

# “Improve Your Immune System . . . Naturally”

by Man Found Standing, Native American Practitioner

It stands without question that if the immune system is strengthened, numerous ailments and illnesses can be aided and alleviated. Apán is a Native American Sacramental Medicine with ingredients of the wildcrafted Native American Sacred herb of Apán and organic essential oils of Black Cumin, Lemon, Cinnamon Bark, and Peppermint. Each ingredient is demonstrated in scientific research to strengthen, support, and modulate the Immune Response in different ways.

The Native American Sahaptin Indian Tawtnúk apán mushroom literally translated means “medicine mushroom.” It is a mushroom that has been a principal part of the pemmican used by the Native American Tribes of the Northern Plateau People of the Columbia River basin, for millennia. Now, after decades of medical and scientific processes used to discover why the chemistry of this remarkable food promotes health to such a large extent, even “Pan-systemic” or complete body benefits. After extensive review Dr. Landis, National Board-Certified Naturopath and former President of the Utah Naturopathic Medical Association, said

*“In a way only surpassed perhaps by Vitamin C research, the phytochemicals of Apán have been widely studied by medical and pharmacological researchers in leading American research colleges and hospitals, such as Bethesda Naval Hospital, Harvard University, Cornell University, Baylor Medical College, and reported in such trusted journals as the Townsend Letter, JAMA, Journal of Immunology, etc....The biologically active components have been so rigorously examined in the laboratory...it is evident that the multiple health benefits of Apán are supported by scientific investigation... I am convinced that Apán will, without a doubt, entirely eclipse every other natural health supplement ever produced.”*

The 3-beta-D-glucans which make up part of the cellular structure of the Apán mushroom cause a pan-systemic modulation of T-Cells, Macrophages, and Neutrophil White Blood Cells, when ingested. In fact, it has been established that the number and viability of these particular cells are increased by as much as 4000% within 20 hours after taking Apán! Macrophages and Neutrophils are the two cells upon which all other Immune Cells depend. You can have many viable B-Cells and T-Cells, but they will not be effective without the programming provided by these “Communicator” cells.

***Please note:** Our Wild Apán is created exclusively with the authentic Wild Tawtnúk Apán. Unlike other medicinal mushrooms, like Chaga, it does not contain extremely high kidney damaging oxalates. Apán in its raw form contains about three times the therapeutic healing components, like beta-d-glucans and germanium, of those found in Chaga. We further exponentially increase the Apán's therapeutic benefits through our process of super concentrating the bioavailable liquid.*

*Our Wild Apán is sustainably harvested at its natural peak potency and extracted with ultimate care to ensure maximum potency for fullest therapeutic value. We maintain the highest and strictest standards at every stage to ensure every bottle is pure, unadulterated, with no extra fillers (such as vegetable glycerin) that would in any way dilute and lessen its therapeutic effectiveness.*

Apán also contains bitter triterpene compounds that support the thymus and spleen (essential to insuring that immune cells are properly programmed), anti-tumor polysaccharides, blood pressure-reducing angiotensin re-uptake inhibitors, and perhaps the highest source of germanium in nature.

Germanium is an oxygen catalyst and one of the most powerful free-radical scavengers found in nature. It has thirty-two electrons with four of them constantly moving unsteadily along its outermost shell. These four

electrons are negative-charge carriers. At body temperatures, when approached by a toxic positive ion particle, one of these four electrons will be ejected out of its orbit. Hence, it assists in balancing the body's positive and negative ions which in modern life is difficult to do. Germanium also has powerful effects on blood purification, assists the penetration of healing Far Infrared Rays, protection from cell phone and other electronic device pollution, relieving muscles, reducing fatigue, and much more.

***Organic Black Cumin*** has impressive scientific research that shows it to have very beneficial anti-microbial properties. It has been demonstrated to have potent anti-microbial properties and science has demonstrated why it has always been the best bet to combat colds and viral infection. One of the most important components of Black Cumin Oil is known to be effective for bronchial asthma and respiratory allergies because of its ability to expand and relax the airways. It also reduces the release of histamines into the bloodstream and thus works against allergic reactions. Black Cumin has been shown to reduce allergy symptoms up to 90% over long term use.

