

## Kindergarten Week 1: Summer Celebration

<b>Estimated Time</b>	Total Time: approximately 60-75 minutes/day Work at the pace that works best for you and your child.
<b>Grade Level Standard(s)</b>	All activities are aligned to Common Core State Standards for Kindergarten.  To learn more about these standards, please visit the following: <ul style="list-style-type: none"> <li>Common Core State Standards for Kindergarten Parent Roadmap: English Language Arts - <a href="https://www.cgcs.org/cms/lib/DC00001581/Centricity/Domain/36/Updated%20ParentGuide%20ELA%20K.pdf">https://www.cgcs.org/cms/lib/DC00001581/Centricity/Domain/36/Updated%20ParentGuide ELA K.pdf</a></li> <li>Mathematics - <a href="https://www.cgcs.org/cms/lib/DC00001581/Centricity/Domain/36/ParentGuide Math k.pdf">https://www.cgcs.org/cms/lib/DC00001581/Centricity/Domain/36/ParentGuide de Math k.pdf</a></li> </ul>
<b>Caregiver Support Option</b>	Participate with your child in the suggested activities below to facilitate shared learning.
<b>Materials Needed</b>	Paper, writing utensils (crayons, markers, pencils), scissors, glue or tape, paint  <b>Suggested Books:</b> <i>Summer/ Verano</i> by Ailie Busby <i>How I Spent My Summer Vacation</i> by Mark Teague <i>And Then Comes Summer</i> by Tom Brenner <i>Una Isla Bajo El Sol</i> by Stella Blackstone  <b>Links to additional digital resources available on the last page of the packet.</b>
<b>Question to Explore</b>	<ul style="list-style-type: none"> <li>What are my goals for the summer?</li> <li>What kinds of activities interest me?</li> <li>How can I participate in meaningful experiences?</li> </ul>
<b>Student Directions</b>	Each activity below has directions for you to follow.

### Day 1: Plan and Prepare for Summer

**Introduce the Topic:** Ask your child to think about some interesting things they'd like to do this summer. Begin with the following questions.

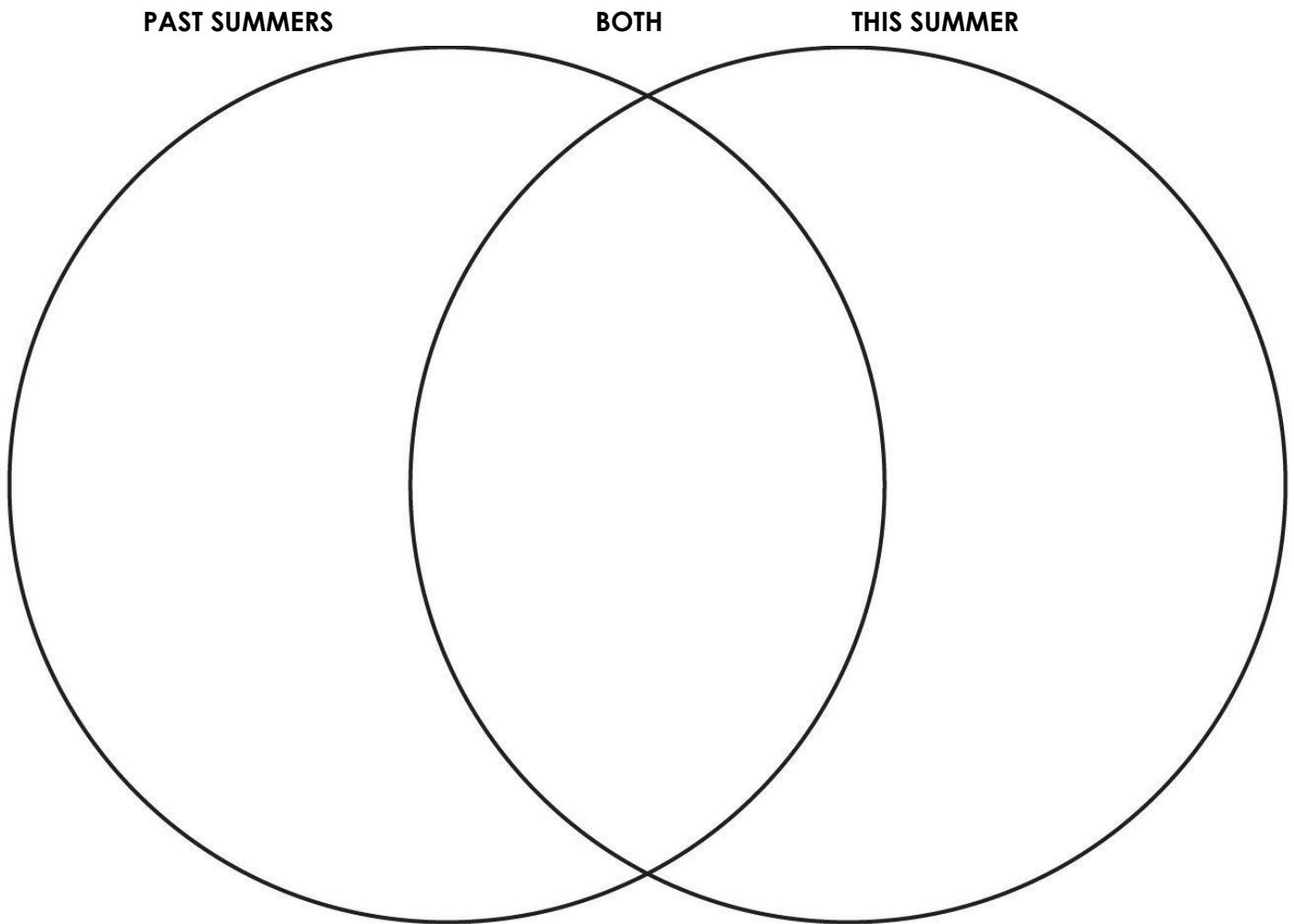
- What activities do we usually do during the summer?
- Which of those things can we do during the pandemic and which ones can we not do at the moment?
- How can we adapt our usual plans to make this a fun and eventful summer vacation?

