PREOMICS



Version 6.0 - For research use only

iST-NHS Sample Preparation Kit 192x

Pelleted cells & precipitated protein

Introduction

Sample preparation is one of the essential steps of bottom-up proteomics. The PreOmics iST sample preparation kit is designed to assist researchers achieving best results with few sample preparation steps and little hands-on time. For sample-specific protocols and optimization visit www.preomics.com/downloads or contact info@preomics.com.

Kit Contents per package, total of two packages

The kit contains everything to perform a complete sample preparation. It includes all chemicals to denature, reduce and alkylate proteins, as well as the enzymes to perform a tryptic digestion and a final peptide cleanup.

Component	Сар	Quantity	Buffer Properties		S	Description	Storage	
			Organic	Acidic	Basic	Volatile		
DIGEST		1 vial					Trypsin/LysC mix to digest proteins.	-20°C
RESUSPEND	\bigcirc	1x 20 mL				•	Reconstitutes lyophilized proteolytic enzymes.	RT
LYSE-NHS		1x 20 mL			•		Denatures, reduces and alkylates proteins.	RT
STOP		1x 15 mL	•	•		•	Stops the enzymatic activity.	RT
WASH 1		1x 25 mL	•	•		•	Cleans peptides from hydrophobic contaminants.	RT
WASH 2		1x 25 mL		•		•	Cleans peptides from hydrophilic contaminants.	RT
ELUTE		1x 25 mL	•		•	•	Elutes the peptides from the cartridge.	RT
LC-LOAD	\bigcirc	1x 25 mL		•		•	Loads peptides on reversed-phase LC-MS column.	RT
CARTRIDGE		96x					Cartridge for 1 to 100 μg protein starting material.	RT
WASTE PLATE		1x	1x			Deep well plate for collecting waste after washes.	RT	
MTP PLATE 1x		1x				LoBind plate for collecting peptides after elution.	RT	
ADAPTER PLATE 1x		1x					Enables cartridges to be placed on top of 96w plates	. RT

Pre-Requisites

Common lab equipment is required for the sample preparation.

Equipment	Quantity and Description				
PIPETTE	Careful sample handling and pipetting reduces contaminations and improves quantification.				
SAMPLE	Pelleted cells or precipitated protein. For other sample types contact PreOmics for adapted protocols.				
96 WELL PLATES 96 deep well & 96 well skirted plates to balance WASTE & MTP PLATES in centrifuge.					
HEATING BLOCK Two MTP plate heaters are recommended to support protein denaturation and digestion.					
CENTRIFUGE Swing-bucket centrifuges are required for loading, washing and elution.					
SONICATOR If the sample contains DNA, shear it by sonication (e.g. Diagenode Bioruptor®).					
VACUUM EVAPORATOR	Vacuum manifolds evaporate volatile buffers from the eluate before LC-MS.				
ULTRASONIC BATH	Optional: can be used to resuspend peptides.				
LABELING REAGENT	Labeling reagent (e.g. 400 μ g labeling reagent in 41 μ L dry acetonitrile for 100 μ g peptides).				
LABELING BUFFER	Anhydrous acetonitrile & quenching buffer (5% hydroxylamine), as recommended by the manufacturer.				
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1. LYSE DIGEST 4. PURIFY 3. LABEL Reduce & Alkylate 95°C 37°C RT RT LysC & Trypsin Label & Quench Wash & Elute

Quantity: 1-100 µg protein starting material www.preomics.com 1 of 2

Method

1. LYSE *Critical Note*

- 1.1. Add 50 μL LYSE-NHS to 1-100 μg of protein sample, place it in a HEATING BLOCK (95°C; 1,000 rpm; 10 min).*NOTE1*
- 1.2. Optional: Spin down droplets (RT; max. 300 rcf; 10 sec).
- 1.3. If the sample contains DNA, shear it in a SONICATOR (10 cycles; 30 sec ON/OFF). Let sample cool down to RT.

2. DIGEST

- 2.1. Add 5 mL RESUSPEND to DIGEST (1 vial for 96 reactions), invert vial several times (RT; 10 min).
- 2.2. Add 50 μL **DIGEST** to sample and place it in a pre-heated HEATING BLOCK (37°C; 500 rpm; 1-3 hours). *NOTE2*

3. LABEL

- 3.1. Resuspend LABELING REAGENT in anhydrous acetonitrile (e.g. 4:1 ratio of label:peptides).
- 3.2. Add resuspended LABELING REAGENT to sample, pipette up/down, incubate shaking (RT; 500 rpm; 1 hour).
- 3.3. Add 10 µL QUENCHING BUFFER (5% hydroxylamine) to sample, pipette up/down.
- 3.4. Add 100 μL STOP to sample (precipitation may occur), shake (RT; 500 rpm; 1 min), pipette up/down. *SP*

4. PURIFY

- 4.1. Use ADAPTER PLATE to place CARTRIDGE on top of WASTE PLATE. Label plate and wells.
- 4.2. Transfer sample to CARTRIDGE. Be careful not to damage the bottom layer of the CARTRIDGE.
- 4.3. Spin CARTRIDGE in a CENTRIFUGE (2,250 rcf; 1-3 min). If needed, adjust time to ensure complete flow-through.
- 4.4. Add 200 μL WASH 1 to CARTRIDGE, repeat step 4.3.
- 4.5. Add 200 μL WASH 2 to CARTRIDGE, repeat step 4.3. *SP*
- 4.6. Use ADAPTER PLATE to place CARTRIDGE on top of the MTP PLATE. Label plate and wells.
- 4.7. Add 100 μL ELUTE to CARTRIDGE, repeat step 4.3., keep flow-through in MTP PLATE.
- 4.8. Repeat step 4.7., keep flow-through in the same MTP PLATE.
- 4.9. Discard CARTRIDGE and place MTP PLATE in a vacuum evaporator (45°C; until completely dry).
- 4.10. Add LC-LOAD to MTP PLATE. Aim for 1 g/L concentration (e.g. 100 μL to 100 μg protein starting material).
- 4.11. Sonicate MTP PLATE tube in an ULTRASONIC BATH (5 min) or shake (RT; 500 rpm; 5 min). *SP*

Critical Note For automation processes, only use Protein LoBind plates as buffer reservoirs to avoid polymer contamination.

Contact us at info@preomics.com for advice on buffer and plasticware usage on liquid handling platforms.

NOTE1 Volumes of buffers can be adjusted according to protein starting amounts.

Lysis temperature should be between 60-95°C.

Visit our FAQ website for more information and optimized procedures for chemical labeling: www.preomics.com/faq.

NOTE2 During the digestion, place the silicon mat lightly on top of the **CARTRIDGE**.

Do not close the silicon mat tightly to prevent pressure buildup.

SP - Storage Point: At this point, close the peptide containing tube or **CARTRIDGE** using the silicon mat.

Peptides can be frozen at -20°C. Storage of peptides should not exceed two weeks at -20°C.

For extended storage, finish the protocol and store at -80°C.

Data analysis

Consider the following as fixed modifications in your database search:

MODIFICATION	DESCRIPTION	COMPOSITION	SPECIFICITY	MASS
ALKYKATION	Specific cysteine modification	C ₆ H ₁₁ NO	[C]	+113.084Da

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Material: Pelleted cells & precipitated protein Quantity: 1-100 µg protein starting material Version 6.0 - For research use only

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