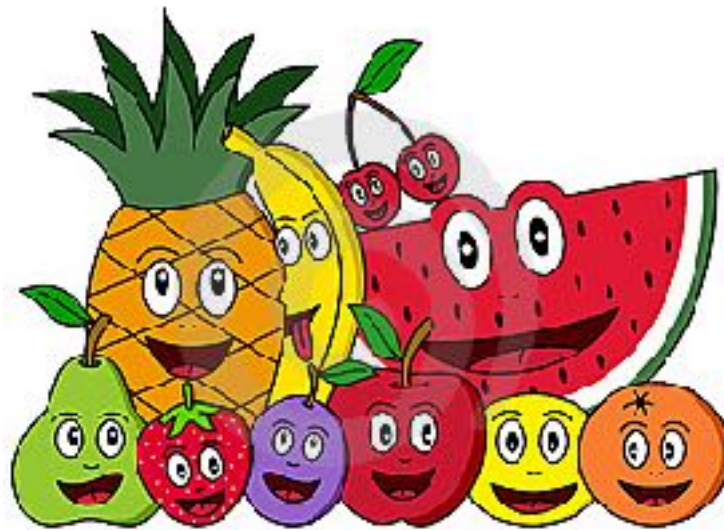


Danegrove School

Lunch Menu



Autumn Term

November 2019

£2.30 or Free to
Reception, Year 1 & Year 2 pupils



Danegrove Autumn Menu

Week 1

Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Fish Sausages in a roll	Meat/Fish Chicken in White Sauce	Meat/Fish Beef Lasagne	Meat/Fish Roast Beef and Yorkshire Pudding	Meat/Fish Lincolnshire Fish Cakes
Vegetarian 1 Vegetarian Sausages	Vegetarian 1 Quorn Pieces in White Sauce	Vegetarian 1 Quorn Lasagne	Vegetarian 1 Cauliflower Cheese & Broccoli Bake	Vegetarian 1 Cheese and Onion Pastry
Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce
Potatoes/ Carbohydrates Baked Jacket Potatoes	Potatoes/ Carbohydrates Baked Jacket Potatoes Rice	Potatoes/ Carbohydrates Baked Jacket Potatoes Garlic Bread	Potatoes/ Carbohydrates Baked Jacket Potatoes Roast Potatoes	Potatoes/ Carbohydrates Baked Jacket Potatoes Steak Fries
Dessert of the Day Strawberry Angel Delight	Dessert of the Day Doughnuts	Dessert of the Day Apple Crumble & Custard	Dessert of the Day Cake with Sprinkles & Custard	Dessert of the Day Shortbread fingers

Week 2

Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Fish Cheese Burger in an Unseeded Bun	Meat/Fish Cottage Pie	Meat/Fish Chicken Korma	Meat/Fish Roast Turkey & Stuffing	Meat/Fish Jumbo Fish Fingers
Vegetarian 1 Vegetable Burger in an Unseeded Bun	Vegetarian 1 Quorn Cottage Pie	Vegetarian 1 Quorn Korma	Vegetarian 1 Aubergine, Tomato & Mozzarella Bake	Vegetarian 1 Vegetable Fingers
Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil and Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce
Potatoes/ Carbohydrates Baked Jacket Potatoes Crispy Cubes	Potatoes/ Carbohydrates Baked Jacket Potatoes Crispy Cubes	Potatoes/ Carbohydrates Baked Jacket Potatoes Rice & Naan Bread	Potatoes/ Carbohydrates Roast and Baked Jacket Potatoes Roast Potatoes	Potatoes/ Carbohydrates Baked Jacket Potatoes Steak Fries
Dessert of the Day Peaches & Cream	Dessert of the Day American Pancakes with Sauce and cream	Dessert of the Day Black Cherry Crumble & Custard	Dessert of the Day Cake with Sprinkles & Cream	Dessert of the Day Ginger Bread Men

Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Meat/Fish Chicken Nuggets	Meat/Fish Pepperoni Pizza	Meat/Fish Macaroni Bake with Mince and Tomatoes	Meat/Fish Roast Lamb	Meat/Fish Jumbo Fish Fingers
Vegetarian 1 Quorn Nuggets	Vegetarian 1 Cheese Pizza	Vegetarian 1 Macaroni Cheese	Vegetarian 1 Cheese & Onion Pasty	Vegetarian 1 Mediterranean Quiche
Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce	Pasta Bar Grated Cheese Tuna Sweet Basil & Tomato Sauce

Potatoes/ Carbohydrates Baked Jacket Potatoes Potatoes Waffles	Potatoes/ Carbohydrates Baked Jacket Potatoes Crispy Cubes	Potatoes/ Carbohydrates Baked Jacket Potatoes	Potatoes/ Carbohydrates Roast Potatoes Baked Jacket Potatoes	Potatoes/ Carbohydrates Baked Jacket Potatoes Steak Fries
Desert of the Day Raspberry Angel Delight	Desert of the Day Belgium Waffles with Cream and Sauce	Desert of the Day Plum Crumble	Desert of the Day Banana Cake	Desert of the Day Oat and Raisin Biscuits

Every day children will also have a selection of hot vegetables, a choice of seasonal Salads plus fresh fruit salad, assorted yogurts, cheese & biscuits and fresh fruit selection to choose from.

Do you know where your school lunches come from?

We don't just mean the school kitchen; we mean right from where it starts. In Danegrove we are actively trying to reduce our carbon footprint and are proud to be using local food in our school lunches, and here's how ...

We buy our meat from local butchers, Normans and Moores.

All of our fresh fruit and vegetables are delivered daily from the village.

**If you wish to get in touch with us just call
020 8449 4024**



Universal Infant FREE School Meals
So many more infant children in Danegrove are now enjoying a healthy balanced meal every day. If your child has a packed lunch why not try a FREE school meal. It could save you £380 per child per year.

Allergen Awareness

Since December 2014 information must be made available about the allergen present in all our recipes. There are 14 allergens that must be declared. They are

- Cereals
- Crustaceans
- Eggs
- Fish
- Peanuts
- Nuts (all nuts identified)
- Milk
- Soybeans
- Celery
- Mustard
- Sesame
- Sulphur Dioxide or Sulphites
- Lupin
- Molluscs

All our Catering Assistants have completed Allergen Awareness training to support children with allergies. For further information on Allergens in this menu please contact the office for an allergen report.