

# Vital Signs

*Thank you for your support*



## Our Voice

### Media

Kate Baddock, Chair of the NZMA spoke with [Newstalk](#) on terminology that matters - older people versus elderly. Other interviews have taken place but not aired at the time of this publication.

### DIARY

NZMA CEO Lesley Clarke was part of a panel at the ASMS conference and joined Dr Peter Roberts, Dr Jeff Brown and Angela Belich to farewell Ian Powell after 30 years with ASMS.

NZMA Chair Kate Baddock and NZMA DiTC Chair Katelyn Costello and Lesley Clarke attended the Council of Medical Colleges meeting.

The NZMA Services Board met this week with key insights from Professor Frank Frizelle, Editor-in-Chief of the New Zealand Medical Journal. Of note is that [the NZMJ is seeking additional associate editors](#), with some editors due to retire.

The NZMA Board also met by video conference, with video conferences a key part of NZMA's sustainability programme - see more below

## CURRENT CONSULTATIONS

**Have your say and help inform NZMA's feedback on:**

1. NZMA Code of Ethics
2. MBIE review of ACC Cost of Treatment Regulations
3. Mental Health and Wellbeing Commission Bill

*Further information and detail on how to feedback can be found in each consultation below.*

[NZMA's submission](#) to the Medical Council on Naming Policy can also be found below.



## LATEST NZMJ: VOL 132 NO 1503

NZ's latest medical research out now - [Read the full journal](#)

[Editorial](#) - Cancer survival equity by 2030: a Treaty compliant systems approach required

*Open Access* - [Equity by 2030: achieving equity in survival for Māori cancer patients](#)  
by Jason Gurney, Shelley Campbell, Chris Jackson, Diana Sarfati

Articles on electronic cigarette online marketing, vaccines, employment gap and more...



## **HEALTH COMMITTEE: MENTAL HEALTH & WELLBEING COMMISSION BILL, YOUR VIEWS SOUGHT**

The Health Committee has called for submissions on the [Mental Health and Wellbeing Commission Bill](#). This Bill stems from the recommendation in the Report of the Government Inquiry into Mental Health and Addiction.

The Mental Health and Wellbeing Commission would:

- provide system-level oversight of mental health and wellbeing in New Zealand
- promote alignment, collaboration and communication between government and non-government contributors to mental health and wellbeing
- monitor and advocate for the collective mental health and wellbeing of New Zealanders.

The commission would be established as an independent Crown entity to ensure its independence from the Government of the day.

**Email feedback to [Sanji](#) by close of play Monday 2 December.**

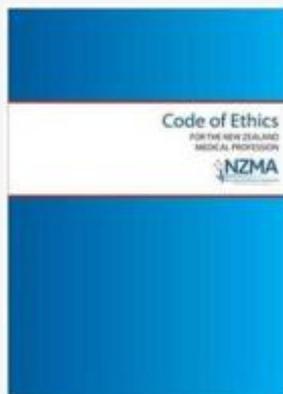
## ACC & COST OF TREATMENT REGULATIONS: YOUR FEEDBACK WANTED

The Ministry of Business, Innovation and Employment is [consulting](#) on a review of how ACC purchases health services through the Cost of Treatment Regulations (CoTR). This year's proposed changes include:

1. Implementing a general increase of 2.05% for regulated treatment payments, and an increase of 1.72% for payments to Radiologists and providers of Hyperbaric Oxygen.
2. Creating individual profession groups from the group currently known as 'Specified Treatment Providers' and specifying payment rates for each (physiotherapists, chiropractors, occupational therapists etc.). These rates will remain identical for the current period, but future pricing recommendations could specify different payment rates for each profession, if appropriate.
3. Removing provisions that reduce ACC's contribution for dental treatment on teeth that have had previous non-injury related work.

Our submission from last year on increasing regulated ACC payments for treatment [is here](#).

**Email feedback to [Sanji](#) by close of play Monday 2 December.**



## NZMA CODE OF ETHICS REVIEW - YOUR VIEWS SOUGHT

There was a large amount of feedback on the second round of consultation on the review of the NZMA Code of Ethics. In view of this the publication of the updated Code was deferred.

The NZMA Ethics Committee has now completed consideration of all feedback received and is conducting a third round of consultation on a proposed [final draft](#) of the code.

Amendments that have been made following the second round of consultation are shown in red. All feedback will be passed to the Ethics Committee who will convene

again early next year to finalise the Code which will be presented for adoption at the NZMA Council in May 2020.

If you wish to provide any further feedback, could you please provide your comments to [Sanji](#) by **Friday 31 January 2020**.



## **2019 DITC PGY1 REPRESENTATIVE ELECTION CLOSING**

### **Last chance to vote!**

PGY1 Representative position on the Doctors-in-Training Council election is closing soon.

