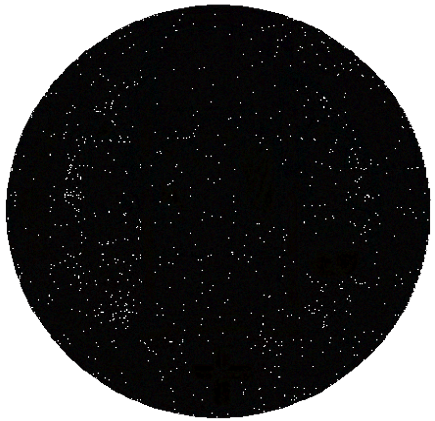
ZENTRUM
SPORTORTHOPÄDIE
FREIBURG

Schulterarthroskopie Labrumrefixation

P. Ogon



Zentrum Sportorthopädie Freiburg
Klinik für Orthopädie und Traumatologie
Universitätsklinik Freiburg

Wolkenstein 15.-22. Februar 2020

ZENTRUM
SPORTORTHOPÄDIE
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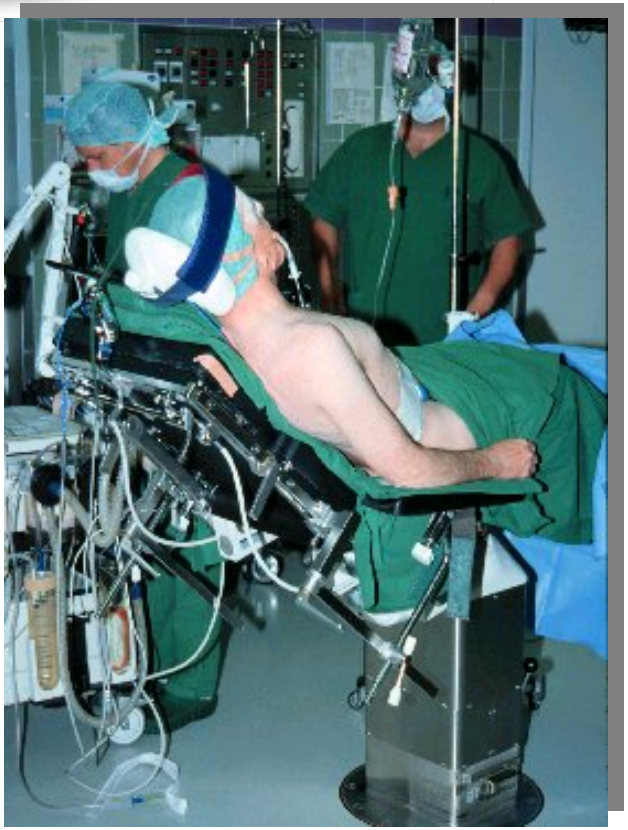
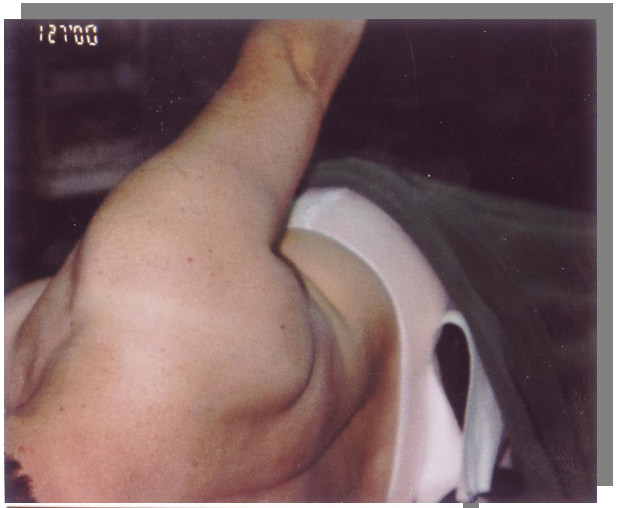
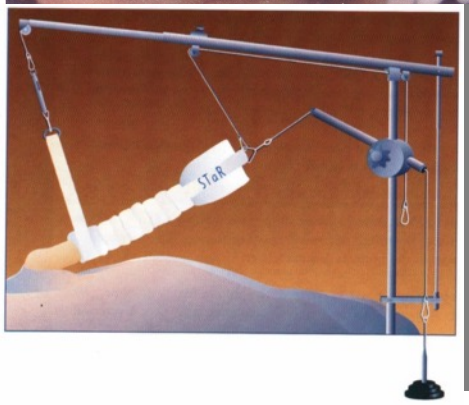
Lagerung







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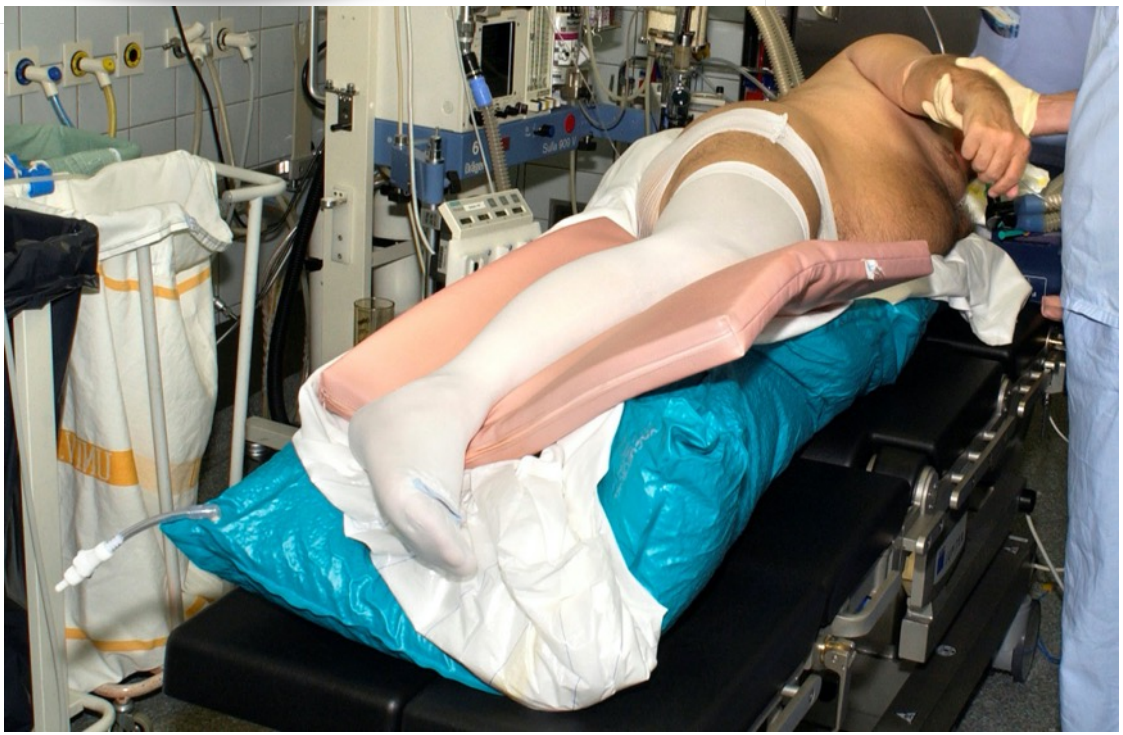
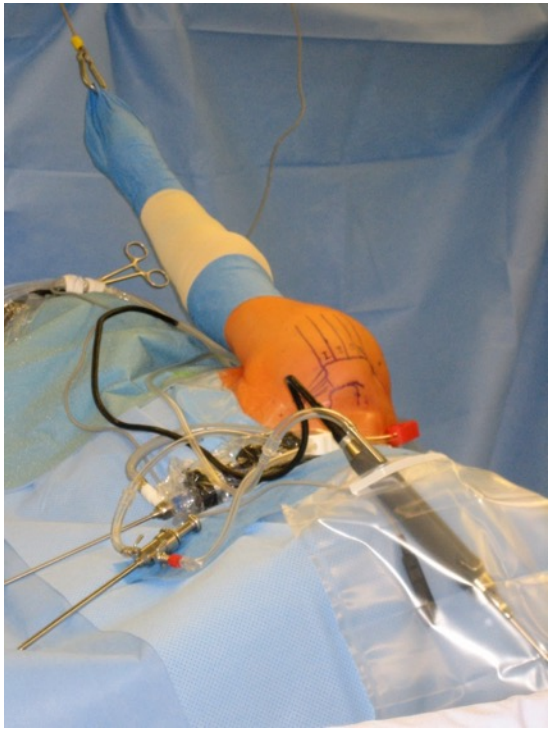
Seitlagerung