Scientists know that Black Cumin stimulates the bone marrow to produce immune cells, increases interferon production, protects the body against viruses and inhibits infection. Black Cumin has also been proven effective against the development of cancer. The Cancer Immuno-Biology Laboratory of South Carolina ran a series of experiments in which mice were infected with tumor cells. Two-thirds of the animals treated with Black Cumin oil were still alive thirty days after being infected. In contrast, **ALL** the mice that did not receive Black Cumin treatment died within thirty days. It stands without question that if the immune system is strengthened, numerous ailments and illnesses can be aided and alleviated.

***Organic Lemon, Cinnamon Bark, and Peppermint*** are essential oils that most everyone has had some experience within food flavorings, but most do not understand the powerful healing effects of these ingredients. Lemon contains numerous anti-cancer compounds and in laboratory studies it halted or slowed the growth of cancer cells. In fact, it was found to be more effective than Chemotherapy and Radiation treatments. Cinnamon was used as a general health tonic for five thousand years and has been proven to normalize triglycerides and lower blood sugars to assist in the control of diabetes. Peppermint was used by the ancient Egyptians, Greeks, and Romans for all types of digestive issues and to assist the respiratory system.

With the synergistic combination of all these ingredients, the Apán supplement is perhaps the most important nutritional immune support product of our time. With this Sacred Medicine, we are poised to cause a revolution in nutritional supplementation of the Immune System at a time when it could not be more important.

### **The Debate**

For generations, the political medical stance has been at odds with traditional remedies. The modern medical establishment has a narrow way of thinking when it comes to understanding the therapeutic value of a plant. Doctors and scientists look upon chemistry rather than seeing there is a much larger picture. This leads them into the modern pharmaceutical practice of developing drugs for specific physiological effects. They use their drugs to target one problem of the body but sadly in all cases their potent chemistry of their drugs is toxic to other areas of the body.

Natural Healers understand that the biochemical makeup is of major importance but there is quite a bit more to the healing properties of a plant. Mother Earth blends small amounts of powerful ingredients together in plants to assist the human body in what it needs to heal. For example, the Apán supplement utilizes the holistic properties of plants to create a synergized holistic benefit without the toxic side effects of modern drugs. The body treats it as food and utilizes the ingredients for its healing benefits.

### **The Answer**

There is value in both sides. Sometimes it is very necessary for a high concentration of specific compounds in the form of modern pharmaceuticals to be taken to curtail a health crisis. When the crisis has passed there is value in taking a more holistic body friendly approach.

The Apán supplement immediately assists the body's immune system but it also activates the stem cells to further assist in overall body healing. Its complex chemistry has a profound effect on the body's health. The following is a list of some different complaints and medical issues for which the principal mechanisms of action in Apán have been studied and for which positive results have been reported:

Anti-infective	Free Radicals	Peritonitis
Anti-neoplastic	Fungal Infection	Phagocytic Receptors
Abdominal Adhesions	Heart Disease	Platelet Production
Abdominal Sepsis	Hemopoietic Recovery	Platelet Recovery
Adjuvant	Hepatic Metastasis	Pneumonia
Aging	Hepatitis	Pulmonary Disorders
Antibiotic	Herpes simplex	Radiation
Antimicrobial	High Cholesterol	Sarcoma
Antioxidant	Hyperlipidemia	Sepsis
Arthritis	Interleukin Production	Septic Shock
Arteriosclerosis	Immune Response	Skin Damage
Auto-Immune Diseases	Infection	Skin Revitalization
Bacterial Infection	Klebsiella	Staphylococcus
Boils	Leprosy	Streptococcus
Bone Marrow Proliferation	Leukemia	Stress
Cancer	Macrophage Activation	Trauma
Candida albicans	Malaria	Trypanosoma
Carcinoma	Melanoma	TNF
Chemotherapy	Micro-parasitic	Tumors
CFS	Multiple Sclerosis	Ulcers
Cytokine Release	Neoplasia	Viral Infection
Decubitus Ulcer	Nitric Oxide Production	Visceral Leishmaniasis
Dermatitis	Pancreatitis	White Blood Cells
E. coli	Paracoccidiomycosis	Wound Healing
Fybromyalgia	Parasitic Infection	Yeast Infection