### **Get your vote in before midnight Sunday 1 December!**

Those eligible to vote were emailed an individualised voting login (NZMA PGY1 members in 2020).

Read about your 2019 PGY1 [candidates](#).

[Email us](#) for more information.



**2020 MEDICAL STUDENTS VOTE NOW**  
**NZMA BOARD MEDICAL STUDENT REPRESENTATIVE**

## Last chance to vote

### NZMA Board Medical Student representative position closes midnight Sunday 1 December.

Meet the [candidates](#).

*Note: Individualised voting logins were emailed to those eligible to vote (NZMA medical student members in 2020).*

[Email us](#) for more information.



## NZMA SUSTAINABLE WORKPLACE

Following NZMA's submission on the Zero Carbon Bill, the NZMA board asked national office to investigate lowering its carbon footprint.

As part of that investigation NZMA spoke to a coordinator from the Sustainable Business Network and were presented with a number of interesting facts:

- after the home, waste produced in our workplaces is the second largest contributor of waste to landfill
- in the workplace, transport is the biggest contributor to greenhouse emissions (24%) followed by manufacturing and construction (22.5%), industrial processes (17.7%), electricity (13%) and waste (10.8%)
- 73% of Kiwis think that having an environmentally responsible workplace is important.

It was noted that NZMA has a small carbon footprint compared with other organisations in the manufacturing and transport industries and that we already undertake a number of positive initiatives to keep our carbon footprint low including:

- holding a large number of meetings via videoconference
- recycling in the office including paper, glass, plastic, cans and toner cartridges
- purchasing carbon credits for flights when required
- majority of staff attending work by walking, e-scooter and public transport

NZMA will continue to look for ways to decrease our carbon footprint.

Let us know of any initiatives you have underway and we can include them in Vital Signs to inspire us all by [emailing communications](#).



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## NEW MEMBER BENEFIT - MANAGED BACKUP SOLUTIONS FOR NZMA MEMBERS

KeepItSafe has partnered with NZMA and its members. Currently, a free trial is on offer and 15% off services to work with you and make sure your sensitive business data is secure.

Find more information on this exclusive benefit [here](#)



**MINISTRY OF SOCIAL  
DEVELOPMENT**  
TE MANATŪ WHAKAHIATO ORA

## MEDICAL ALARM SERVICES UPDATE

There are now six companies supplying Medical Alarm Services that are accredited by the Ministry of Social Development such that the cost of the service can be covered for eligible people (those who qualify for a Community Service Card) through a Disability Allowance. These companies are:

1. ADT Security
2. Freedom Medical Alarms
3. Securely
4. St Johns
5. TraceCare
6. VitalCall (Chubb NZ)

Any other companies services can't be covered by Work and Income. The next accreditation round is 18 months away.

Please ensure there is a clinical need for the alarm if you are filling out a Disability Allowance form.



Te Kaunihera  
Rata o  
Aotearoa

Medical  
Council of  
New Zealand

## RELEASE OF STATEMENT ON CULTURAL SAFETY AND HE ARA HAUORA MĀORI: A PATHWAY TO MĀORI HEALTH EQUITY

The Medical Council, in partnership with Te Ohu Rata O Aotearoa (Te ORA), is releasing a [Statement on cultural safety](#) and [He Ara Hauora Māori: A Pathway to Māori Health Equity](#).

These important resources have been developed over several years, and are the result of an extensive literature review and expert guidance and advice from kaumata, academics and medical professionals.

They have been written in consultation with the profession and key stakeholders, and were also informed by extensive feedback through two national symposia on cultural safety and health equity.



### NZMA'S SUBMISSION ON NAMING POLICY

Recently the NZMA made a submission to the Medical Council on naming policy. You can find the full submission [here](#).

#### *Quote of the week*

*The whole problem with the world is that fools and fanatics are always so certain of themselves,  
and wiser people so full of doubts.*

*Bertrand Russell*

## CLASSIFIED ADS and situations vacant

*NZMA offers members free classifieds and vacancy advertisements.  
Check out NZMJ website's [Vacancies page](#) and you may just find your dream opportunity.*

**Latest vacancies and classifieds include the following - just click on the vacancy/classified ad to be taken to the full ad:**

### **Vacancies**

- [General Practitioner - Part-time, Long term | Lower Hutt \(Closes 20 December\)](#)
- [Associate Editors for the NZMJ | Christchurch](#)
- [General Practitioner 1/10th \(neg\) | Auckland \(Closes 7 December\)](#)
- [Part-time GP wanted in Mapua, Nelson \(Closes 4 December 2019\)](#)
- [Consultant Obstetrician and Gynaecologist | Whangarei \(Closes 29 November 2019\)](#)
- [1-2 GPs Required | Mission Bay \(Closes 13 December\)](#)
- [Consultant Physician | New Plymouth \(Closes 30 November 2019\)](#)

