

LOVE HANDLES

FOR GREAT RELATIONSHIPS

Part 4: Let's Talk About... Well, You Know

INTRODUCTION

It would seem very incomplete to have a series on relationships and not have a real conversation about physical intimacy, and more specifically sex. Our culture reflects a very different idea of sex than the ideas that God has about it. What does God think about sex and why is it the first commandment given to Adam and Eve? Why is it that sex is so crucial to our marriages, but has the potential to be so confusing and even devastating outside of marriage?

LET'S TALK ABOUT IT

1. What do you think about the first commandment, "Be fruitful and multiply?" Does this surprise you that this is the first one?
2. How does the idea that sex is not just physical because you are not just physical resonate with you?
3. Thinking that you were bought with a price by God, would that have had an impact on your previous life choices? Present day choices?
4. What about this message has given you pause to think about more deeply?

THIS WEEK

Our Love Handle this week is that sex is not just physical...it's so much better than that. Think through these questions this week:

If you're single: What restraints would allow me to experience physical intimacy as it was designed to be?

If you're married: What would it look like to talk about physical intimacy?

"I have the right to do anything," you say—but **not everything is beneficial**. 'I have the right to do anything'—but I will not be mastered by anything. The body, however, is not meant for sexual immorality but for the Lord, and the Lord for the body."

1 Corinthians 6:12, 13