

BREAKFAST

BIRCHER MUESLI

mango, nuts, seeds, apple, coconut
activated almond milk, honey

DF, V, SF FITNESS | DETOX

HONEY ROASTED COCONUT GRANOLA

poached papaya, cultured coconut cream
cashew nut milk

DF, V, SF FITNESS | SLEEP

NATIVE SEASONAL FRUIT

mango, pineapple, lychee, banana, mangosteen
coconut milk kefir, toasted seed crisp

GF, DF, VG, NF, SF FITNESS

COCONUT PANCAKES

mandarin, coconut palm sugar and toasted rice
mascarpone, honey

GF, V, NF

BATTAMBANG RICE PORRIDGE

smoked fish, Khmer sausage, salted white radish
preserved duck egg, pickled mustard greens

GF, DF, NF FITNESS

ORGANIC EGG OMELETTE

hand-picked mud crab, flowering chives
miso butter, fermented chili

GF, NF, SF FITNESS | SLEEP

BANH CHIAO

turmeric coconut crepe, organic chicken
green chili, cucumber, bean sprouts
aromatic herbs, sweet vinegar

DF, V, SF FITNESS

KIND-OF-LIKE BIBIMBAP

stir-fried free-range pork, kimchi, buckwheat
green onions, ginger, fried organic egg

DF, NF, SF FITNESS

NUM BAHN CHOK

Khmer noodles, Cambodian spice broth
coconut milk, poached chicken, river prawns
lotus, banana flower, sprouts, fresh herbs

GF, DF, NF, SF FITNESS | SLEEP

POACHED EGGS and HOLLANDAISE

shaved leg ham, spinach, toasted sourdough muffin

NF, SF

5 MINUTE SOFT BOILED HENS-EGGS

thick cut rye, herb cultured butter, crispy bacon

NF, SF

SOURDOUGH WAFFLE and POACHED EGG

hickory smoked salmon, horseradish creme, watercress

NF, SF

sides of - sliced avocado, grilled bacon, thyme roasted tomato, king brown mushrooms, smoked salmon
fermented pickles - kimchi, red cabbage kraut, ginger fennel kraut, pickled mustard greens, cucumber pickles

DRINKS

JUICE

VITAMIN SEA
orange, carrot, grapefruit
lemon, mint

EARLY RISER
beetroot, apple, carrot
pomegranate, ginger, lime

KRABEY SUNRISE
pineapple, passionfruit, orange
apple, lemon, lime

EMERALD AURA
kiwi, apple, spinach, mint
cucumber, kale, ginger

VITALITY BOOST
carrot, turmeric, apple
orange, lemon

SMOOTHIES

MANGO LASSI
mango, pineapple, coconut water
banana, chia

GREEN
kale, pineapple, spinach, avocado
orange juice, apple, cucumber

VITTORIA COFFEE

COLD BREW

FRENCH PRESS

ESPRESSO

MACCHIATO

AMERICANO

PICCOLO LATTE

LATTE

CAPPUCCINO

HOUSE MADE MILKS

cashew milk

almond milk

macadamia milk

rice milk

pumpkin seed chai

LOOSE LEAF TEA by T.E

LONG JING
pure green tea
DETOX

SPA IN A CUP
lemongrass, Japanese peppermint
mulberry green tea
DETOX, SLEEP

TROPICAL WONDERLAND
butterfly pea, coconut, pandan
bael fruit, purple rice, stevia
DETOX

MIDSUMMER DREAM
french rose, hibiscus, stevia
mulberry green tea
DETOX

SILENT LULLABY
chamomile, chrysanthemums, ginger
licorice, organic marigold
DETOX, SLEEP