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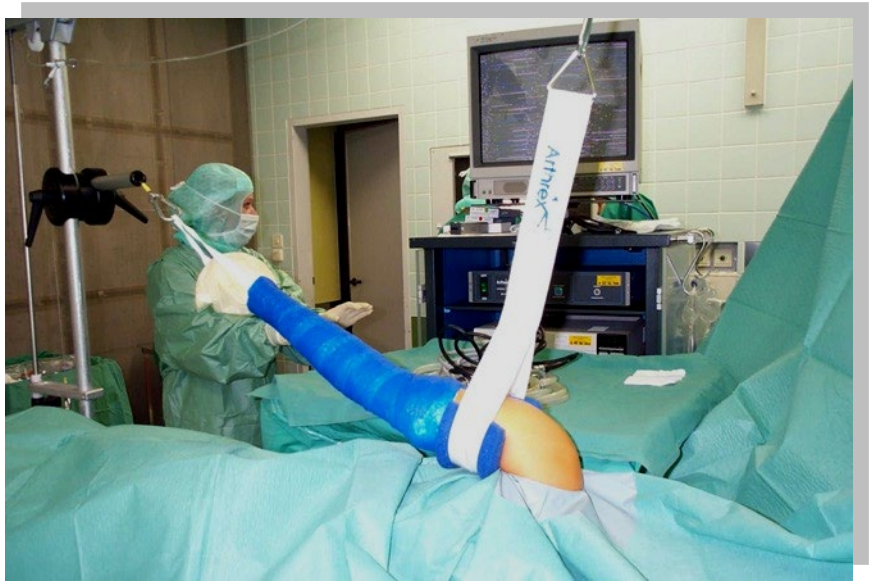
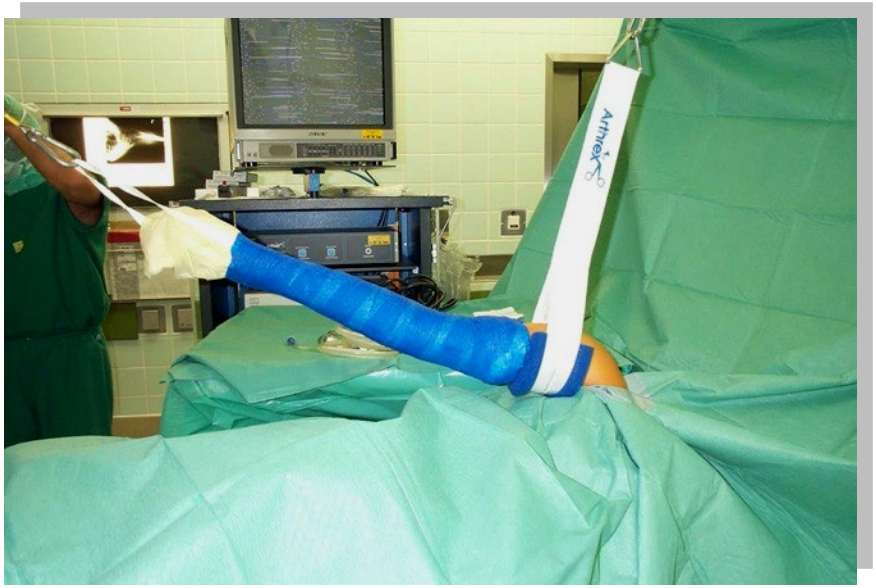
Seitlagerung

