

I AM EXCITED TO GIVE YOU THIS

TABLET

BUT THERE ARE SOME RULES THAT COME ALONG WITH IT...

Time limits

You are allowed to use this tablet _____ hours per day for non-school-related activities.

Restrictions

You should not use your tablet in these situations or places without permission:

Apps

You are allowed to download \$_____ worth of apps or in-game purchases a month and I would appreciate if you checked in with me before purchasing them.

Content

I want you to learn and have fun with technology, so it matters to me what you're doing. I reserve the right to ask where you're going and what you're doing on your tablet - what apps or sites do you visit most?



Family
Online Safety
Institute

GOOD DIGITAL PARENTING

IF YOU AGREE TO

FOLLOW THESE RULES

I PROMISE TO...

Not overreact

If you come across something on your tablet that makes you feel uncomfortable, I want to know about it so I can help you. I promise that if that situation ever comes up, I will not overreact.

Learn new things

I want to know about the cool things you do on your tablet so we can talk about them. I promise to try out new and different things with technology so we can spend time online together.

Be responsible

I know it's important that I also set a good example when using my own devices. So, I promise to make sure I read information before I purchase and download apps and make conscious decisions about my own time limits too.

Child signs here

Parent signs here

For more information:
fosi.org/parenting