### **Classifieds**

- [GP partnership for sale | Nelson City](#)
- [Shareholding for sale in Auckland Medical Centre](#)
- [Due to Retirement - Partnership Share Buy-In Opportunity | Kerikeri \(Closes 12 December\)](#)

*Members advertise for free - [classifieds](#) and/or [vacancies via Hotline](#).*



## UPCOMING EVENTS

*View our upcoming health sector events - go to the [NZMA events page](#) on our website for the full list.*



## AUSTRALIA & NEW ZEALAND GENERAL MEDICINE UPDATE 2020

**20-22 March 2020**

*How do you keep your knowledge and skills up to date?*

The world of medicine is evolving more rapidly than ever before.

The annual 'Australia and New Zealand General Medicine Update' (ANZGMU) has been specifically designed to showcase a curated selection of relevant topics in internal medicine with updated information about new strategies, evolving best practise and recent guidelines.

Over a period of three days, national and internationally renowned sub-specialty experts with strong academic backgrounds will discuss the common diseases seen by a general physician in everyday practice. With over 21 interactive lectures covering the core areas of various subspecialties of internal medicine, this 2020 update will be of immense value to the busy practising General Physician, General Medicine Advanced Trainee and Basic Physician Trainee who wish to update their clinical acumen.

[Click here to learn more and register](#)



## MED CAN 2020

**18-19 March 2020**

*New Zealand's first medicinal cannabis summit*

[MedCan 2020](#) will bring together leading experts, scientists, clinicians, entrepreneurs, investors, policy makers and thought leaders to share first-hand insights and up-to-date information about the world of medicinal cannabis.

The summit has been created to inspire and inform:

- o Healthcare professionals
- o Patients
- o Academics
- o Researchers
- o Government officials
- o Business
- o Investors
- o Entrepreneurs and innovators
- o Growers

For further information please contact:  
Donna Clapham, Workz4U Conference Management

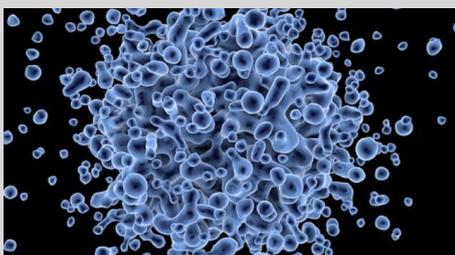
phone: +64 9 917 3653,

[conferences@w4u.co.nz](mailto:conferences@w4u.co.nz), [www.w4u.co.nz](http://www.w4u.co.nz)



MEMBER

# BENEFITS



## NZMA MEMBERS NO COST ADVERTISING

NZMA offers members the opportunity to place vacancies for personnel in the NZMJ and Vital Signs free of charge.

Reach the medical professionals you want as many do week on week.

CINEMA  TICKETS.CO.NZ

## CINEMA DISCOUNTS

As a benefit for being a member of NZMA we are now offering discounted movie vouchers through [cinematickets.co.nz](http://cinematickets.co.nz).

**Discount prices: Adult \$13.50 & Child/senior \$11 (Minimum purchase 2 tickets)**

1. Go to [cinematickets.co.nz](http://cinematickets.co.nz)
2. Enter your ACCESS CODE: **nzma1**
3. Add vouchers to cart
3. Checkout and pay
5. Vouchers will be emailed to you
6. Then go to [eventcinemas.co.nz](http://eventcinemas.co.nz) or [rialto.co.nz](http://rialto.co.nz) and use the e-voucher code number and pin at the top of your vouchers when booking (there may be a booking fee if booking online) or go to the cinema and present your e-voucher on your phone or printed hardcopy when purchasing tickets
7. Enjoy your movie!

*PLEASE NOTE: Vouchers are valid for 12 months.*

*Upgrades apply for 3D/VMAX/IMX/Cinema Deluxe.*

# Member Advisory Service

## Medical records

Can you answer all of the following questions?

- How long must I retain medical records?
- Can health information be transferred?
- Can the obligation to retain medical records be transferred?
- How is health information to be retained?
- How do I dispose of Health information?

The NZMA Advisory Service has a resource that answers these questions and other issues covered in the Health (Retention of Health Information) Regulations 1996.

These flyers are available for members to download from the [NZMA advisory service](#) on our website. You must be logged in to view and/or download these flyers, or you can email [Robyn Fell](mailto:Robyn.Fell) for copies.

Vital Signs is your weekly bulletin about the NZMA and 'what's hot'.

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