3 KG vertikal



5 KG horizontal



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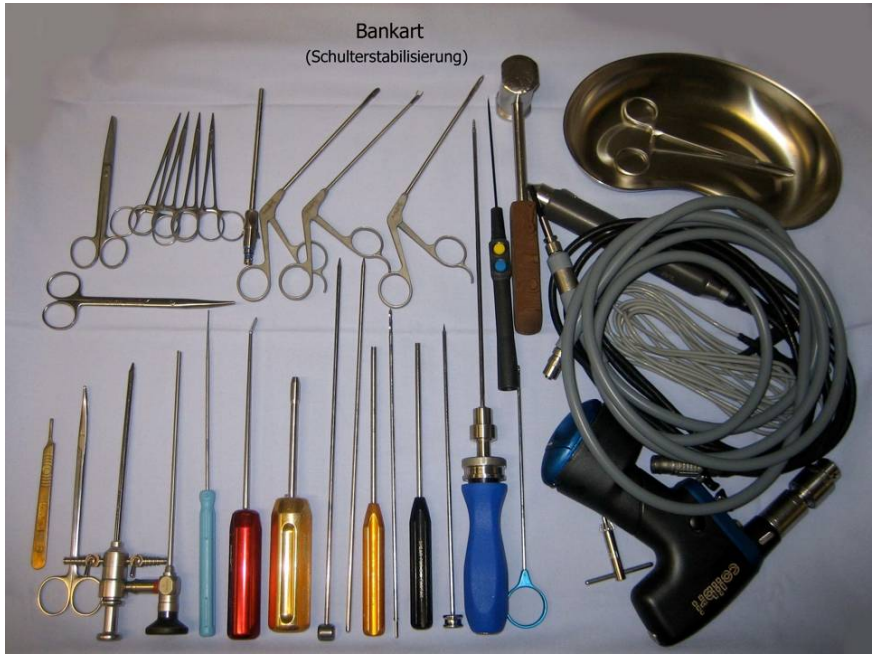
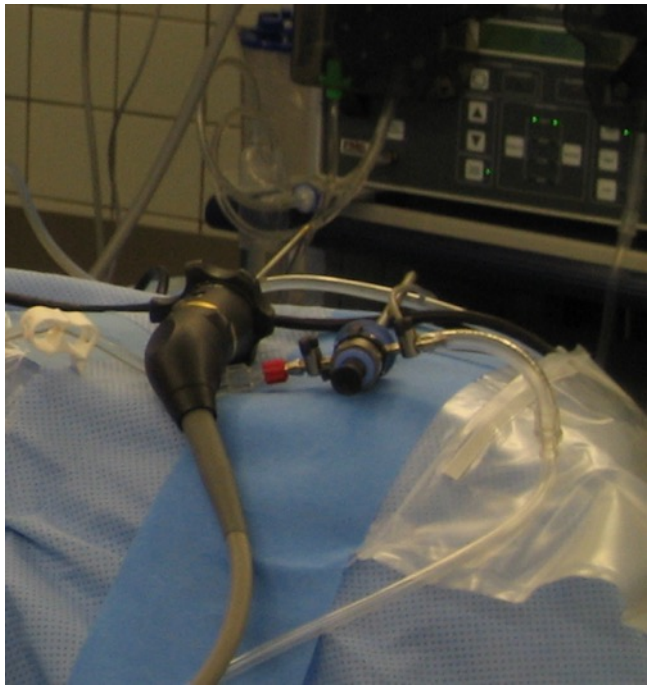
Instrumente





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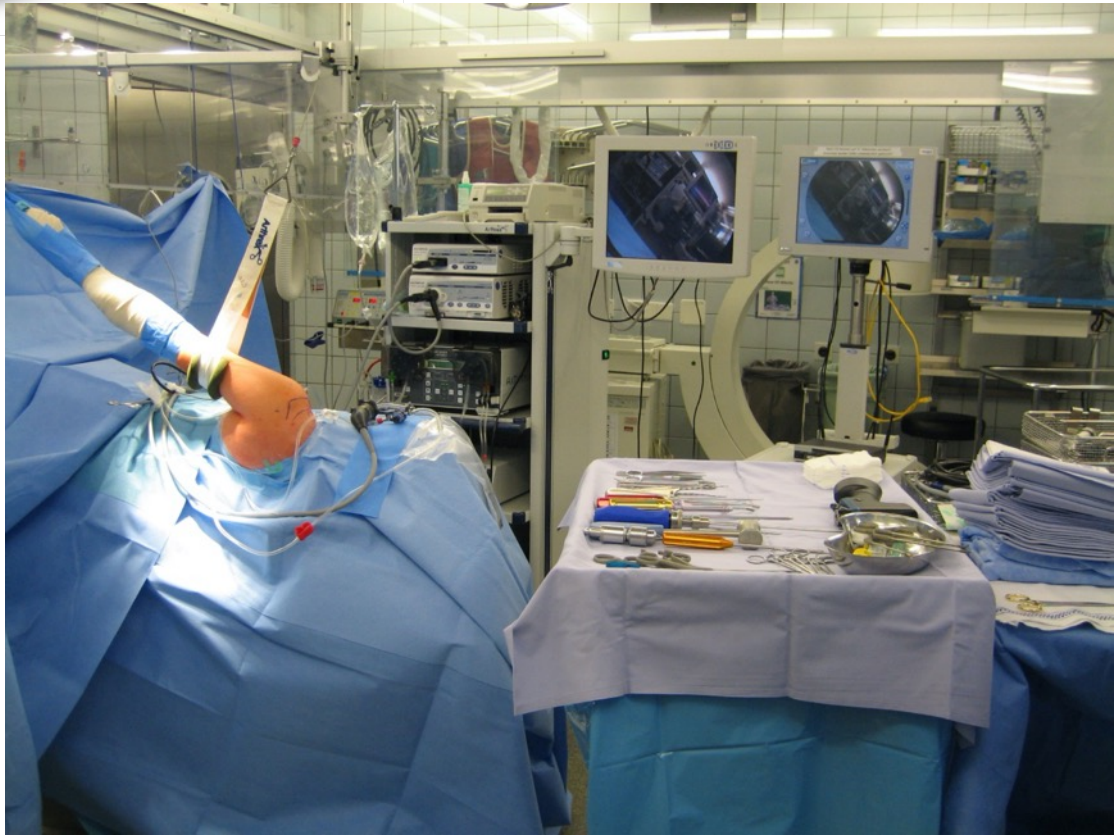
Seitlagerung



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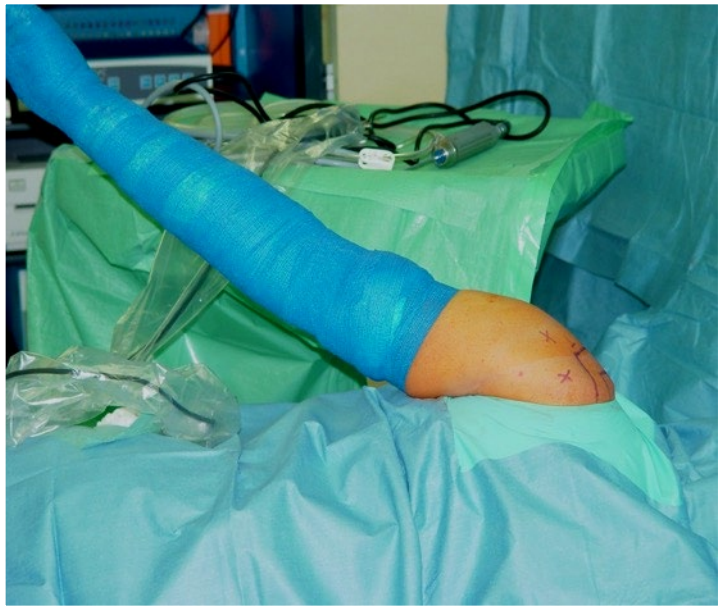
Seitlagerung

