



SING SAFELY PLAN FOR 2020-2021

UPDATED 12/14/20

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Thank you

Collaboration & gratitude

The health, safety, and well-being of our students, families, staff and community are our top priority. These plans were thoughtfully created with the help of many individuals and organizations. Thank you!

- ▶ Dedicated SLCC staff
- ▶ SLCC Board of Directors
- ▶ Ashleigh Goris, Manager of Infection Prevention and Control at Missouri Baptist Medical Center
- ▶ Government agencies: CDC, MAC, RAC, State & County Health Depts.
- ▶ Other choir orgs: ICC, Allegro, Chorus America
- ▶ Other children's orgs: Stages, COCA

Safety guidelines

Rehearsal Spaces

- In person rehearsal spaces will allow at least a 6' x 6' area between each person.
- PUCS Sanctuary (Choristers and Concert Choir): up to 30 singers *Max occupancy 314 @ 2,200 sf*
- PUCS Fellowship Hall (Children's Choir, Chorale, Young Men): 24 singers. *Max occupancy 305 @ 2,140 sf*
- Choir Office (Music Makers): 10 singers. *Max occupancy 110*
- HEPA air purifiers will clean air in every rehearsal space.
- Sanitization of air & surfaces.

Class Sizes

- In-person regular rehearsals will be limited to no more than 1 hour and no more than 10 - 30 singers in each rehearsal section according to the room size.
- For joint rehearsals in preparation for concerts, larger ensemble sizes will be limited to 25% room capacity.

Online Options

- All rehearsals will be available for at-home participation via ZOOM.
- Singers may participate from home, either temporarily or for the semester.
- An online only virtual Children's Choir section (1VC) for 3rd – 6th graders will rehearse every Wednesday from 5:00 – 6:00 PM. Class size maximum: 23 singers

Mask fitting importance

Poor fitting mask

- Gaps on the sides
- Nose not covered
- Loose around the edges

Better fitting mask

- No gaps on the sides
- Nose covered
- Fairly good fit around the edges

Well fitting mask

- No gaps
- Nose covered
- Tight around the edges - should leave a mask outline once removed
- Multi-layer
- Washable or disposable

FOLLOW THESE GUIDELINES TO PROPERLY WEAR YOUR FACE MASK



Wash your hands before and after touching the mask.



Touch only the bands or ties when putting on and taking off your mask.



Make sure the mask fits to cover your nose, mouth and chin. If you adjust the mask to cover those areas, wash your hands before and after.

TO PROTECT YOURSELF AND OTHERS, AVOID THESE COMMON MASK-WEARING MISTAKES



Don't touch your or your child's mask while it is being worn.



Don't wear the mask under your chin with your nose and mouth exposed.



Don't leave your nose or mouth uncovered.



Don't remove the mask while around others in public.



Don't share your mask with family members or friends.

Only singers may enter the buildings; lobbies closed until safe to open.

Singers should arrive 5-10 minutes early (but no earlier than 15 minutes) as there is no waiting area.

Prior to entering, temperatures will be taken using a non-contact scanner.

Anyone with a temperature over 100°F may not enter.

Singers should maintain physical distance of 6 feet from others.

Staggered arrival and departure times minimize contact.

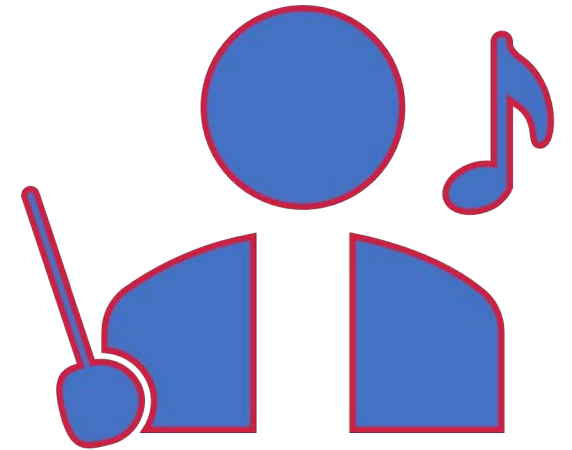
Singers *must* wear a clean well-fitted mask at all times (singer provides).

Singers *must* hand sanitize when entering rehearsal. Sanitizer will be provided.