Share some of your own ideas and observations about your past summer experiences.

**Learn & Discuss:** Explain to your child about any limitations you may have as a family due to the pandemic. As you assist in creating a plan, remind them that a child their age needs 10-11 hours of sleep in order to fully enjoy the days ahead. Allow your child to problem solve and think through alternate activities that might be comparable to previous plans (if applicable).

**Literacy Activity - Compare and Contrast Past and Present Summer Plans:** Have your child make a list of things they want to do this summer. Allow them to use the venn diagram below to compare and contrast activities you normally do with those in which you'll do this summer. Use bullet points and/or complete sentences.

### Venn Diagram



**Music/Movement Activity - Focus Ball Breathing:** Stand or sit with legs and feet together. Bring your palms together in front of your chest. Keep your fingertips together as you pull your palms apart, forming a ball with your fingers. Press your fingertips together until you feel the muscles in your hands and arms activating. See if you feel your core tighten too. Now close your eyes and as you breathe

in, inflate your ball and as you breathe out, flatten the ball by pushing your palms together. (Then repeat these instructions for 60 seconds).

**Math Activity - Sleep Graph:** Create a graph of the times you wake up and go to sleep each day. Find the sum of the total number of hours you slept for each day of the week. You can use this chart or create it on blank paper or a large poster board.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wake:	Wake:	Wake:	Wake:	Wake:	Wake:	Wake:
Sleep:	Sleep:	Sleep:	Sleep:	Sleep:	Sleep:	Sleep:
Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Wake:	Wake:	Wake:	Wake:	Wake:	Wake:	Wake:
Sleep:	Sleep:	Sleep:	Sleep:	Sleep:	Sleep:	Sleep:
Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:	Total Hours Slept:

**Extension Activity:** Create a reflection journal to explain your thoughts and feelings about your experiences this summer. Write down the activities you completed and set a new goal at the end of each day.

## Day 2: Make Time for Reading

**Introduce the Topic:** Ask your child to reflect on some of the stories you read or heard during the school year. Use the following questions.

- Which stories do you remember? What made them memorable?
- What were your favorite parts?
- On a scale of 1-5, with 5 being the highest, how many stars would you rate each book?
- What kinds of books do you prefer to read? Fiction or nonfiction?
- Which books do you recommend?

**Learn & Discuss:** Explain to your child that reading is exercise for your mind and thinking about the stories allows your brain to get stronger. Books allow us to experience other places, people and ideas

in many different ways. Authors and illustrators work very hard to make meaningful learning opportunities for people all over the world.

**Literacy Activity - Favorite Books:** As your child thinks through the most memorable stories they've read, allow them to create a list of their favorite ones. They can use the following template to recreate the front cover of each of their favorite books and/or illustrate a new front cover design. The pages can be combined to create their very own "Book of Favorites."

**Book Title:** \_\_\_\_\_

**Music/Movement Activity - Rain Storm:** Conjure up a rainstorm! Sitting or standing at a desk or table, have your child tap 1 finger on the desk, then 2, then 3, then 4, then their whole hand until you all feel like you're in the middle of a deluge. Work your way backward from 5 down to 1 as the storm ebbs away.