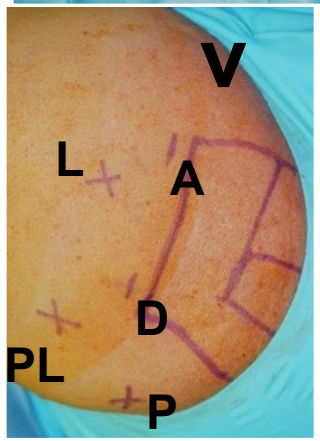
Step 1

Lagerung und Zugänge

- Seitenlagerung

- Posterolateral für Arthroskop (PL)
- Laterales standart Portal für Traktion (L)
- Anteriores para-acromiales Portal (A)
- Dorsales para-acromiales Portal (D)
- Posteriores standard Portal (P)
- Ventrale (V)





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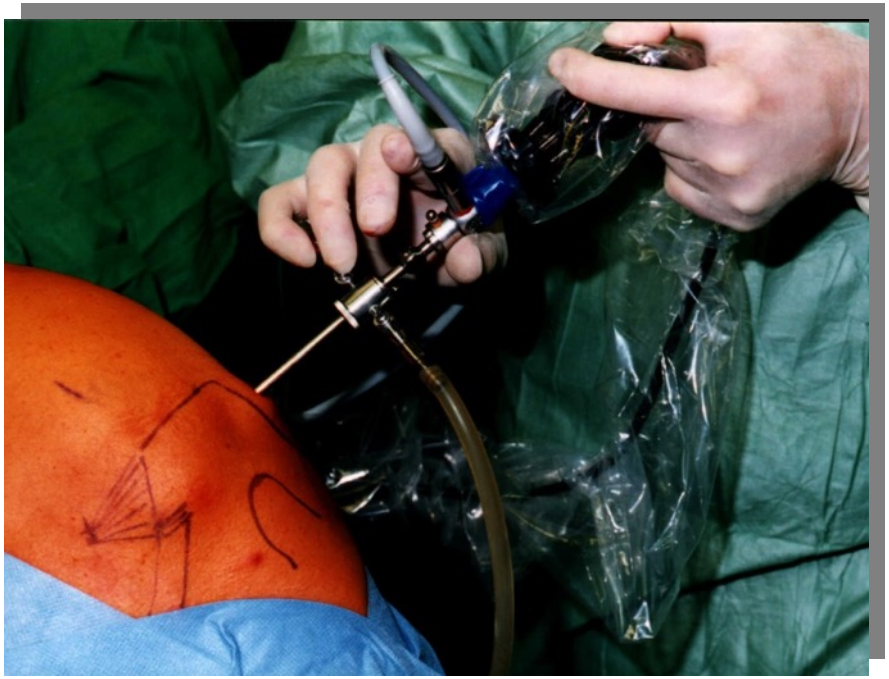
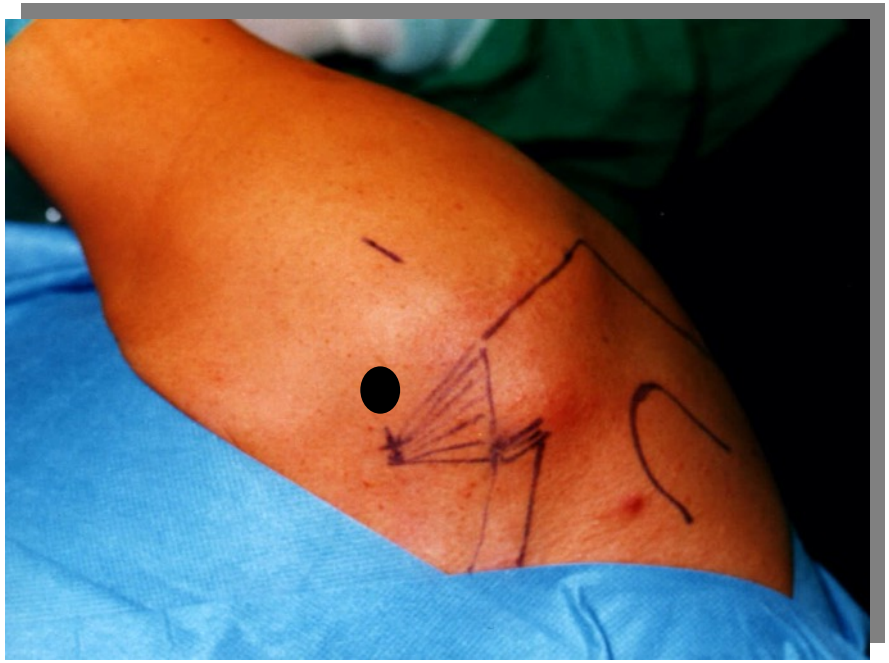
Portale

dorsal



ventral



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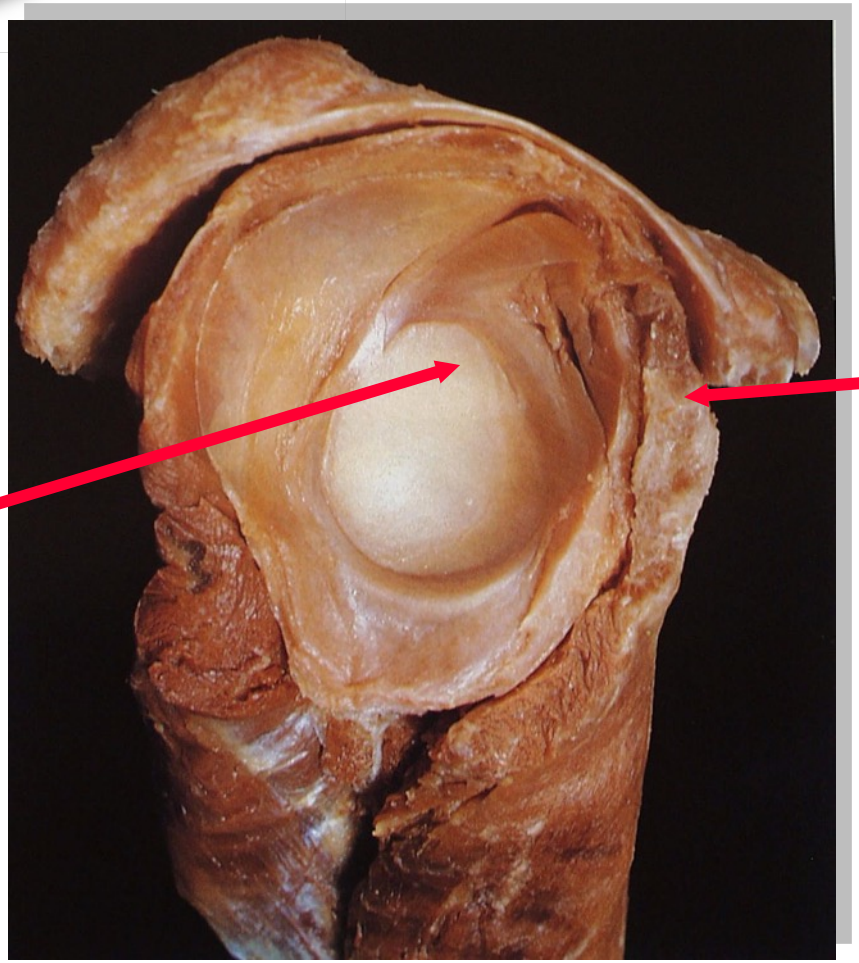
Ventrales Portal – Inside-out - Subscapularis



45°Cranial.

