Tracking
Some fitness trackers track your location, fitness goals and progress, health information, and more. For safety, you are allowed to enable tracking features for these metrics only:

Privacy
Your fitness tracker stores personal information, and may allow you to connect with others using similar devices. Please maintain your device by running updates and conducting regular privacy setting check-ups, and not sharing personal information with people you don’t know.

Activity sharing
Many fitness trackers have apps with activity sharing. You are allowed to share your activity with only these apps and/or approved people:

Other rules
Not overreact
If you come across something on your fitness tracker that makes you concerned, I want to know about it so I can help you. I promise that if that situation comes up, I will listen first and not overreact.

Learn new things
I want to know about the cool things you can do on your wearable device so we can talk about them. I promise to try and learn new and different things about wearables so we can try them out together.

Be responsible
I know it’s important that I set a good example when using my wearable device too. So, I promise to be careful about the apps I use and what information is being shared so I can make safe decisions as well.