



Part 5: Trusting While Waiting

INTRODUCTION

What do we do when we've been adjusting our sails so that we might catch wind again, and yet, our adjustments are not bringing the desired effect? While we can control our sails, we can't manufacture the wind. So what do we do in the waiting, especially when we don't feel that patience is our strongest virtue?

LET'S TALK ABOUT IT

1. If you were to rate your ability to be patient on a scale from 1 (not patient at all) to 10 (incredibly patient), how would you rate yourself?
2. Those in the group who rated 5 or better, what do you think helps you be more patient? For everyone, what impacts your ability to have patience?
3. Is there a part of your life where you are experiencing having to wait? What is going on? How are you coping?
4. Have you ever tried to "help God along" like Sarai and Abram did? What was the result?
5. Have you ever seen this to be true in your life: "Trusting doesn't always lead to getting what you want, but it does lead to getting what you need"?

THIS WEEK

Spend some time each day meditating on Psalm 40:1-3. At the end of a week, check in with yourself and notice how you might now score yourself on the "patience scale."

"I waited patiently for the Lord to help me, And He turned to me and heard my cry.
He lifted me out of the pit of despair, Out of the mud and the mire.
He set my feet on solid ground, He steadied me as I walked along.
He has given me a new song to sing, A hymn of praise to our God
Many will see what He has done and be amazed, They will put their trust in the Lord."

Psalm 40:1-3