Dorsales Portal

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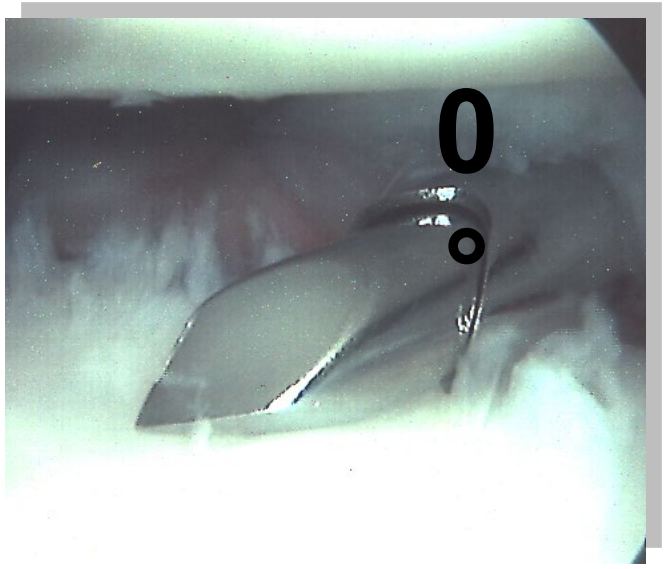
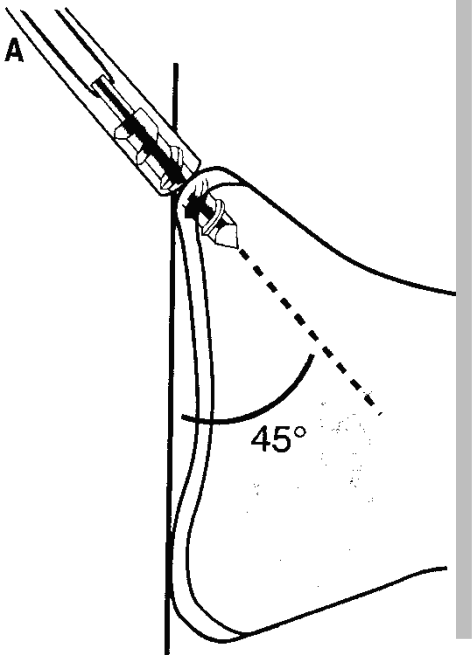
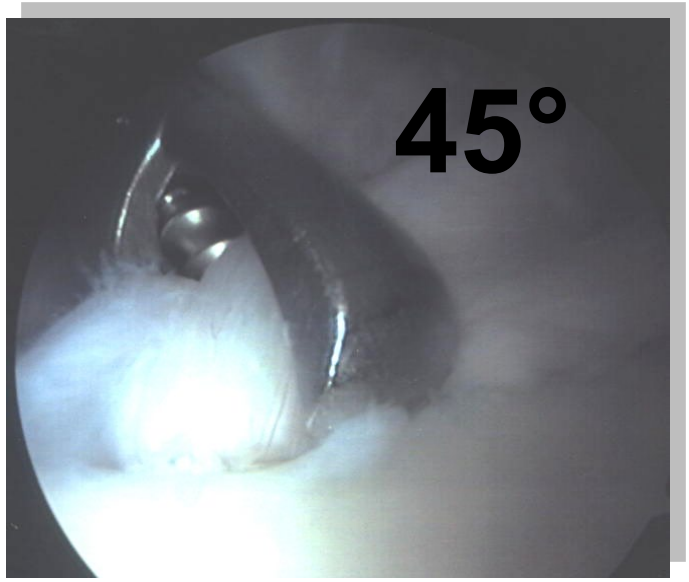
2 Portal Technik

Horizontal





45 ° Cranial



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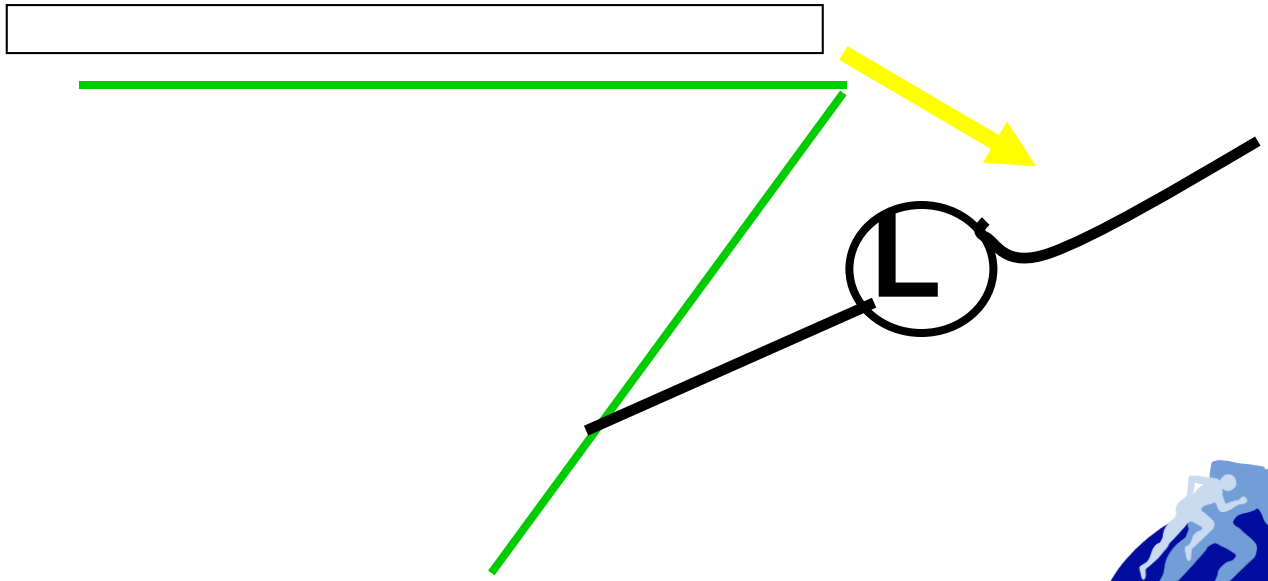
2 Portal Technik

Sichtprobleme!