Before we sing

As we sing

1. Singers *must* wear a well-fitted mask when singing.
2. Restrooms are for emergencies only. Students *must* use restrooms at home before rehearsals.
3. Drinking fountains will not be available. Students *must* bring their own water bottle.
4. Students with water bottles should bring their own personal hand sanitizer for use when removing/replacing their mask.
5. Singers *must* bring their own music. Extra copies will not be available.
6. There will be no snack breaks until further notice.
7. Separate HEPA air purifiers will provide optimal air cleaning/exchange during all rehearsals.



After we sing



Singers will maintain 6 feet of distance from other singers when exiting and while on choir property.



Singers will wear a well-fitted mask while exiting the building.



Singers will hand sanitize when exiting rehearsals (provided).



Students enter and exit using different doors whenever possible to limit cross-traffic exposure.



There will be a mandatory removal and disposal of any items left behind after each class.
(i.e., no lost and found)



Singers may not wait in the rehearsal room before or after a class.



Parents waiting to pick up students will maintain 6 feet of distance from others and wear a mask.

General policies

1. Singers and guardians will sign a COVID-19 Agreement to uphold SLCC guidelines and acknowledge the risk associated with choir activities.
2. Safety comes first. Attendance requirements will be adjusted to take into consideration missed rehearsals for health/safety concerns.
3. No in-person make-up rehearsals will be offered due to limited class sizes. Students may make-up rehearsals by attending extra ZOOM rehearsals.
4. Students who have traveled out of state (not Illinois) should self-quarantine for 7-10 days and attend rehearsal via ZOOM.
5. If a singer or family member has been exposed to, is being tested for, or has contracted COVID-19, the singer must self-quarantine and attend via ZOOM until they are symptom free AND have completed their quarantine.
6. If regular on-site rehearsals are suspended for any reason, directors will continue instruction online or in rotating small groups as allowed by health guidelines. Tuition will not be refunded in the event of online only instruction

Singer/family responsibilities

All persons attending rehearsals must be healthy for two weeks prior to the first rehearsal.

Health/wellness checks: Weekly self-examination as to fitness to attend rehearsal is required. Singers must be able to answer “no” to the following before every rehearsal:

1. Do I have an above normal temperature?
2. Do I feel any flu-like symptoms?*
3. Have I lost my sense of taste and/or smell?
4. Am I or a family member currently awaiting the result of a COVID-19 test?
5. Have I had contact with anyone who has been diagnosed with or who likely has symptoms associated with COVID-19?

* [Click here](#) for a list of symptoms from the CDC

Singer/family responsibilities – cont.

Before leaving home for rehearsal:

1. Make certain your singer has no COVID-19 related symptoms.
2. Have your singer use the bathroom at home and wash hands thoroughly. Rehearsal restrooms are for emergencies only.
3. Drinking fountains will not be available. To drink water during rehearsal, you must bring your own water bottle and personal hand sanitizer.
4. Bring only your essentials (music, pencils, and optional water bottle).
5. Make sure your masks are regularly washed or replaced.

Singer/family responsibilities – cont.

Notifications:

Immediately notify the Choir Office (not your director) at info@slccsing.org if:

- A singer has tested positive for COVID-19.*
- A member of the singer's household tests positive for COVID-19.
- A member of the singer's school classroom or other immediate group activity tests positive.

Despite the low-risk of infection, singers/parents in immediate rehearsal group will be promptly notified via email of any notifications received by a member of their group.

****Singers will be allowed to return to rehearsal once they can provide proof of a COVID-19 negative test.***

Resources

- ▶ www.cdc.gov
- ▶ www.stlcorona.com
- ▶ <https://services.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-planning-considerations-return-to-in-person-education-in-schools/>
- ▶ <https://medifyair.com/>
- ▶ <https://www.forceofnatureclean.com/natural-cleaner-and-disinfectant/>

Note: These policies and guidelines may be updated as more information becomes available. Please check the SLCC website (www.slccsing.org) for the most current information.

Thank you
and
welcome
back!

Thank you to the 248 families who have already enrolled their singers in Choir – we look forward to welcoming you and providing a wonderful choral experience in a safe and fun environment.

There is still room in many of our ensembles if you have not yet enrolled – or if you know a student that may be interested!

Please visit our website at www.slccsing.org or contact the Choir Office by phone at (314) 993-9626 or by email at info@slccsing.org