

Nottage and Sker Point Circular Walk



Introduction

This leaflet describes a circular walk from Rest Bay along the coast to Sker Point and through the countryside around Nottage. The route is approximately 10 km (6 miles). The walk should take approximately 3½ to 4 hours to complete but you should allow a bit more time to enjoy the views of the countryside. The route uses a combination of maintainable highway and public rights of way.

could, however, equally start from any point along the route, and if travelling in the opposite direction, simply reverse all directions.

1 The Rest is a listed building steeped in history. Throughout its existence it has been a convalescent home and remains one to this day. It was first established by Dr James Lewis and his wife Charlotte in 1878. Dr Lewis was a GP in the mining community of Maesteg and his experience

VIEWPOINT 1 Views across Rest Bay, Swansea Bay and, on a clear day, of the Gower, North Devon and the Somerset coast can be seen.

Continue to follow the path until you reach a way marked path on your right hand side, close to Sker Point.

2 Sker Point On April 23 1947, the Santampa, a large steamer en route from Middlesborough to Newport, was wrecked at Sker Point in gale force winds. The entire crew of 39 was lost, as were eight volunteer crewmen of the Mumbles RNLI lifeboat who were attempting to rescue her.

3 Kenfig Burrows is a National Nature Reserve and a Special Area of Conservation. These designations are essential for protecting the species and habitats found in the area. The Reserve is of special interest for the assemblages of plants, fungi and invertebrates that are associated with the sand dunes and standing waters. The very rare fen orchid grows in the humid dune slacks and Kenfig NNR holds 90% of the UK population. The dune variety of fen orchid (*var. ovata*) is currently only known to occur in South Wales and on the coast of Brittany.

4



Sker Point

5 Leave Rest Bay car park at The Rest and continue straight ahead past the entrance to the Royal Porthcawl Golf Club and over the common towards the beach using the route signposted as 'Coast Path'. Continue along the path which runs along the edge of the beach (on your left) and along the edge of the Royal Porthcawl Golf Club on your right.

6



Rest Bay

An alternative route has been provided in Nottage where the walk passes over two stone stiles. Work will also be carried out in the future to improve the surface of the path where the route passes the Royal Porthcawl Golf Club. This will make the walk fully accessible for less able people. Please contact the Rights of Way Section for further information on these matters.

For convenience the directions below are written with Rest Bay car park as the starting point. You