Many other testimonials of the health benefits of the Wild Apán supplement have also been witnessed. Some of them include:

Allergies	Synergistic effect on the health of the whole body
Anti-depressant – gives a sense of well being	Energy Boosters – Anti-Fatigue
Anti-Alzheimer	Anti-Aging
Anti-Parkinson	Weight Loss – assists in preventing obesity
Dementia	Lowers blood fat (Anti-lipidemic)
Cardiovascular System	Lowers blood pressure
Gastrointestinal System	Immunomodulator and Immunostimulant
Respiratory System	Blood sugar regulation
Nervous System	Pancreas recovery
Prevents gum disease and tooth decay	Easy for aged and children to tolerate
Lowers fevers	Speeds injury recovery
Eye Care – prevents glaucoma and cataracts	

## **Scavengers**

In our modern lifestyle, we are constantly bombarded by free radicals. They enter the body through the air (especially from exhaust and cigarette smoke), the food we eat (notably processed foods), the un-pure water we drink and are by-products of our own body's attempt to metabolize toxins. Free radicals are atoms or molecules that are missing or short an electron. They are unstable and seek to regain stability by gaining that extra electron. To do so they must attach to the electrons found in the compounds from which cells are constructed. This changes the shape and function of those cells and causes damage to cellular structures such as DNA, ribosomes, mitochondria, RNA, and so forth.

The body is made up of cells, tissues, organs, and whole organ systems. These all becoming prey for unstable free radicals. In their search for the extra electron they require they relentlessly attack cells and often cause damage which is difficult for the body to repair. These harmful free radicals are in abundance everywhere and it is estimated that each of the trillions of cells in the body is attacked over 10,000 times a day.

## **To the Rescue**

An antioxidant is a molecule or even a single atom with at least one extra electron. Antioxidants are needed in vast quantities to counter and stabilize free radicals and the damage they do. The body's immune system produces a lot of antioxidants, but they can be found many other places as well. For example, vitamins C, A, and E contain antioxidants, as do minerals.

One of the most powerful antioxidant substances currently known is the mineral germanium. Apán is loaded with this mineral with its concentration one of the highest natural sources in nature. Germanium along with the Beta-glucan molecules explained below cause a system immune modulation and response cascade. In other words, Apán causes the body to produce a vast number of the specific immune cells needed to make proper use of the antioxidants found in the food you eat, and at the same time, it provides a powerful source of antioxidant germanium that you would not normally be able to acquire in any other way.

## **Beta-glucans**

Billions of dollars worth of pharmacological studies from numerous American and European universities and hospitals have uncovered these healing and beneficial properties of Apán. Beta-glucans are biologically active molecules that are antidepressant, anti-diabetic, anti-leukemic, antimicrobial (fungus, bacteria, and virus), anti-tumor, anti-inflammatory, regulates blood pressure, reduces cholesterol, promotes healing, and much more. The Beta-glucans in the Apán supplements have been scientifically found to regulate the production and function of basophil and eosinophil white blood cells, reducing inflammation, pain, and fever.

With all the wonderful healing properties of Beta-glucan, the pharmaceutical and natural health industries have been bogged down in the costly process of obtaining true bio-available molecules. The current products available are either too costly for the average user or the lower-cost alternatives are highly ineffective. Only recently was it discovered that the Sacred Apán of the Native Americans contained vastly greater amounts of this important compound than any other source. Additionally, only recently have the Medicine Men and Women of the Northern Plateau given approval of its formulation and distribution outside of their own communities. It has taken this discovery, the far-reaching impact, and the right team of people to now make the Apán supplement commercially available. Apán Daily contains over 290,000,000 Beta-glucan molecules in every serving and the Apán Super Daily contains over 967,500,000. The current beta-glucan products on the market cannot even come close to this bioavailability.

