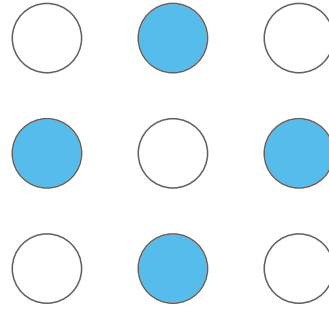


# Toast

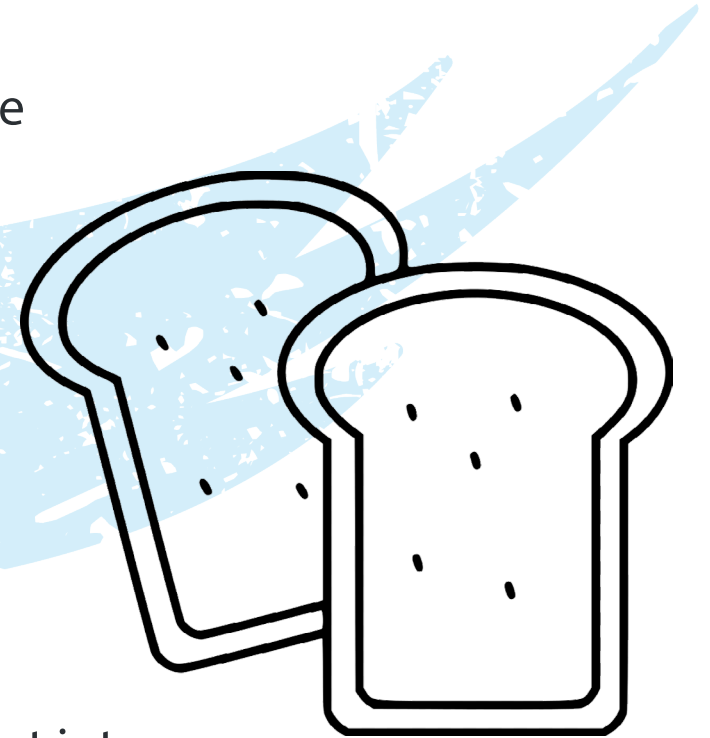


## Ingredients/Directions:

- Bread - remember breads with whole grains are the healthiest!

## Topping Options

- Avacodo
- Eggs
- Bacon
- Cottage cheese, blueberries, and strawberries
- Peanut butter, banana, and cinnamon
- Use a cookie cutter (or butter knife) to cut your toast into fun shapes or get creative and make your toast into fun animal faces!



Find more activities like this at:  
[www.classroomchampions.org](http://www.classroomchampions.org)

