

## Remote Learning Guidance: PreK Student Schedule

### PreK Weekly Sample: 60 minutes

PreK children benefit from routines throughout the day. The suggested times for continued learning activities can be split into smaller chunks and spread across the day to keep children engaged. PreK children should also have time to play, rest, and help with household responsibilities like cleaning and preparing meals.

Activity	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Journal	House Rules: Caregiver will lead/support child to begin to build writing house rules about how to stay safe (while practicing / modeling writing letters and words)				
Morning Meeting 20 min	Google Meet with Classroom Teacher				
10 min: Skill Practice *Google Meet with Teacher	Building Trains: Build a train with your child with legos, cubes, shapes or other toys. Provide a handful of toys (between 3-9). Ask your child: How many pieces are in your train?If you added one more, how many would you have? Can you make another train with the same number of pieces?	Shake n’ Spill: Put 5 objects (pennies, beans) in a cup. Spill out a few. Guess how many are left in the cup. Ask, how did you know that? Then, check to see if you were right! For an extra challenge, try putting 10 objects in the cup.	Sort and Count Objects: i.e., crackers, cereal, shoes, barrettes. Ask how did you sort them? Ask how many?	Make Patterns: Take socks and make a pattern such as plain, striped, plain striped. Take blocks and make a pattern such as blue, red, red, blue, red, red.	Types of Coins: While showing coins, ask the students if they know the names of the coins that you hold up. Describe the attributes of each of the coins (the quarter is the largest, the dime is the smallest, the penny is a different color, etc.)
10 min: Reading	Read Aloud or Independent Reading: Children should pick a book that interests them! *Teacher Google Meet Conferences with Student Small Groups				
Movement Activities: Select from <a href="#">Activities to Stay Active at Home</a> Shared Play & Exploration					
15 min: Project	<a href="#">Clothes Project</a> : Children will explore the questions: What colors are you wearing today? Are you wearing clothes for hot or cold weather? Do you have a favorite shirt? What do you want to know about clothes? What clothes are you wearing today? *Teacher available to answer parent questions via Google Meet				
10 min: Enrichment	Math: <a href="#">Splat!</a> (Set 1.1)	Literacy: <a href="#">Fun Ways to Build Your Child's Literacy Skills While Doing Laundry Together</a>	Social Science: Create a time capsule with the 5 most important things you learned this year.	Arts: Musical Art - Turn on some music and draw what you see in your mind. What do you hear and feel?	Science: <a href="#">Shedd Aquarium Sea Curious video series</a>
Lunch & Quiet / Nap Time					
10 min: Reading *Google Stream available of teacher lesson modeling	Read-Aloud: A book with a theme about feelings when things are changing <a href="#">Questions to discuss with your child</a> : -Who is/are the character(s) in the story? -How is/are the character(s)	Read-Aloud: A book that brings familiar characters or predictable stories <a href="#">Questions to discuss with your child</a> : -What happened at the beginning, middle and end of the story?	Read-Aloud: A book with a theme about feelings when things are changing <a href="#">Questions to discuss with your child</a> : -How is/are the character(s) feeling at the end of the story?	Read-Aloud: A book that brings familiar characters or predictable stories <a href="#">Questions to discuss with your child</a> : -What type of story is it? (real or make believe) -What questions do you	Read-Aloud: Caregiver Choice! Repeat a book you've already read this week for a third read.

## Remote Learning Guidance: PreK Student Schedule

	feeling at the beginning of the story? -Do the character(s) feelings change?	-Where does the story take place? -Who are the characters in the story?	-How do you know? -How did this story make you feel?	have about the story?	
5 min: Skill Practice	<b>Charting Feelings:</b> Let's create a chart to show different ways to think about a character we read about.	<b>Reading Brainstorm:</b> Ask child to think about all the ways you could read books at home. Create a chart of all the ways we can read a book and count them.	<b>Shape Book:</b> Have fun creating a Shape Book by looking for objects around the room that match the shapes in the book. Look for - circle, square, triangle, rectangle, hexagon, octagon.	<b>Ramps:</b> Assist child in creating a ramp using cardboard. Have your child roll one object at a time and discuss what happened. (EG, the car rolled fast.) Arrange the ramp at different heights and repeat the process. Lay paper towel or fabric on the ramp and repeat the process. Discuss if objects rolled faster or slower with the paper towel or fabric.	<b>Does it Measure Up?</b> Assist your child in locating a few objects to measure & line up the items to ruler/measuring tape. Discuss the number of units. You can also use paperclips or other smaller objects if no ruler is available. (E.G. <i>How many paperclips long is ____.</i> ) <i>Discuss Which item is the longest?</i> <i>Which item is the shortest?</i>
Movement Activities: Select from <a href="#">Activities to Stay Active at Home</a> Free play outside with balls, jump rope, hula hoops, sidewalk chalk, etc.					
Afternoon Journal	<ul style="list-style-type: none"><li>• Write/Draw about how you are feeling now and something that made you feel happy today.</li><li>• Write/Draw about what you learned today and are excited to learn tomorrow.</li></ul>				
<b>Optional activities to include throughout the day:</b> <ul style="list-style-type: none"><li>• Clean Up: Clean up time helps the children to learn appropriate care for the materials and environment.</li><li>• “ABC Hand-Washing” - before meals and before and after outside play-time, practice washing hands with soap for 20 seconds while singing the ABC song (approx 20-30 seconds long)</li><li>• <b>Sign-up for a teacher conference to consult on developmentally appropriate activities to lead at home, and how to continue to support your child's development.</b></li></ul>					