## **Avian Flu & Apán**

Avian Flu Research Abstract

Dr. Landis

Location: Moroni, UT

Date: June 2006 through Sept. 2006

Subject: 36 Hubble and White King Squabbling Pigeons

Control Group: 10 Pigeons

Test Group: 26 Pigeons

**Introduction:** Avian Influenza is a common problem for poultry operations in the United States. Most commercial poultry plants are under continuous quarantine because of the very real threat of the introduction of new and mutable strains of Influenza. The Battery Method of commercial poultry production provides the perfect laboratory to study virus mutability, since the environment is not only not natural (requiring the virus to change is *modus operandi*), but also the close quarters and significantly diminished immune systems of the battery birds provides an excellent pathway for the “skipping of generations.” In other words, what might have taken countless generations to create in the wild, is dramatically facilitated by the Battery Method.

**Research Description:** A small backyard flock of squabbling pigeons was used for this research. The pigeons were housed in a facility with less than one square foot floor space per bird, with nest boxes attached to the back wall. This population density exceeds that of most Battery Production Facilities and so goes further in concentrating the transmissibility and mutability of the virus.

Ten birds were housed separately but with the same approximate living quarters. These were used as controls. The test group consisted of twenty-six birds housed as described above.

The Test Group was fed a ration containing “Apán” mixed into the feed for one week prior to the test. The Control Group was fed normally.

Two infected individuals were obtained from a local, wild flock. The birds were demonstrating the classic symptoms of Avian Influenza. One infected bird was placed in each of the pens and the groups were observed for seven days.

**Data:**

**Control Group:** All of the control birds were infected with the Influenza within three days of exposure. All of the control group birds, including the original vector, died within the seven days of the observation period.

**Test Group:** Although all of the test group birds demonstrated symptoms of infection, i.e., nasal discharge, coughing, swollen eyes, etc., none of the twenty-six test birds died during the observation period. The only bird in the test pen to succumb was the original vector.

**Follow up:** The Test Group continued to receive Apán and were observed for three months post-infection. During that time, only two birds died – one of egg binding and another became entangled in the mesh wiring of the pen. None of the birds exhibited any symptoms after the initial bout of flu. The hens all went off production and did not become egg again until the following spring. Molt was as usual.

**Postscript:** It is interesting to note that, after the research was terminated, and the test group birds were no longer receiving Apán in their feed, the loft was infected by a different wild strain of Influenza which had been transported to the loft by wild starlings. The entire loft was stricken with the infection and two-thirds of the birds died within the first five days after infection. Those that survived never returned to normal production.

Findings: The commercial product Apán provided the immune support needed for the closely quartered birds to fight Influenza. The results of the Test Group were not unlike an influenza epidemic that is “winding down.” Individuals became symptomatic but were able to fight off the virus. The results of the Control Group were reminiscent of the first weeks of an epidemic when the virus is the most dangerous. These observations are compelling and demonstrate a need for greater research into the effects of Beta1;3, 1;6 glucan use in prevention of Influenza Outbreak.

## **Testimonials**

### **Frank, from the Mississippi Gulf Coast**

I damaged my shoulder 2 years ago in a bad fall and broke a rib also. I could not lift my arm over my head for over a year and a half. I don't go to doctors and I tried some other products, but none of them helped. I ordered Apán and in only three days I was surprised to see that I could lift my arm with no pain at ALL. The pain was all gone. Now, 2 months later, the pain is still gone and the ringing in my ears is almost gone too. This is a Miracle from above.

### **Bonnie Woods, Savannah, GA**

Three years ago this coming July, I fell and broke my right ankle so bad that my foot hung off to the side. It took surgery, a plate and several screws to put my ankle back together. I was also told by the surgeon that I had soft bones. 3 months in a wheel chair and two more months in a special boot using a knee scooter later, I was finally able to stand for short periods of time. Since this time almost 3 years later, I still walked with a limp, and had pain in my left hip and leg even at night when trying to sleep. Also, I have arthritis in my forefinger and middle finger on my right hand, and over the past 6 months this has also become a problem and source of great pain in first my right thumb and then my left thumb, which meant I could no longer crochet, something I enjoy doing.

For the past 3 years with the advice of the surgeon and friends I started taking Glucosamine, Calcium, D3, and K2, nutritional supplements that are supposed to help strengthen bones. These may have helped, but the fact remained, I still walked with a limp, and still had pain in my left leg, and pain from arthritis continued to increase. The sad thing is at age 61 pain and discomfort seemed to becoming a normal thing.

