



Part 2: The Greatest Enemy of Our Relationships

INTRODUCTION

Do you know you? In every relationship, the most consistent thing is you. And in every relationship, there will be relational gaps and when these gaps come up, it will trigger what is in you to come out of you, regardless of who is with you. When we know ourselves well, it directly improves the quality of our relationships.

LET'S TALK ABOUT IT

1. If you're super honest with yourself, how well do you think you know yourself on a scale from 1 to 10?
2. Have you been on the other side of someone who is not self-aware? How has that impacted your relationship with that person?
3. Think about this statement: *Be aware of your emotions, but don't become your emotions.* What is the difference between being aware and becoming? Share a time when you've become your emotions. What effect did this have on your relationship?
4. Who are some people you might need to ask the question: *What is it like on the other side of me?* How does it make you feel to think about listening to his/her answers? What do you think s/he will say?
5. Are there areas of your life where you know you need to dig in and really explore why you are the way you are or why you typically react the way you do?

THIS WEEK

Pledge to become aware of your relational blind spots by asking someone close to you this question: *What is it like on the other side of me?* Take some time to process what s/he says to you and talk to God about it. Where can you grow? What parts of yourself do you need to investigate further?

"If you do what is right, will you not be accepted? But if you do not do what is right, sin is crouching at your door; it desires to have you, but you must rule over it."

Genesis 4:7