KISS FROM A ROSE
French rose, peppermint,
organic Assam black tea
DETOX

MIDNIGHT EARL GREY
lavender, peppermint, turmeric
organic Assam black tea
DETOX

bread

STONE GROUND WHOLE-WHEAT SOURDOUGH <i>spent crisps, cultured butter</i> V NF SF	3
ROSEMARY FOCACCIA <i>Kampot salt flakes, extra virgin olive oil</i> V NF SF	3

starters

KHMER SPICED CHICKEN WINGS <i>scallop, ginger, caramelized pineapple</i> GF DF NF	13
SASHIMI OF COBIA <i>fresh coconut cream, green chili, pomelo, sweet basil, lime leaf</i> GF DF NF	16 fitness detox
LIGHTLY CURED ATLANTIC SALMON <i>ginger, orange, hot mint, iceberg, crispy fish, xo sauce</i> GF DF NF	14 fitness
RAW VEGETABLE MAKI ROLL <i>cucumber, daikon, avocado, green mango, enoki mushroom, tamarind and lemongrass</i> GF DF V NF	12 fitness detox sleep

salads

MIANG OF MUD CRAB <i>prawn, pomelo, coriander, peanuts, lime leaf, red chili Koh Kong</i> GF DF	15 detox sleep
COCONUT POACHED FREE-RANGE CHICKEN <i>banana blossom, smoked fish, cucumber, salmon roe</i> GF DF NF SF	16 fitness sleep
GREEN BOWL <i>broccolini, avocado, shiitake, sprouted lentils, quinoa, cabbage-ginger kraut, cashew dressing</i> GF DF VG SF	14 fitness detox sleep
POKE BOWL OF MARINATED SALMON <i>kim chi, Koshihikari rice, radish, avocado, cucumber, furikake, edamame, red perilla</i> GF DF NF	17 fitness detox

sandwiches

NUM PANG PATE <i>red roasted pork, chicken liver parfait, crisp pork ears, chili sambal, pickled vegetables</i> NF	15
POACHED RIVER PRAWNS <i>tartare sauce, watercress and iceberg, avocado, white loaf, house made crisps</i> NF SF	13
CHICKEN KATSU SANDO <i>fried organic chicken, shaved cabbage and apple slaw, lemon mayonnaise</i> DF NF SF	16
GRASS-FED BEEF and BACON BURGER <i>gruyere, pickle, toasted brioche, hand cut chips, aioli</i> NF	17
BATTERED LOCAL SNAPPER BURGER <i>fennel, cabbage and flowering chives, baby cos, caper mayonnaise</i> NF	17

pasta and noodles

WHOLE-EGG SPAGHETTI <i>blue swimmer crab, garlic, chili, tomato, basil</i> NF SF	17 sleep
ROAST DUCK and EGG NOODLES <i>ginger and spring onion, salted duck yolk, spiced broth</i> DF NF SF	20 fitness
SAMLOR KHMER <i>hand-made rice noodles, Takeo lobster, water lily, banana blossom, fresh herbs</i> GF DF NF	16 sleep

main plates

SEARED SEA BASS <i>Cambodian style kuri sauce, coconut sambal, fried curry leaves, steamed Battambang rice</i> GF DF NF SF	24 fitness detox
GRILLED WHOLE SQUID <i>pork and scallop relish, green onions, fermented green chili</i> GF DF NF SF	23 fitness
PAN FRIED CORAL GROUPE <i>broccoli garlic puree, river prawns, flowering chives, coriander oil</i> GF NF VG	27 fitness
FISH and CHIPS <i>lightly battered red snapper, triple cooked hand-cut chips, tartare sauce, seaweed salt, lemon</i> DF NF SF	21

sides

MARINATED CUCUMBER SALAD <i>sesame dressing, sunflower and pumpkin seeds, nori</i> GF DF VG NF SF	7 fitness detox sleep
BRAISED LONG BEANS <i>morning glory, broccolini, green tomato, miso, ginger</i> GF DF VG NF SF	8 fitness detox sleep
FRIED BATTAMBANG RICE <i>fried organic chicken, egg white, toasted sesame, crispy garlic</i> DF NF SF	8
TRIPLE COOKED HAND-CUT CHIPS <i>spiced salt, aioli</i> DF SF	6
GREEN LEAVES, SOFT HERBS <i>shaved fennel, radish, apple cider vinaigrette</i> GF DF VG NF SF	6 fitness detox



bread

STONE GROUND WHOLE-WHEAT SOURDOUGH <i>spent crisps, cultured butter</i> V NF SF	3
ROSEMARY FOCACCIA <i>Kampot salt flakes, extra virgin olive oil</i> V NF SF	3
PECORINO GRISSINI <i>san Daniele prosciutto, bottarga, watercress</i> NF SF	7