A month ago I ordered Shiaga and in just one month I am now walking for 30 minutes daily with my husband and not limping. No more pain in my left leg or hip, or my thumbs and fingers.

### **Mike Farris from Bowdon, GA**

I had a mole on my right forearm that started itching. I put one drop of Apán on it about 9am, by 3pm the mole appeared to be melting. I treated it once more the next day and after 4 days the mole was completely gone. My 96 year old mother had a dime size lesion on her nose that the dermatologist said was a melanoma. Surgery was recommended, but my mother declined. Instead, she took Apán for two weeks and she also applied one drop of Apán to her nose daily until the spot cleared up.

### **Francisca Epale, Certified John C. Maxwell Coach, Trainer and Speaker (Toronto, Canada)**

After returning from China where I was teaching English, I suffered from insomnia and I was waking up several times during the night. I ordered some Apán and after it arrived, I was able to sleep peacefully throughout the night after taking it just two times. I highly recommend this product.

**Paul D. from Rogersville, MO**

I love your Apán product. Having spent many years with alternative health care, the Apán product is the best “healer” I have ever encountered. I just wanted to express my gratitude for your product and share some of my experiences with you.

I am already in excellent health and I only started to take your product because I always want to maintain my healthy life. I started taking the Apán during the winter to build up my immune system. Immediately, I notice that I was having more energy. That was very good because I’m always on the go and sometimes my energy level runs low.

Next, I noticed that I was not getting the flu. Since I come into contact with a lot of sick people, I usually will pick up a sickness every few months or so. Let me share with you an example: A friend and I went over to visit another sick friend. This sick friend had been out of work for a week due to a very bad virus. Well a few hours after we left, I started feeling flu like symptoms. I decided to take two extra capsules of the Apán, and went to bed. The next morning I woke up feeling 100% better. This was great considering the friend that went with me also started to feel the flu like symptoms that night. Since he is not into alternative healing, he went and visited his doctor for assistance, and ended up missing two weeks of work, due to his feeling so bad. I absolutely believe that we both contacted the same virus. I processed the virus, while I slept, using the Apán, while my friend took two weeks to get over the same bug. Wow, what a difference.

After going through the winter season, and being on the Apán product for four months, I experienced another wonderful benefit. My seasonal allergies were gone! Every year, for as long as I can remember, when Spring rolled around, so did my feeling bad. My nose would constantly run, my eyes would be itchy and red, and generally I would feel quite miserable. Since taking the Apán, I have experienced a healing miracle.

I also have to share with you another experience. I was testing a new alternative health care product for a company. Before I went on their product I had my blood work done and everything was looking great. After I was on their product for thirty days, I had my blood tested again. To my horror, my blood was saturated with microscopic pieces of aluminum. Immediately, I had my wife test her blood, to see if she was contaminated too. Since her blood was clear of aluminum, I concluded it was the new product I was testing.

I had the product analyzed and found it contained a large quantity of aluminum. I contacted the company to tell them of my findings, and to find out what was going on. After they reviewed their manufacturing process, they concluded that the problem was within their mixing process. They had been mixing the product in an aluminum container, and during that process microscopic pieces of aluminum were being ground off and contaminating the product.

To fix my heavy metal problem, I started to double dose the Apán. When I had my blood work done about forty days later, I was completely clear of all contamination, and was back to my healthy self. Once again, thank you for your integrity, and for this miracle in a bottle.

**Leanna Lou Bush from Ava, MO 65608**

I first started taking the Apán to try to help my arthritis. I had been under a lot of stress and not eating healthy and my body had taken the toll. My arthritis had reached the point that it was painful to get up out of a chair or even the car. I could not walk upright. I could just see my health going downhill.

My husband and I had been taking these product for about 2 months when I suddenly discovered that I could actually walk upright again without being hunched over and my mobility has improved greatly, I started noticing the arthritic bumps on my hands have started to go down and my fingers seem like they are becoming straighter. The Apán is the only change I have made to my lifestyle. I’m so excited this has made me want to continue on the journey to good health. Thank you so much for introducing me to your product, it’s a lifesaver.