Wir können nicht sehen was wir wollen



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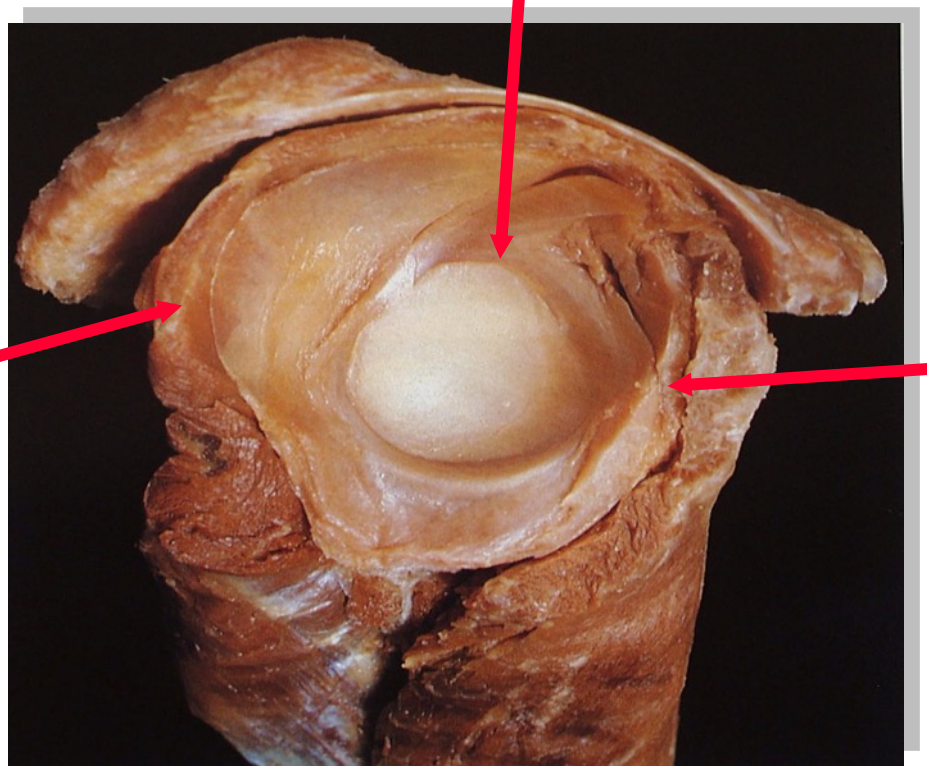
3 Portal Technik

Umstecken
des Arthroskopes

Oberes Portal



Dorsales Portal

Anteriores Portal

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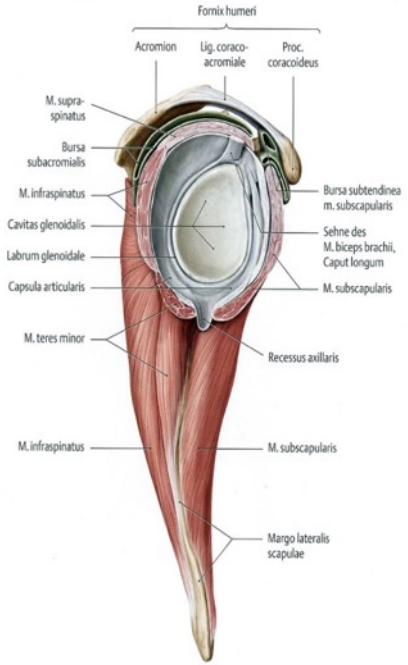
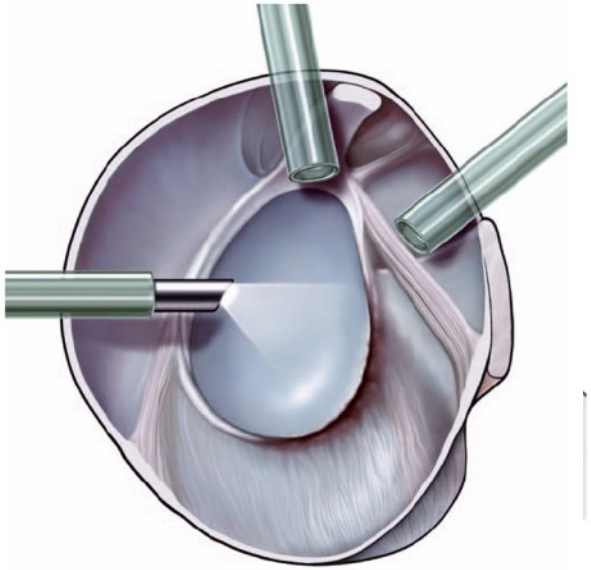
3 Portal Technik

Umstecken des Arthroskopes





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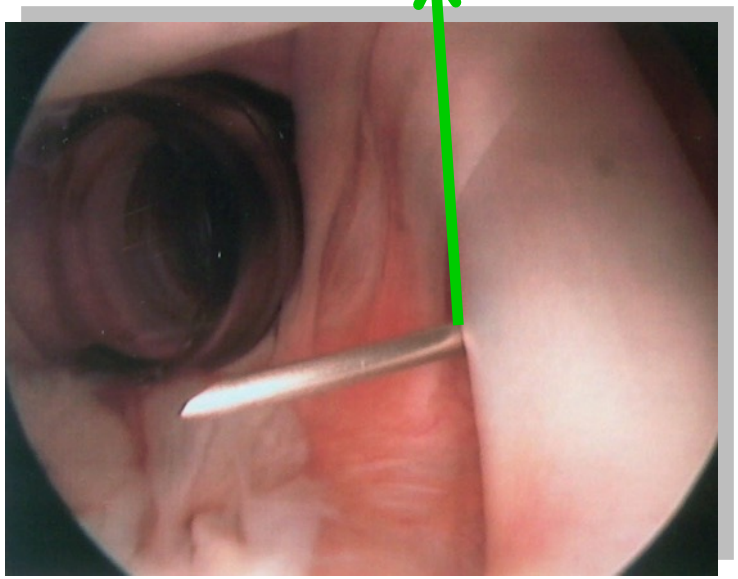
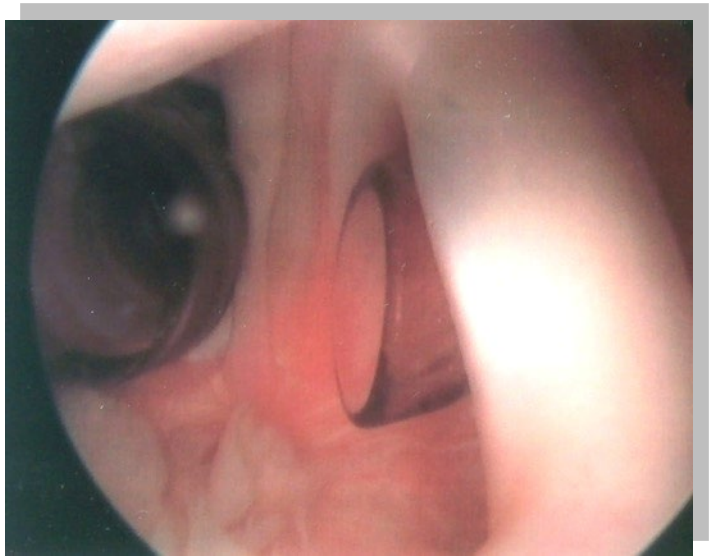
3 Portal Technik