**Math Activity - Summer Reading Tracker:** Challenge your child to read at least one favorite or new book each day. Allow them to chart their reading and rating for each book. Ask your child to highlight any previous read books in one color and any new books in another color. They can determine which kinds of books they've read more of by finding the sum of each color and comparing the two numbers. You can find digital books in the CPS Library and other ebooks using this link - [https://drive.google.com/file/d/0B5h-J6sa\\_FTZUVrQUkydmtPVIZYbU5oOWNBSC1fQVp0dzEw/view](https://drive.google.com/file/d/0B5h-J6sa_FTZUVrQUkydmtPVIZYbU5oOWNBSC1fQVp0dzEw/view).

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Book Title:	Book Title:	Book Title:	Book Title:	Book Title:	Book Title:	Book Title:
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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**Extension Activity:** Have your child write a summary of each favorite or new book they read. After determining which books they read more of, create a new goal to read different kinds of books the following week or month. For example, switch from fiction to nonfiction, short stories to chapters or books to magazines. Allow them an opportunity to write and reflect on why they prefer some stories over others.

### Day 3: Signs of Summer

**Introduce the Topic:** Help your child to brainstorm all the ways they can tell when the season changes from spring to summer. Start by asking questions such as the ones below.

- When is the first day of summer?
- How is summer different from spring? How are the two seasons the same?
- What are some ways we can “see” and “feel” summer?

**Learn & Discuss:** Explain to your child that summer is important for many reasons. For most children, the summer vacation allows them to take a break and recharge for new learning in the fall. For many farmers, the food they planted during the spring-time begins to grow. In Chicago, we experience significantly warmer weather during the summer and get an opportunity to enjoy the outdoors more often than the other seasons.

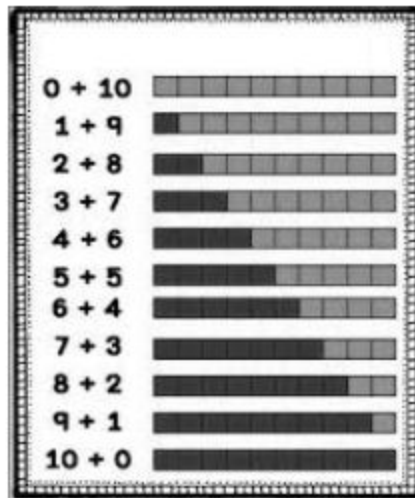
**Literacy Activity - Summer Walk:** Help your child choose a day and time to go for a walk. Work together to determine how long you’ll want to explore. Gather a pencil and paper and begin your walk. As you are walking, allow your child to write down as many signs of summer as they can. Examples include flowers, the sun, others playing outside, etc. You can repeat this as often as you’d like.

Date of Walk	Signs of Summer

**Music/Movement Activity - Facial Gymnastics:** Have your child get their silly on for 30 seconds. Tell them to wiggle their eyebrows up and down as fast as they can. Then try to raise one eyebrow at a time. Then switch back and forth between a smile and frown. Throw a sneer or two in for good measure.

**Math Activity - Nature Rocks!:** Gather a container as you are taking your nature walk. While observing signs of summer, have your child collect as many handheld rocks as they can carry in the container. Once home, clean and begin to sort the rocks. Ask your child to think of different sorting categories. Some examples include shape, size and color. Allow them to find the total sum or difference between the amount of rocks collected in each category (i.e. "I collected 5 fewer small rocks than large rocks.") Also assist them in finding ways to make 10 using the number of rocks collected. They can record the equations that equal 10 on blank paper.

### Ways to Make 10



**Extension Activity - Kindness Rocks:** After cleaning the rocks, gather some materials to decorate the rocks. Materials could include paint, markers or crayons. Challenge your child to write kind messages on the rocks and return them to the various places you gathered them from initially.



### Day 4: Sweet Summer

**Introduce the Topic:** Ask your child to think of some yummy treats they enjoy during the summer. Begin by asking some of the following questions.

- What's your favorite sweet treat or snack that we have in the summer?
- What ingredients are included?
- Do you think you could make this yourself? Why or why not?

**Learn & Discuss:** Explain to your child that writing and following a recipe is another fun way to practice their reading and writing skills. Recipes require step by step directions in order to be effective and can be saved and used over and over again.

**Literacy Activity - Summer Recipe:** After talking through the details of a recipe, allow your child to think of their favorite summer treat and what ingredients they'd need to create it. Assist them in writing out the ingredients, detailing each step of the process and adding an accompanying illustration.

**Recipe For:** \_\_\_\_\_

**Ingredients:**

_____	_____
_____	_____
_____	_____
_____	_____

**Directions:**

_____
_____
_____
_____
_____

**Illustration**

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**Music/Movement Activity: Cross Body Exercise:** Have your child stand tall and cross one leg in front of the other while pressing the outsides of their feet together. Now have them cross their arms over one another at the wrists. Clasp their hands and curl their arms into their chest. Take a few breaths, uncross and cross the opposite way for a few more breaths.

