Family Online Safety Agreement
For Teens

Online safety is a partnership. To make sure everyone stays safe and responsible on the Internet, it’s important for everyone to agree on the ways that personal devices and technology will be used.

- Share with me/us what you’re doing online
- Always be kind, polite, and respectful to others online
- Talk to me/us before downloading new social apps or opening gaming accounts
- Think critically about what you post, send, like, and forward
- Understand that what you post today will still be there tomorrow and may be forever
- Use your device at the times that we have agreed and respect limits
- Don’t access inappropriate content or apps
- Protect your personal information by using security and privacy settings for each account
- Be a responsible digital citizen - prioritize positive, safe, and creative use of technology
- Understand the importance of balance and non-tech activities in my life

What other rules are best for our family?

I agree to these rules.

Teen’s signature

Date

I/we agree to support you with these guidelines fairly. I/we agree that the digital world offers plenty of opportunities that I/we would like you to experience, while there are a few risks that I/we must help you avoid. I/we may friend and follow, but not stalk or embarrass you online.

I/we also recognize that having access to the Internet is a right for all users today. However, using devices and social media is a privilege that we have decided on together as a family, and there will be consequences if you break the rules that we have established together.

Parent/Guardian Signature

Date

Parent/Guardian Signature

Date

For more information: fosi.org/parenting