

mini guide

End distracted driving, **SAVE LIVES**. Promote digital wellness, **CHANGE LIVES**.



Re-Launch TextLess Live More this school year for a safer, more connected community.

Activate your community in three easy steps:

the pledge

the presentation

the GetLiving campaign

the pledge

WHAT IT IS

A promise to yourself and your community that you will never drive distracted.

I pledge to never text, post, stream or engage in any form of digital distraction behind-the-wheel to save lives, prevent tragic crashes and make driving safe for everyone.

WHAT TO DO

You've got options:

- **A.** Pass out pledge cards for community members to sign and keep in their cars or wallets.
- **B.** Create a pledge banner to be colorfully signed and displayed in a public place.
- **C**. Sign online to make your pledge official and receive TLLM updates.

WHAT YOU NEED

Dw, it's all free.

pledge sheet:



online pledge:





pledge pack:



blue bracelets:



(use code TLLMMINI)

the presentation

WHAT IT IS

The TLLM presentation can be shared with your community by any member of the TLLM team – which includes you!

Use our slideshow and facilitation guide to educate others about the dangers of distracted driving and the importance of digital wellness. Don't forget to make it your own!

WHAT TO DO

You've got options:

- **A.** Download the slideshow and facilitation guide and familiarize yourself with the material and activities. Fill in the parts that are specific to your community. Feel free to reach out to us at info@textlesslivemore.org with any questions.
- **B.** Request a presentation from a member of the TLLM Staff! We are always excited to visit your community and enter into conversation with you about this important topic.

WHAT YOU NEED

Dw, it's all free.

presentation slideshow: facilitation guide:

presentation swag kit:



presentation request form:



the GetLiving campaign

WHAT IT IS

The GetLiving Campaign is TLLM's monthly initiative campaign.

Designed by the students on the Engagement Board to help you Live More all year, each month presents a new way to live in the moment. Choose the months you love and challenge yourself, your friends, and your family to GetLiving.

WHAT TO DO

You've got options:

- **A.** Review the GetLiving Calendar for the year.
- **B.** Choose the month you want or the initiative that speaks to you the most!
- **C.** Gather your squad and, using the month-by-month guide, plan an event large or small.
- D. GetLiving!

WHAT YOU NEED

Dw, it's all free.



GetLiving calendar:



month-by-month guide:





Don't forget to share how you TextLess and Live More with your friends and family (and us!)

Tag us and use our hashtags for a chance to be featured on the TLLM Instagram page and win exclusive gear!

INSTAGRAM: otextless_livemore

HASHTAGS: #LiveMore #GetLiving #TextLessLiveMore