**Larron Campbell, from California**

At school or work, when someone coughs, germs get spread to everyone in the room. My wife was normally the first to catch a cold and bring it home. But now that she is using Apán, we have had no colds or coughing in our family. Even after going into the emergency room of our hospital where there were many people coughing, I did not catch even a sniffle.

**Theresa W. from Grovetown, GA**

When I heard about the Apán, I wasn't sure if it was something I would try or not. I have had quite a few health issues in my lifetime, and as you know, they just keep adding up the older you get. I've had migraines since I was about 9 years old, and that was something I wasn't sure that Apán even dealt with.

I was diagnosed with Hypothyroidism about 5 or 6 years ago. This was changed to a diagnosis of Hashimoto's Disease, when further testing showed the extent of my thyroid problems.

Two or three years ago, my primary care doctor sent me to a Rheumatologist, due to my having trouble sleeping and being in constant pain. The Rheumatologist did a few "hands on" tests, and immediately said, "Fibromyalgia". My first thought was, "Oh, great! Now what!" I had heard of this disease before, and was now aware as to why I seemed to get sick all the time. I was working in the medical field, as an MA and would catch every little thing that came along. Fibromyalgia is an AutoImmune disease and now I knew "why" my immune system didn't seem to protect me from much.

I was later sent for sleep studies, and it was discovered that I never really fell into a deep sleep, and therefore was "always" tired. These sleep studies were run, due to seizures that I was experiencing in my sleep. As you guessed by now, I was placed on several different medications during this time and the cost alone, were outlandish! The side effects were a "whole 'nother story", so to speak.

Daily functions of living were becoming more and more of a hassle and I was living in a "fog" of sorts. My Rheumo doctor called it "Fibro-fog". All I knew, was that I didn't want any more to do with it, or the "hot pins" pain in my neck, shoulders, shoulder blades, back, etc... anymore.

Then I found Apán! The first thing I noticed, was that the "fog" became less and less, and I was actually "awake" all day long! Next, I discovered that my sleep patterns seemed to level out and I actually awoke in the mornings feeling refreshed! The pain has lightened. No more headaches every day, and the skin cancer on my nose even seems to be fading away! Wow! I haven't been "sick" with anything more than the sniffles for the past 6 months!

A kitten had been playing with my arm, and scratched it. I ended up with a hole being eaten away in my arm, from a fungal/bacterial infection that set in to the puncture wound. The fact that it hadn't spread all over my body amazed my primary care provider, and the only thing different in my system was the Apán! I put the Apán directly onto the wound. Within 3 days, the hole was completely closed and "new" skin was even growing back.

**Ruth S. from Toole, Utah**

"I love the Apán. I have tried all kinds of cholesterol medication, can't get my high cholesterol to come down. I had a heart attack in 06 and my bad cholesterol was clear up to 400. I now have it down to 252, and I've had like 96 points come down for the bad cholesterol and triglycerides 129 points. Every part of the cholesterol problem is coming into balance and I just love the Apán and I would recommend it to everyone. Thank you."

**Carolyn S. from Oakland, California**

"I have been diagnosed in the past couple of years with diabetes and thyroid problems and I have been having issues with headaches, and concentration and dizziness and all kinds of things...and I have been trying to avoid



taking medicines and taking insulin, I have type 2 diabetes, what they call diabetes, but I've been taking pills and still not seeing results that I wanted. About 2 months ago a friend . . . heard about what I was going through and recommended it (Apán) to me ... The 1<sup>st</sup> thing, I was able to decrease my insulin pills in the first month. By the end of the second month I had noticed that I had lost about 7 pounds... I did take twice the recommended dosage once in the morning and once in the evening and seven pound had just dropped off of me drastically. . . another thing, I had been having problems with my blood pressure and hypertension with the diabetes and the blood pressure has been very high for a long time. Frightening, as a matter of fact. . . and yesterday on the 5<sup>th</sup>, they had been taking my blood pressure and my blood pressure was 108 over 80! I haven't had a reading like that in YEARS! . . . The lump on my thyroid is going down and I was so stunned it's going down, it's going down so much , if you could see it was protruding and now I can barely touch it and you could feel it there and I'm so happy, thank you all for just being there. Thank you all for doing what you are doing, it is really healing my body. . . It's amazing, it's amazing!"

