug discovery: Searching for our roots”**

13:15 -  
14:15 pm

**Lunch**

**Session 7**  
14:15 -  
14:45 pm

**“Evaluating the impact of Post-conflict Major Limb Loss in Northern Uganda and its implications in Sri Lanka”**  
*Prof Mahesh Nirmalan (UK)*

**Session 8**  
14:45 -  
16:00 pm

**Symposium 3 – Medical Humanities**

**“The Answer My Friend”: Inspiration from Music for Vexing Queries**  
*Dr Arosha Dissanayake (SL)*

**“The Final Chapter: Revelations from a Life-changing Book”**  
*Dr Dinithi Fernando (SL)*  
**“Foucault’s Medical Gaze: A Journey on Cinema”**

*Dr Panduka Karunanayake (SL)*

**Symposium 5 - Gastroenterology**

**“NASH: an update”**

*Prof Anuradha Dassanayake (SL)*

**“Inflammatory bowel disease”**  
*Prof Andrew Goddard (UK)*

**“What is new with other colitides”**

*Dr Nilesh Fernandopulle (SL)*

**Symposium 4 – Rheumatology**

**“Early arthritis”**

*Dr Rav Sandhu (UK)*

**“Management of Spondyloarthritis”**  
*Dr Adrian Pace (UK)*

**“Classifications of Dermatomyositis and Polymyositis”**

*Prof Ali Jawad (UK)*

**Symposium 6 - COVID-19”**

**“From Wuhan to Kandekadu: Role of armed forces in pandemic response”**

*Dr Saveen Semage (SL)*

**“Critically ill COVID-19 patients”**  
*Dr Razeen Mahroof (UK)*

**“COVID-19 update on pulmonary microangiopathy”**

*Prof Anoop Chauhan (UK)*

**Free Paper Session 2**

**Session 9**  
16:00 -  
17:15 pm

**Poster Presentation Session 1**

17.15 –  
17.30 pm

**Tea**

17.30 –  
18.30 pm

**Teaching Capsule 3**

**“Point-of-care ultrasound”**  
*Dr Dilshan Priyankara (SL)*

**Teaching Capsule 4**

**“Assessment of falls”**  
*Dr Barana Millawithana (SL)*

**Day 3: Friday 21<sup>st</sup> November 2020**

7.00 – 8.00 am	<p><b>Teaching capsule 5</b>  <b>“Fluid balance: the basics and the advanced”</b>  <i>Dr Krishantha Jayasekera (SL)</i></p>	<p><b>Teaching capsule 6</b>  <b>“Glycaemic control in the critically ill patient”</b>  <i>Dr Udul Hewage (AUS)</i></p>	
8.00 – 8.30 am	<b>Break</b>		
<p><b>Session 10</b> 8:30 – 9:45 am</p>	<p><b>Symposium 5 – Metabolic medicine</b></p> <p><b>“Medical management of obesity”</b>  <i>Dr Uditha Bulugahapitiya (SL)</i></p> <p><b>“Obesity related respiratory disorders”</b>  <i>Dr Chandimani Undugodage (SL)</i></p> <p><b>“Bariatric surgery for obesity”</b>  <i>Prof Thejana Wijeyaratne (SL)</i></p>	<p><b>Symposium 6 – Emergency medicine</b></p> <p><b>“Acute Internal medicine and the medical admission unit”</b>  <i>Dr Paras Doshi (MYS)</i></p> <p><b>“High flow nasal oxygen: Changing paradigm of adult respiratory support”</b>  <i>Dr Krishantha Jayasekera (SL)</i></p> <p><b>“More similarities than differences: the emergency care of every poisoned patient”</b>  <i>Prof Gerard O’Reilly (AUS)</i></p>	<p><b>Free Papers Session 3</b></p>
<p><b>Session 11</b> 9:45 - 10:45 am</p>	<p><b>Interactive session</b></p> <p><b>Cardiology</b>  <i>Dr Suresh Kottegoda (SL)</i></p> <p><b>Dermatology</b>  <i>Dr Chathurarya Siriwardena (SL)</i></p> <p><b>Radiology</b>  <i>Dr Lakmali Paranehewa (SL)</i></p> <p><b>Choosing an antimicrobial</b>  <i>Dr Lilani Karunanayake (SL)</i></p>		
10:45- 11:15 am	<b>Break</b>		
<p><b>Session 12</b> 11:15 - 11:45 am</p>	<p><b>PLENARY</b></p> <p><b>“Compromising patient safety: Lessons I learned from some critical incidents”</b>            Prof P L Ariyananda (MYS)</p>		
<p><b>Session 13</b> 11:45 - 13:00 pm</p>	<p><b>Symposium 7 - Pulmonology</b></p> <p><b>“Diagnostic evaluation of pulmonary nodules”</b>  <i>Dr N Phan (AUS)</i></p> <p><b>“Optimizing clinical outcomes in ILD”</b>  <i>Dr Amila Ratnapala (SL)</i></p> <p><b>“Challenges of severe asthma”</b>  <i>Prof Anoop Chauhan (SL)</i></p>	<p><b>Symposium 8 – Nephrology</b></p> <p><b>“Clinical approach to RPGN”</b>  <i>Dr A.W.M. Wazil (SL)</i></p> <p><b>“AIN; Frequently seen, Commonly overlooked”</b>  <i>Dr Chintana Galahitiyawa (SL)</i></p> <p><b>“SLE and lupus nephritis- challenging cases”</b>  <i>Dr Mumtaz Patel (UK)</i></p>	<p><b>Free Paper Session 4</b></p>

13.00 –  
14.00 pm

**Lunch**

**Session 14**  
14:00 -  
14:45 pm

**“Autoimmune diseases and the general physician”**  
*Prof Suranjith Seneviratne (UK, SL)*

**“What is death?”**  
*Prof Udaya Ranawaka (SL)*

**Session 15**  
14:45 -  
16:00 pm

**Symposium 9 - Infectious diseases**

**Symposium 10 - Endocrinology**

**Poster  
Presentation  
Session 2**

**“Meningococcal infections”**  
*Dr Nick Beeching (UK)*

**“The place of newer oral agents  
in diabetes: a critical analysis”**  
*Prof Arjuna Medagama (SL)*

**“Spectrum of CMV infection”**  
*Dr Nadeeka Janage (SL)*

**“Challenges of insulin therapy”**  
*Dr Chandima Idampitiya (UK)*

**“Rickettsial infections”**  
*Prof S.A.M Kularatne (SL)*

**“Pearls in the management of  
thyroid disorders”**  
*Dr Kavinga Gunawardena (SL)*

16:00 -  
16:30 pm

**Tea**

16:30 -  
17:30 pm

**Teaching capsule**

**Teaching capsule**

**“Acid-base disorders”**  
*Dr Manoj Edirisooriya (SL)*

**“Acute stroke care”**  
*Dr Padma Gunaratne (SL)*