

Vital Signs

Diana, thank you for your ongoing support



Our Voice

MEDIA

Dr Kate Baddock, Chair of the NZMA [talked with the Bay of Plenty Times](#) on advanced care directives. *Please note that the NZ Herald has a pay wall, so the full article may not be able to be accessed.*

NZMA was cited in an [NZ Doctor article](#) this week on supporting a ban for direct to consumer advertising.

If you missed the Ministry of Health's webinar on the medical cannabis scheme you can access that [here](#).

DIARY

NZMA Chair Dr Kate Baddock, NZMA GPC Chair Dr Jan White along with GPC Council members, Buzz Burrell, Marcia Walker and NZMA CEO Lesley Clarke all attended GP CME in Christchurch.

NZMA's Specialist Council met.



1500TH EDITION OF THE NEW ZEALAND MEDICAL JOURNAL

This week we celebrate the New Zealand Medical Journal's 1500th edition.

This is a significant milestone as other than the NZ Gazette, which has been running since 1841 and is the official newspaper of the New Zealand Government, the Medical Journal is one of the longest running publications in New Zealand along with the Otago Daily Times, NZ Herald and Royal Society Te Apārangi's *Transactions*.

This week's issue continues to push the boundaries with the latest medical research and raise awareness with the media and the public on the health of the nation.

Access the NZMJ [here](#).

[Read the first editorial](#) written by Professor Daniel Colquhoun who graces our cover courtesy of the [Hocken Heritage Collection](#).

[Editorial](#) by Joseph Boden on Cannabis in New Zealand.

Articles including: [Declining adolescent cannabis use](#), Optimising in-patient stays for surgical patients - [green and red beds](#), Car seat survey - [need a booster](#)

Letters on alcohol including: Regulation urgently needed [to protect Māori](#) from alcohol advertising and [much more](#).



YOUR OPPORTUNITY TO INFORM NZMA'S RESPONSE TO THE ABORTION LEGISLATION BILL

Have your say on the Abortion Legislation Bill

The Abortion Legislation Bill amends the law to decriminalise abortion. The Bill would remove the current legal requirements for authorising an abortion and would allow a person to refer themselves to an abortion service provider. A health practitioner would only need to give their authorisation if the person was more than 20 weeks pregnant. The bill would also:

- allow safe areas to be established around specific abortion facilities
- disestablish the Abortion Supervisory Committee
- amend the process for practitioners who conscientiously object to providing abortion services
- make it clear that health practitioners must advise people who are considering, or have had, an abortion that counselling services are available.

To help inform the NZMA's response to the Bill, provide your feedback to [Sanji](#) by **9am Monday 2 September**.



IN CASE YOU MISSED THEM - NZMA MEDICO POLITICAL FORUMS

The GPCME Christchurch Medico-political forum was livestreamed. You can still view this via our Facebook Page [here](#).

Alternatively you can watch both the GP CME Rotorua and GP CME Christchurch medico-political forums via [this link](#).



**MINISTRY OF SOCIAL
DEVELOPMENT**
TE MANATŪ WHAKAHIATO ORA

MEDICAL ALARMS - CHANGES FROM MONDAY 19 AUGUST

From Monday 19 August 2019, there are changes to medical alarm costs and suppliers for people getting Disability Allowance.

The Ministry of Social Development is committed to making sure people are supported to stay safe and independent in their own homes. Therefore MSD funds the costs of medical alarm services to its eligible clients through their Disability Allowance and has negotiated with medical alarm suppliers to get a quality service at a competitive price.

There has been a small movement in costs for the existing suppliers, with the cost increasing for three of them, staying the same for one and decreasing for another. We've also added a new MSD-accredited supplier, Electra Ltd (trading as Securely).

Changes to costs start from 19 August 2019. To make sure clients stay safe as these changes take place, there'll be no interruption to the client's medical alarm service.

Changes to people's payments

MSD will automatically adjust people's payments for anyone with a change in cost and will be communicating the change and what it means for them. The changes will be small.

The medical alarm suppliers are also writing to their clients to adjust how much they pay for the alarm service. Where MSD pays the supplier directly, we'll adjust the amount for them.

ADT Security	0800 111 238
Chubb NZ	0800 203 040
Securely	0800 865 865
Freedom Medical Alarms	0800 380 280
Red Wolf High Level Monitoring	0800 673 252
St John Medical Alarms	0800 502 323

More information on medical alarms can be found [here](#).

Non-accredited suppliers

People who have their medical alarm provided by a non-MSD accredited supplier can still get the cost of the alarm covered by their Disability Allowance. If they choose to change to a

different supplier, they'll need to choose an MSD-accredited supplier.

[Email MSD](#) for any questions.

Note on Cold Calling for Medical Alarms

If you have any examples of cold calling [please email MSD](#) as this practice is not allowed in terms of their contract.



NZMA SUBMISSION ON ASA STANDARDS FOR ADVERTISING AND PROMOTION OF ALCOHOL

[Read our Submission](#) on ASA standards for advertising and promotion of alcohol

We believe that the self-regulation of alcohol advertising is ineffective, especially in protecting children and young people from the marketing of alcohol. We repeat our call for the phased cessation of all forms of alcohol advertising. Until then, we believe that restrictions on the content and quantity of alcohol advertising need to be supported by statutory regulation rather than self-regulation...

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CENTRAL PHO CHANGES NAME TO THINKHAUROA

The Central PHO Board has chosen 'THINK Hauora' as its new name. in line with a bold, new, six-year strategy for 2019–2025.

THINK Hauora will continue to work with general practices and community health service providers, and support core alliances with MidCentral District Health Board, Te Tihi o Ruahine and Raukawa Whanau Ora.