**Thelma Whitaker from Kaysville, UT**

"I took it and relieved an earache that I had for three months. I had a virus and it left me with an earache that was very miserable and painful. It felt like an inner ear infection or block. I just know that I would have had to go to the doctor with this problem and who knows where it would have led me to. I do know that I would have had a large expense. I took your Apán at night and the next morning and came to work and announced that my ear was clear. I could hear again! I was so thrilled I could not believe it. I have also had a ringing in the ear for years and the ringing in the ear has just quit it went away. I know this has all been sinus related and I am so grateful to you for such a wonderful product. I also have experienced more energy. I now have my energy back and I am not a couch potato at night. I have a ruptured disk in my back and I am starting to do things that I have not been able to do for years. I have only used ½ a bottle so far and it has been just great. Thank you so much for this great product. I can't Thank You enough for this great product. Thanks again."

**Colleen from New Ulm, Minnesota**

*"We have been using Apán for our Son Danny. He is now free of his hodgkins lymphoma. Thank you for donating the bottles of Apán."*

Writing about the Apán **Denise H. from Great Falls, MT** said, "I have seen huge benefits and differences when taking this. It's amazing."

**Francesca V. from Euclid, OH**

*"Almost 3 years ago, my health took a nose dive regarding several issues . . . My skins was so bad it was now shooting blood onto the floor from the slightest touch. About 1/3 of my skin was now psoriasis ridden, not just itching but causing pain and bleeding, many of my clothes and bedding ruined. I could not lay down to sleep. It felt like I was laying down on sharp objects . . . I sat in front of my computer crying that I knew I needed to do something and knowing that what the medical profession deemed an appropriate solution in medications was not an option for me. I was lead to the site . . . I started using Apán and within 24 hours my skin improved tremendously. My skin had integrity again. The shooting blood stopped. . . I am so grateful . . . Thank you."*

**Pauline C. from Norman Park, GA**

"I wanted to tell you how much the Apán has helped me. About four years ago I had a medical problem and the treatment caused my kidneys, Per the kidney Dr. "went to sleep" I have been taking shots to keep them stable, and was told they would never get better. I started taking Apán and within three months the blood work showed improvement. Three months after that the blood work showed another improvement. I quit those awful shots

and three months later, my blood work shows another improvement. I credit it all to the Apán. Thanks for such a Great Product, I take it every day and truly believe it's what keeps me going."

***Alison R. from Holden, Utah***

*"... have been wonderful addition to my stash of preventative medicines. They have even cured an acute attack of mono my daughter was having. Apán is the best. She tested positive and then tested negative. The doctor said it must have been a false positive. The University of Utah calls her to donate blood for the neonate unit because she has no viruses in her blood. I am sure it was the three months of Apán she took."*

**J. Cech from Orland Park, IL**

"My curiosity and drive to find new "natural" products for my pets and myself made it easy to try your product Apán. My 15-year old male Dalmatian, Jorge . . . has a lump on his right side for about two years, and over time, it became larger. He also has a large lump on the side of his neck which has fluid in it. Being too old and weak for any type of surgery, our hands were tied. One day after being on Apán for perhaps six weeks, I noticed the hair around his tumor on his side was sticking out. There was a scab on part of the lump. The scabbed section was flatter. A week or two later it reddened, and then another scab appeared on another section. I was astonished at what I saw. I am happy to report that the lump has gone down by two-thirds its original size. Also, the large lump on Jorge's neck went down to about half its size. During this allergy season, I have not seen Jorge bite his feet or other parts of his body, and he is not taking any steroids or medications for allergies.

This product is amazing! I, too, take Apán as I had part of my lung removed and suffer from upper respiratory infections. To date, I am happy to report that I became sick once so far while on Apán, but was able to recover without antibiotics! Apán is a wonderful product that really works."