Suprabicipitales Portal (Wolf)





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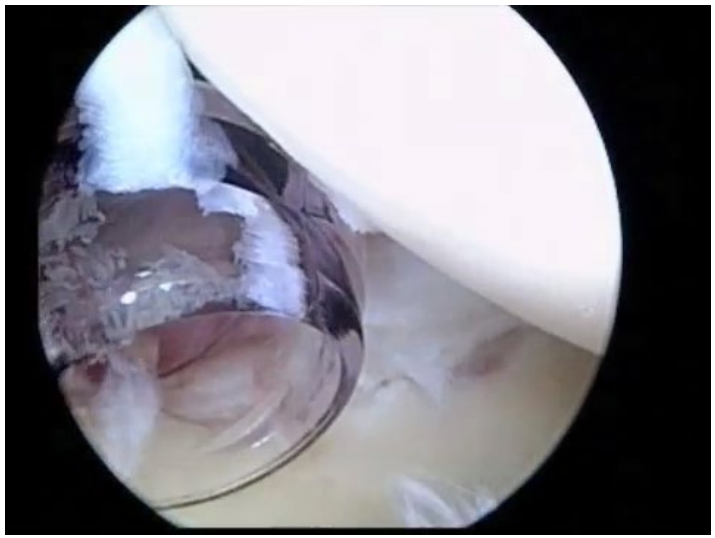
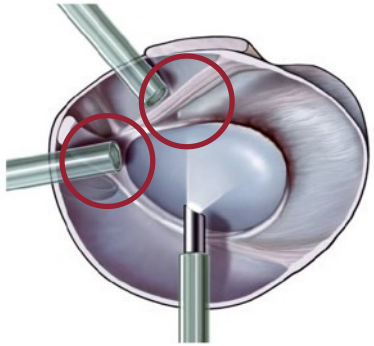
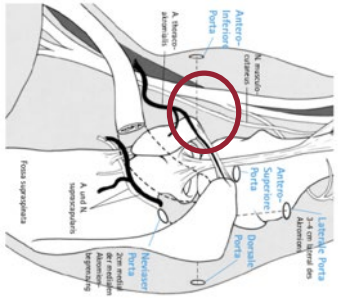
Zugang

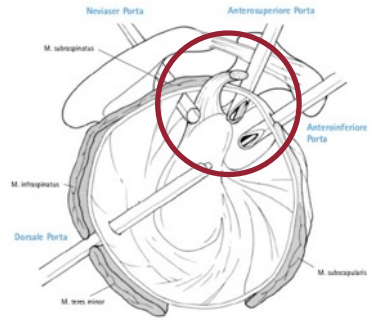
Ventraler Zugang **70 x 8,25 mm Schleuse**

Anterolateraler Zugang **70 x 5,75 mm Schleuse**









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3 Portal Technik

Suprabicipitales Portal (Wolf)

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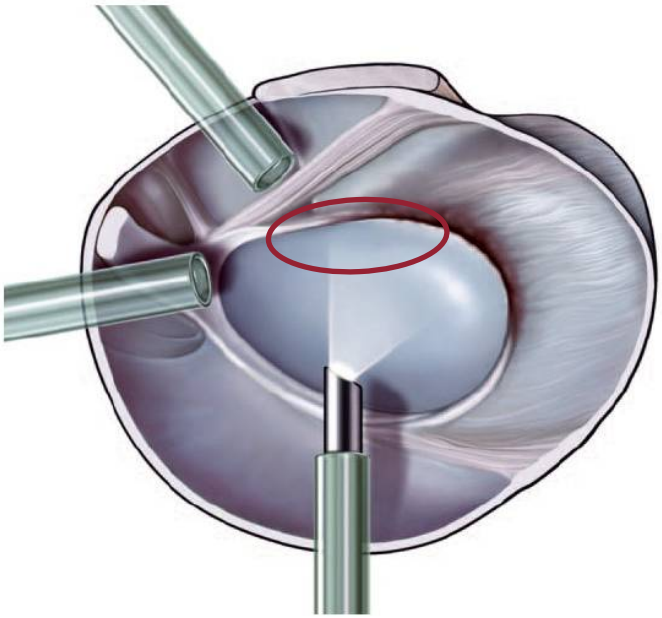
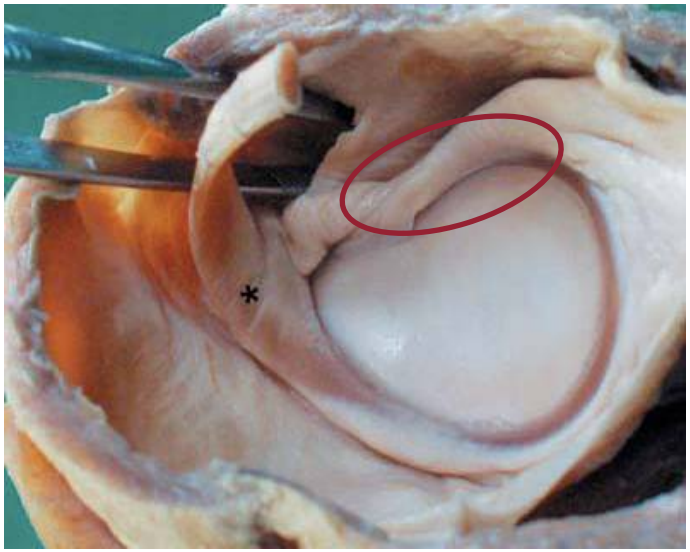
diagn. Arthroskopie

