



T-Mobile FamilyMode

What is it?

FamilyMode is a service offered by T-Mobile that allows parents to manage their family's digital life across devices, including online activities, app usage, and screen time. This service is available on Android and iOS mobile devices and can be added to your family's T-Mobile plan. The Home Base is companion hardware which allows parents to manage devices in the home that are connected to a Wi-Fi router, including computers, televisions, and gaming systems.



The benefits to parents

FamilyMode allows parents to gain insight into how their family spends time online, and easily make adjustments to enforce a healthy balance. This service provides the benefit of knowing their child's screen time is within family rules and that the child is only interacting with approved content, apps and services.

Where can I learn more?

t-mobile.com/offers/t-mobile-family-mode

Highlighted features

1. Setting time limits

With the help of features such as BedTime and OffTime, parents can schedule specific times of day when their child is allowed to use their phone. Families are able to set specific recurring sleep and wake times, and schedule as-needed downtime for the child's device to ensure kids cannot access their phone during important activities like homework or family time.

2. Content filtering

Families can use pre-set content filtering options or customize their filters to help their children access only age appropriate online content. Custom filters give parents control of each specific website that can be accessed on each device connected to FamilyMode.

3. Rewards

FamilyMode promotes the idea of a rewards-based system to earn extra online privileges, which can be extra screen time, a later bedtime, or an extension of time allowance on certain games. This positive approach reinforces a healthy relationship with technology that also acknowledges rules set by parents.