**Math Activity - Cooking Up a Math Game:** While creating your summer recipes, ask your child to keep count of the ingredients. Allow them to think through the following kinds of questions.

- How many cups of juice will you need to double the recipe for the drink?
- If you put 10 slices of mushroom on the pizza, put twice as many bell peppers.
- If there are 4 people in the family and 16 berries to divide equally among them, how many berries will each person get?

**Extension Activity:** Challenge your child to create a recipe for a summer treat that they haven't tried before. They can combine old ingredients to make a new and unique treat to share with friends and family.

### Day 5: Backyard Fun

**Introduce the Topic:** Ask your child to think about the things they'd need to go camping. Begin by asking some of the following questions.

- What is camping?
- What items do we need to survive?
- What activities do campers need to stay engaged during the night?

**Learn & Discuss:** Explain to your child that camping outdoors allows them to breathe fresh air. When you spend time near trees, you receive more oxygen. Camping is also a way to enjoy quality time with family and friends. People often enjoy camping in many places, including the woods, an RV, or even their own backyards. During camping trips there are many essentials that are needed to make the night fun and safe.

**Literacy Activity - Camping Trip:** Plan a backyard camping trip with your child or use any room available in your home. Ask them to brainstorm all the things they would need to survive and have fun. Help them decide what they will sleep on, what they will eat, what games or activities they will do throughout the evening and who they will invite.

When is it?	Who's Invited?	What's on the menu?	What activities will we do?	Other Essentials

**Music/Movement Activity - Imaginary Skateboard:** Have your child line up next to a wall and place one hand on the wall. Tell them to plant the foot closest to the wall and swing the other leg, as if pushing off the ground on a skateboard. Start slowly, with tiny swings, moving up to power pushes. Repeat on the other side.

**Math Activity - Camping Scavenger Hunt:** Allow your child to use the following recording sheets to identify the number of items they are able to find in the camping/backyard area (or anywhere outdoors). Ask them to complete the activity twice, once in the daylight and once at night with a flashlight and compare the total numbers. Let them reflect on the following questions.

- How many of each did I find?
- How many total items were found in the daytime? How many were found at night?
- Which items did I find more of? Why do you think this was the outcome?
- Was it easier or more difficult during the day or night? Why?

**Daytime Recording Sheet**

**Night Time Recording Sheet** (Don't forget your flashlight!)

Color in once found	Item name	Total number found		Color in once found	Item name	Total number found
☆	2 kinds of seeds			☆	2 kinds of seeds	
☆	Something smooth			☆	Something smooth	
☆	Something fuzzy			☆	Something fuzzy	
☆	A leaf			☆	A leaf	
☆	A rock			☆	A rock	
☆	A pinecone			☆	A pinecone	
☆	Something that makes noise			☆	Something that makes noise	
☆	Something you think is special			☆	Something you think is special	

**Extension Activity:** If you are able to actually camp in the backyard, allow your child to write a reflection the next day. They can respond to questions such as how they felt, what they liked and disliked about the experience, if they would try it again and any changes they would make the next time.

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**Additional Digital Resources:** Check out these additional resources with your child to extend your child's exploration of celebrating summer! As you work through these resources, continue to ask your child open-ended questions, such as:

- What are you most looking forward to today? Why?
- What is something you can do to make tomorrow a better day?
- How are you feeling? Why?
- Today was fun because\_\_\_\_\_.
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## Read Alouds

I See Summer

<https://www.youtube.com/watch?v=bTmJYJplghk>

The Night Before Summer Vacation

<https://www.youtube.com/watch?v=UT0oU9J9Zq8>

Black Out and How do you Know it's Summer?

<https://bookflix.digital.scholastic.com/pair/detail/bk0131pr/start?authCtx=U.642726498>

**PebbleGo** (articles, activities, and video) Username = cps Password = cps

People in Summer

<https://site.pebblego.com/modules/2/categories/2971/articles/2039>

Exploring Summer (book)

<https://site.pebblego.com/book/9781496625038>

## PBS Learning Media

Summer Vacation (interactive activity)

<https://www.pbslearningmedia.org/resource/d6453f6c-ed4a-47b3-86d1-6447ced99319/summer-vacation/>

Summer Reading (collection)

<https://www.pbslearningmedia.org/collection/literacy/>

Summer is fun in Alaska! (video)

<https://www.pbslearningmedia.org/resource/bt110.ela.early.summerisfuninalaska/summer-is-fun-in-alaska/>

## Math Learning Center - Math at Home

<https://mathathome.mathlearningcenter.org/kindergarten>

Kindergarten Activities of the Day

<https://mathathome.mathlearningcenter.org/activities-of-the-day>

Kindergarten Family Games

<https://sites.google.com/mathlearningcenter.org/math-at-home/family-games>