

# DERMATOLOGY



Face & Body

Laser

Spa

The Dermatology and Laser Department at AlHayat Medical Center offers a vast range of treatments and packages for all your skins needs.

- Facial analysis
- Facial rejuvenation
- Skin tightening and lifting
- Anti-aging and wrinkle treatments
- HydraFacial
- Fillers and Botox
- Carbon laser
- Skin lightening (for sensitive areas & face)
- Acne & post acne scar treatments
- Laser hair removal
- Tattoo removal
- Chemical peels
- Non-surgical blepharoplasty
- Hair loss treatment
- Massage (relaxation & post-operative)
- Post-partum massage
- Slimming & body contouring

## **Facial Analysis**

Prior to beginning any treatments or skin regimens, it is important to truly know and understand your own skin. This is why we start each session with a digital facial analysis. Your facial analysis will determine your skin type, areas of concern, underlying skin damage, as well as fundamental insights into the overall condition of your skin. With that information, your treatment plan can be more specifically and accurately tailored to your skin's needs and used to compare your skin before and after treatment.

## Facial Rejuvenation

Our facial rejuvenation treatments are for restoring and preserving a youthful appearance. With either a one-time treatment or a treatment package, we will work closely with you to ensure that you leave looking and feeling like your best self.

## Skin Tightening and Lifting

Starting at the age of 25, the skin's collagen production begins to decrease, leading to sagging, hooding, and drooping. We offer services based on your unique needs to restore the firmness and lift to the skin for both your face and body. Keep your skin in its optimal condition with our range of treatments and facials, designed to lift and tighten wherever you need it most.



## Anti-Aging and Wrinkle Treatment

We believe in the concept of “well-aging”: keeping skin smooth, soft, and in its absolute best condition. Sun damage, wrinkles, sagging skin, hooded eyes, dry skin, undereye circles and blackness, and a loss of volume and collagen are all issues that one may encounter with age. We aim to give you youthful glowing skin with personalized treatments based on your specific concerns.

## HydraFacial

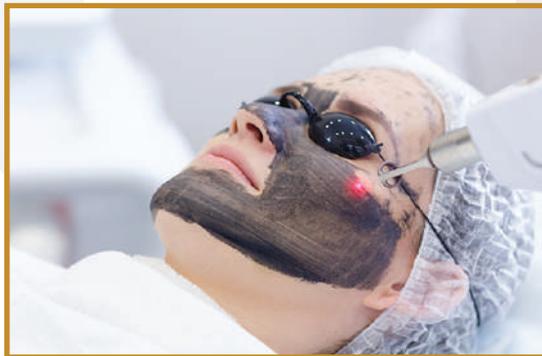
HydraFacials are well-loved by patients of all ages and skin types. Simultaneous cleansing, exfoliation, extraction, hydration and antioxidant protection leaves you with skin that is clear, hydrated, and plump. Your HydraFacial can also be personalized for your personal skin requirements and is suitable for all skin types, including sensitive skin.

## Fillers and Botox

We take the utmost pride in providing only the highest quality ingredients for Botox and fillers. The fillers we offer are pure hyaluronic acid, a substance naturally found in the body that creates the appearance of fullness and volume. Fillers will help restore volume in any part of the face and body that has been lost due to age, excessive weight loss, sun exposure, or hormonal imbalances. Botox is used to temporarily “freeze” muscles, thus diminishing the appearance of fine lines and wrinkles. Botox can also be used to prevent excessive sweating in both the face and body.

## Carbon Laser

This facial is the ticket to smooth, radiant skin. Requiring no downtime, the carbon facial evens skin tone, stimulates collagen, targets the effects of sun damage, clears pores, and instantly rejuvenates the skin. Deeper layers of the skin are targeted so that the surface exudes a cleansed glow, skin irritation is reduced, blackheads expunged, and pores appear smaller. You are left with glowing, radiant skin immediately after your facial.



## Skin Lightening (for sensitive areas and face)

Delicate parts of the body that are mostly unexposed tend to be softer and more susceptible to darkening. Treating these areas should only be done under the guidance of a dermatologist, which is why we provide the safest, most up-to-date treatments that will provide the desired results while preserving the sensitivity of delicate skin.

## Acne and Post-Acne Scars Treatments

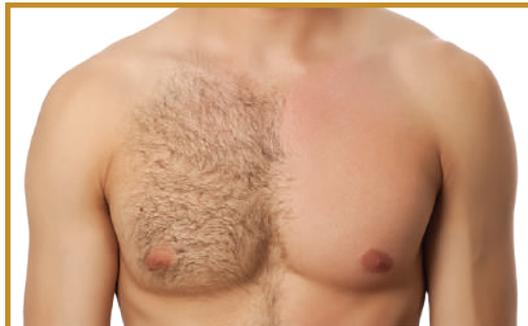
Our dermatologists have extensive experience in treating different types of acne, including adult-onset acne, hormonal acne, and cystic acne. Not only will you be provided with a treatment plan to target and prevent breakouts, but we will also help progress your journey to great skin with post-acne issues, including post inflammatory erythema, post inflammatory hyperpigmentation, and skin texture.



## Laser Hair Removal

The Dermatology Department is home to a range of laser hair removal machines for all skin and hair types. Our machines targets hair removal for both light and dark skin and hair.

Several sessions are usually required to obtain the desired results, and we are happy to offer laser hair removal packages for various body parts. You can select a single session or a package for any area of the face and body, or mix and match different areas to treat



## **Tattoo Removal**

Whether it is a tattoo that you wish to remove or one that simply went wrong, we offer single sessions or packages to remove black and colored ink. Tattoos will have varying requirements for removal based on size, color, and age of the tattoo.

## **Chemical Peels**

The advancements in chemical peels have been extraordinary. Chemical peels are perhaps the most effective and instantaneous treatment for fine lines, sun damage, wrinkles, certain types of acne, and uneven skin tone. We offer a wide variety of chemical peels, each comprised of different types and strengths of skin-resurfacing acids, that will revitalize and rejuvenate the skin.

## **Non-Surgical Blepharoplasty**

Excess skin on the eyelids can be both aesthetically inconvenient and practically uncomfortable. Our team provides a safe, non-surgical method for the removal of skin lesions and excess skin. Your eyes will be lifted, tightened, and look more youthful without the use of a scalpel. Our team will assess if you are a good candidate for this treatment during your initial consultation.

## **Hair Loss Treatment**

Thinning and loss of hair is a common issue that can be either hereditary or may develop with age. Whether this is a recent development or a long-term issue, we offer a range of treatments that target your particular concern. Our treatments range from laser therapy to injectables; a complete treatment plan utilizing one or more treatment options will be developed for you during your consultation.

## **Massage (relaxation and post-operative)**

Whether it has been a long day at work, a stressful life event, or you simply want to pamper yourself, we offer several types of massages that will unknot your tightest muscles and help you unwind and relax.

## **Post Consistency-Partum Massage**

We offer post consistency-partum massage, which is an essential indulgence for your body after the stress of pregnancy. A post consistency-partum massage will assist in lymphatic drainage of retained water, reduce edema, lowers stress hormones, and alleviate residual aches and pains of pregnancy. Post consistency-partum massages also increase circulation to eliminate excess fluids that have accumulated in the body throughout pregnancy, while tissue stimulation assists your body in shifting water to the right places.



## **Slimming and Body Contouring**

Our team of specialized doctors and nurses are intricately trained in the latest treatments for body slimming and contouring with the highest quality and clinically proven body care products, ensuring desirable results for each treatment.