starters

PRESSED FREE-RANGE CHICKEN TERRINE <i>oyster cream, compressed cucumber, pink pepper</i> GF NF	16	fitness
SASHIMI OF COBIA <i>fresh coconut cream, green chili, pomelo, sweet basil, lime leaf</i> GF DF NF	16	fitness detox
LIGHTLY CURED PINK SNAPPER <i>ginger, green mango, peanuts, smoked fish floss, crispy garlic</i> GF DF SF	14	fitness detox
SLIPPER LOBSTER AMOK <i>Khmer spices, noni leaf, young coconut, Battambang rice</i> GF DF NF SF	15	sleep
MIANG OF MUD CRAB <i>prawn, pomelo, coriander, peanuts, lime leaf, red chili Koh Kong</i> GF DF	15	detox sleep
CHILLED SPICED GREEN TOMATO SOUP <i>hand picked mud crab, cultured cream, cucumber, apple</i> GF NF	16	sleep
POACHED ARROW HEAD SQUID, FRIED TENTACLES <i>ink romesco, green chilli, aioli, lime</i> GF DF SF	16	

pasta and noodles

WHOLE-EGG SPAGHETTI <i>blue swimmer crab, garlic, chili, tomato, basil</i> NF SF	17	sleep
HAND-ROLLED SQUID INK CAVATELLI <i>calamari, mud crab, mustard greens, chili, crispy garlic</i> DF NF SF	18	
ROAST DUCK and EGG NOODLES <i>ginger and spring onion, salted duck yolk, spiced broth</i> DF NF	20	fitness
SAMLOR KHMER <i>hand-made rice noodles, Takeo lobster, water lily, banana blossom, fresh herbs</i> GF DF NF SF	16	sleep



grill

GRASS-FED CAPE GRIM SCOTCH FILLET <i>horseradish cream, herb pistou, lemon</i> GF NF SF	38	fitness
GRILLED WHOLE LOCAL SQUID <i>pork and scallop relish, green onions, fermented green chili</i> GF DF NF	23	fitness
BARBECUED YOUNG CHICKEN <i>peanut satay, cabbage and cucumber pickles, chili sambal, rolled flat breads</i> GF DF	24	fitness
SPLIT KING RIVER PRAWNS <i>turmeric and kombu butter, red long pepper</i> GF NF SF	33	detox sleep

main plates

STIR-FRIED KAMPOT MUD CRAB <i>turmeric, chili, garlic, green Kampot pepper, basil, flowering chives</i> DF NF	35	fitness
PEA EGGPLANT and COCONUT GREEN CURRY <i>snake bean, bamboo, coconut heart, bean curd, green peppercorns, sweet basil</i> GF DF VG NF SF	20	detox sleep
BRAISED CAPE GRIM BEEF CHEEK <i>Minang-style rendang, gingered pumpkin, cucumber salad, coriander chutney</i> GF	26	fitness
GRILLED BARRACUDA IN BANANA LEAF <i>Khmer spices, coconut, tamarind, pineapple, lime leaf</i> GF DF NF	25	fitness sleep
PAN FRIED CORAL GROUPEL <i>broccoli garlic puree, river prawns, flowering chives, coriander oil</i> GF NF SF	27	fitness

sides

MARINATED CUCUMBER SALAD <i>sesame dressing, sunflower and pumpkin seeds, nori</i> GF DF VG NF SF	7	fitness detox sleep
BRAISED LONG BEANS <i>morning glory, broccolini, green tomato, miso, ginger</i> GF DF VG NF SF	8	fitness detox sleep
FRIED BATTAMBANG RICE <i>fried organic chicken, egg white, toasted sesame, crispy garlic</i> GF DF NF SF	8	
TRIPLE COOKED HAND-CUT CHIPS <i>spiced salt, aioli</i> DF DF NF	6	
GREEN LEAVES, SOFT HERBS <i>shaved fennel, radish, apple cider vinaigrette</i> GF DF VG NF SF	6	fitness detox