Befund: Bankart-Läsion





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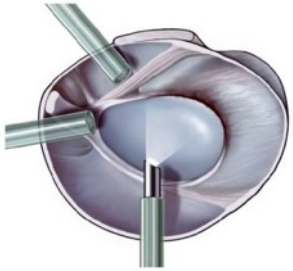
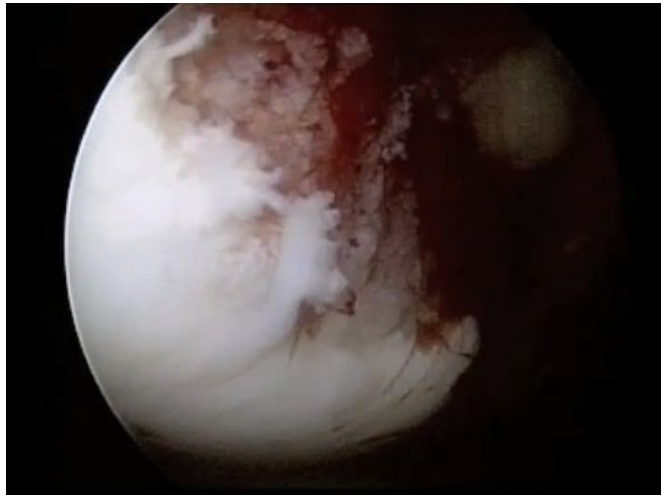
diagn. Arthroskopie



Begleitpathologien:

(prospektive Erfassung von 106 posttraumatischen Schultern zwischen 1988-1995)

➲Labrumläsion	88%
➲Hill-Sachs-Läsion	54%
➲Rotatorenmanschettenläsion	22%
➲Subskapularisläsion	16%
➲Bizepssehnen-Intervallläsion	10%
➲SLAP-Läsion	11%
➲Tuberkulum-majus-Abriß	4%



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Boss A, Pellegrini L, Hintermann B (2000) Unfallchirurg 103: 289

diagn. Arthroskopie

Befund: Bankart-Läsion

ZENTRUM
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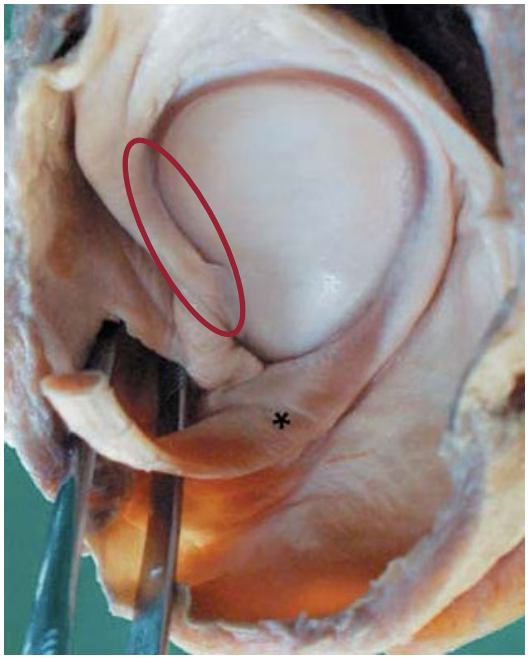
Labrum Mobilisierung

Optik-Portal: Anterolateraler Zugang

Arbeits-Portal: Ventraler Zugang

Instrumente: Arthroskopische Schere, Elektromesser, Bankart-Rasparatorium



Ziel: Subscapularis muss sichtbar werden

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Labrum Mobilisierung

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SPORTORTHOPÄDIE
FREIBURG

anfrischen Glenoid

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SPORTORTHOPÄDIE
FREIBURG

Labrum anheben

Lasso Ventral

Kingfischer

ant. sup

Scope dorsal

ZENTRUM
SPORTORTHOPÄDIE
FREIBURG

Labrum durchstechen

Lasso Ventral

Kingfischer

ant. sup

Scope dorsal

ZENTRUM
SPORTORTHOPÄDIE
FREIBURG

Anker platzierung

Lasso Ventral

Kingfischer

ant. sup

Scope dorsal

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2 Anker Glenoid

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2 Anker Glenoid

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Post OP

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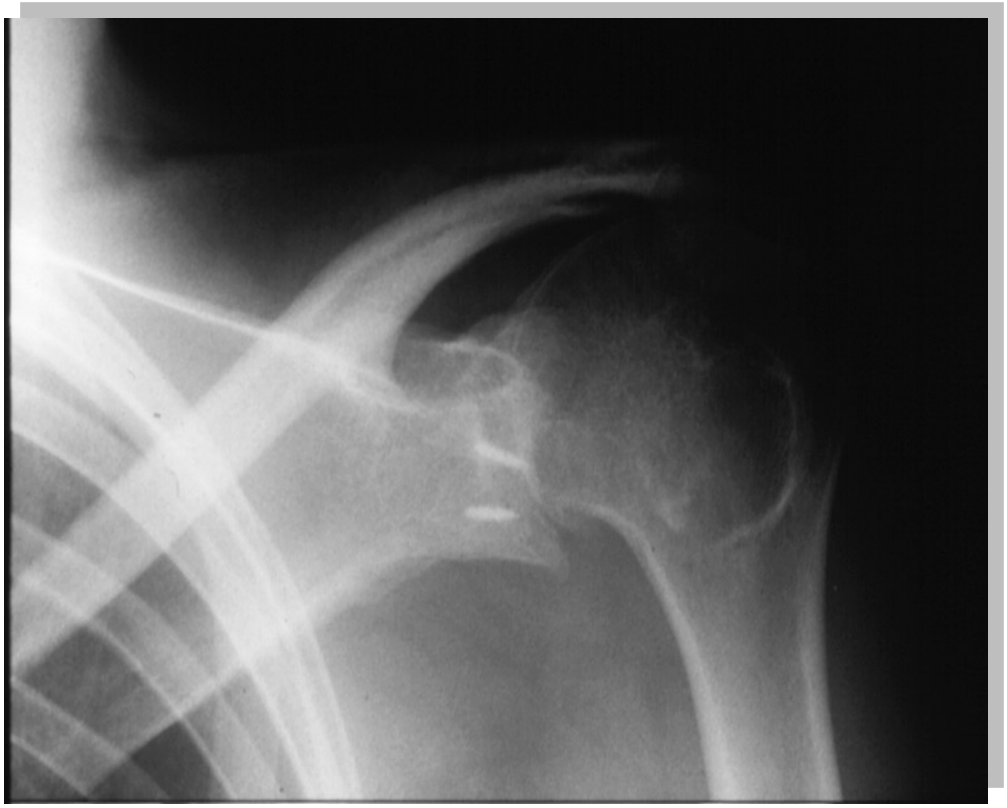
Röntgenkontrolle



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