Chiquita Hansen, CEO of THINK Hauora, says “the primary health care network is excited about involving people, whānau and our five distinct communities to connect health and social care provision to improve our population’s wellbeing”.

THINK is an acronym for: **T**echnology, **H**ealth, **I**nnovation, **N**etworks, **K**nowledge
Hauora means health, wellness and wellbeing. It is broader and more encompassing than 'health'.

The roots of Hauora are found in 'hau' and 'ora'. Hau is the wind and air, the vital essence (to be alive we need oxygen), ora is to be alive, well (to be well we need the energy of the sun 'ra'.)

Quote of the week

*They may forget your name, but they will never forget how you made them feel.
Maya Angelou*

CLASSIFIED ADS and situations vacant

*NZMA offers members free classifieds and vacancy advertisements.
Check out NZMJ website's [Vacancies page](#) and you may just find your dream opportunity.*

Latest vacancies include the following - just click on the vacancy to be taken to the full ad:

- [GP Required | Te Puke \(Closes 16 September 2019\)](#)
- [Gastroenterologist | Auckland \(Closes 13 September 2019\)](#)
- [Professional Practice Fellow | Dunedin \(Closes 8 September 2019\)](#)
- [Department of Anatomy Teacher and Researcher | Dunedin \(Closes 8 September 2019\)](#)
- [GP Required | Upper Hutt \(Closes 19 August 2019\)](#)
- [Long-Term GP | Rotorua \(Closes 5 September 2019\)](#)
- [GP Required | Palmerston North \(Closes 5 September 2019\)](#)
- [GP Partner | Kerikeri \(Closes 31 August 2019\)](#)
- [Consultant Psychiatrist | Hawkes Bay \(Closes 30 August 2019\)](#)
- [Consultant Psychiatrist | Dunedin \(Closes 23 August 2019\)](#)
- [Specialist Cardiologist | Waikato \(Closes 17 August 2019\)](#)
- [GP Required | Invercargill \(Closes 16 August 2019\)](#)

Members advertise for free - [classifieds](#) and/or vacancies [via Hotline](#).



UPCOMING EVENTS

View our upcoming health sector events - go to the [NZMA events page on our website](#) for the full list.

BULLYING PREVALENCE AND CONSEQUENCES IN THE NZ SENIOR MEDICAL WORKFORCE; A CROSS-SECTIONAL STUDY

**18 September 2018, Pipitea Campus,
Wellington**

Presented by Charlotte Chambers,
Association of Salaried Medical
Specialists

This seminar presents findings on the prevalence of bullying amongst senior doctors and dentists of different specialties working in New Zealand's public health system. The research explores correlates of experiencing negative behaviours, including medical specialty, gender and ethnicity as well as perceived levels of workplace demands and support from peers and non-clinical managers. Finally, there will be a discussion on the nature and extent of barriers to formally reporting bullying behaviour as well as the consequences of bullying on the professional and personal lives of respondents.

[Webcast link](#) (The page will update once webcast begins. To see the speaker as well as the slides, click out of full-screen mode).

For further information please contact the [HSRC administrator](#).

MAS TALKS

September 2019

MAS has invited award-winning Canadian science journalist, Alanna Mitchell, for their exclusive MAS event in September.

Alanna regularly travels from the Arctic to the Antarctic and everywhere in between. Her award-winning book *Seasick: The Global Ocean in Crisis* is now a critically acclaimed play that she'll be performing at the Edinburgh Fringe Festival before coming to New Zealand to share her adventures.

Book your tickets now for this exclusive MAS event and experience Alanna's powerful storytelling, where she uses science and delicate wit to share her adventures and tales of her extraordinary journey, the demons she's discovered. Alanna will inspire us to find ways to stem the effects of climate change.

There will be three events around New Zealand:

Christchurch - 10 September

Wellington - 12 September

Auckland - 13 September

Find out more and book online through the [MAS website](#).



MEMBER BENEFITS

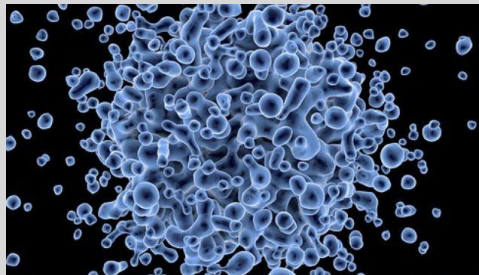
EMIRATES SPECIAL NZMA OFFER - IS IT TIME FOR A BREAK?

NZMA members and immediate family (when they fly with you) can enjoy an **additional 5% savings** on Early Bird fares in Economy and Business Class across Emirates destinations. NZMA members receive 5% discount off Emirates flights to over 150 destinations worldwide.*

Simply enter **NZMED16** in the promotional code box at [Emirates.com/nz](https://www.emirates.com/nz).

[Book now.](#)

***Terms and conditions apply**



NZMA MEMBERS NO COST ADVERTISING

NZMA offers members the facility to place vacancies for personnel in the NZMJ and Vital Signs.

Reach the medical professionals you want and take advantage of this facility as many do week on week.

NZMA Advisory Service

Performance Management

A resource is available on how to manage the performance of employees in a procedurally

fair manner, thereby reducing the employer's exposure to personal grievances (worst case scenario). An employee cannot be expected to overcome his or her employment problems if the employer does not tell the employee that their conduct/performance is unsatisfactory and gives that employee a chance to improve. A warning system, and sample letters are included in the resource, which is useful to employers who are embarking on a performance management process, or have noticed issues emerging with a particular employee.

These flyers are available for members to download from the [NZMA advisory service](#) on our website. You must be logged in to view and/or download these flyers, or you can [email Robyn Fell](#) for copies.