

**PROGRAMME: THURSDAY 13 OCTOBER 2022**

**10.00-10.10: Welcome: Dr Lisa Spencer & Louise Wright, APF**

**SESSION 1: 10.10 – 11.00**

**Bloods, blowing, biopsies and scans – how we use these  
tests to investigate ILD patients**

**Session Chair:**

Dr Aravind Ponnuswamy, Lung Consultant, Countess of Chester Hospital

- **What are those blowing tests all about?**  
Dr Angela Key, Chief Respiratory Physiologist, Aintree Hospital
- **What do chest Xrays and chest CT scans tell us?**  
Erica Thwaite, Consultant Lung Radiologist, Aintree Hospital
- **Blood tests and role of genetics in the diagnosis and management of ILD**  
Dr Helen Parfrey, Lung Consultant Papworth Hospital, Cambridge
- **Bronchoscopy, lung washes and surgical biopsies**  
Dr Will Kent, Lung Consultant, Royal Liverpool Hospital
- **Q&A led by Dr Ponnuswamy**

**11.00-11.10: BREAK**

## **SESSION 2: 11.10 – 12.20**

### **'London Calling' – Different forms of ILD and how they are diagnosed**

#### **Session Chair:**

Dr Lisa Spencer, Lung Consultant, Aintree Hospital, Liverpool

- **A general approach to ILD diagnosis**  
Professor Athol Wells, Lung Consultant, Royal Brompton hospital, London
- **How do ILD doctors make a diagnosis? An insight into the multidisciplinary team discussion**  
Led by Lung Consultant Dr Peter George and the team from Royal Brompton hospital including; Professor Athol Wells, Professor Sujal Desai, Radiology Consultant and Dr Alexandra Rice, Consultant Histopathologist (lung tissue specialist).
- **Q&A led by Lisa Spencer**

**12.20-12.50: BREAK FOR LUNCH**

## SESSION 3: 12.50 – 14.20

### 'Merseyside Calling' – Treatment for ILD

#### Session Chair:

Dr Sarah Sibley, Lung Consultant, Liverpool Heart and Chest Hospital

- **Antifibrotic drug therapy**  
Louise Brockbank, Lung Consultant, St Helens and Knowsley Hospital, Merseyside.
- **Immunosuppression drugs for ILD**  
Dr Anneliese Simons, Lung Consultant, Aintree Hospital
- **The 'breathe ins and outs' of oxygen for ILD patients – why bother with all the faff?**  
Sisters Jenny Gorman & Joanne Sutcliffe, Respiratory Nurses in Oxygen and ILD, Aintree Hospital
- **Chest clearance techniques and the importance of pulmonary rehabilitation aka exercise!**  
Sam Roberts, Senior Respiratory Physiotherapist, Countess of Chester Hospital
- **Advanced therapy: Lung Transplant – who, when, why?**  
Dr Lisa Spencer, Lung Consultant, Liverpool
- **Clinical Trials in ILD**  
Dr Mahin Ahmad, ILD Clinical fellow and Respiratory Registrar, Aintree Hospital.
- **Q&A led by Sarah Sibley**

**14.20-14.30: BREAK**

## **SESSION 4: 14.30 – 15.30**

### **Session 4: 'Patients Calling' – Quality of life and ILD**

#### **Session Chair:**

ILD specialist nurse Matron Sarah Agnew

- **Conversations with patients Andy Bright, Albert Hinde and his wife Ann about living with ILD.**
- **Q&A led by Sarah Agnew**

**Final words: Dr Lisa Spencer & Louise Wright CEO of APF**