**E. Thompson from Anderson, IN**

"I just have to tell you that I am so excited & pleased since the first . . . Apán that I took. My blood pressure dropped from 148/64 to 125/54 & my brain fog cleared in a very short time! My breathing is even improved – breathing deeper, with a feeling of wellness that I thought long gone!

I thank God for who formulated this wonderful product & for the person who made sure that I tried it."

**Wanda M. from Indio, CA**

"My husband and I have been using Apán for the last 8 to 10 weeks. We have each had our blood lipids checked very recently at different locations. Since Gordon's last lab report of . . . his total cholesterol has gone from 183 to 145: good cholesterol (HDL) has increased while bad cholesterol (LDL) has decreased: triglycerides are now fantastic and his HDL/LDL risk ratio has dropped from being too high to being in the desirable range. For a 78 year old who once had prostate cancer, he has great health and high energy.

I have a genetic tendency to high cholesterol and triglycerides. My recent blood test showed the best improvement I have ever seen in the 40 years I have been tracking this. . . my . . . cholesterol has dropped 43 points; HDL – for the first time I can remember – is in the normal range; LDL although still too high has dropped 25 points; triglycerides have gone from 316 to 182. Coronary risk factor is down from high to a near normal range. While taking Apán my energy levels have allowed me to have more productive days and at age 71 that is a blessing.

I am counting on Apán as our first line of defense against the serious flu feared for this coming winter."

**Phil L. from Humansville, MO**

"When I was told that I had only weeks to live and that there was nothing that could be done, you might imagine that I was devastated. My complete confidence had always been in the miracle of modern medicine. But the miracle was not to be available to me. Despairing, I sought advice from a man I had met many years earlier while undertaking a vision quest among my people, the Nez Perce Indians of northeastern Idaho. He told me to take . . . Apán . . . Up to receiving this suggestion, I had been losing copious amounts of blood from the bowel as the disease literally ate me up from the inside. I was dying . . . So . . . what did I have to lose? I did what I was told and a miracle happened. Within just a few short weeks the bleeding stopped. Within a year my disease was in complete remission. Now, the disease that was killing me and had engulfed my entire G.I. tract is almost completely gone. The gift of the Earth Mother has given me back my life."

**Ken C. from Liverpool, England**

"First off, I am astounded at how quickly it has worked!!! My problem, (one of them) is that the cancer had attacked the esophagus and "switched off" the nerve endings which left me unable to eat or drink. I was told by the doctor that I would NEVER be able to do so, and would have to be fed via a tube in my stomach. Great future to look forward to huh. I felt that I would be better off dead!!! Luckily for me, my son found your website and we decided to give it a try, as I had literally nothing to lose. Thank God I did!!!

I have been taking twice the recommended dosage to try and get it started. Now after about 14 days, I can eat and drink almost completely normally. Thank you SO MUCH. I will be continuing with them, possibly on a lower dose (eventually) for the time being. I am so grateful."

The next week Ken wrote, "This is my latest medical update. Prepare to be impressed/astounded! Yesterday I went to see my consultant for a follow-up visit following the work on my vocal chords. When I went into his consulting room I saw the amazement on his face. I think that he was not expecting any improvement in me. He was totally bewildered to find that I have made such a recovery! He ran a few tests which confirmed that I can now eat and drink normally. He said that the nerve endings were completely better, but could not explain how this had occurred! He said that it was like a miracle. His final phrase was that the recovery was NOT due to anything the hospital had done. . . I left feeling secure in the knowledge that it was the Apán which had done the trick. I am your staunchest supporter, and tell anyone I can about it."

Writing about our Apán, **Denise H. from Great Falls, MT** said, "I have seen huge benefits and differences when taking this. It's amazing."

**Kelly Ann C. from Southern Indiana**

I am very emotional writing this, but will attempt to be as brief and to the points as possible.

My mind realized consciously only a few days ago & I feel more than a bit 'guilty' for never taking the time to do so before.

Myself, my family, and many of my dearest close friends have used Apán ever since it first became available to people beyond only the Native American Tribes.

If it were not for having the privilege of personally knowing Man Found Standing, for about 20 years, through our mutual work in the realms of advanced natural alternative medicines, this knowledge would not ever have been available to us.

I remember the years of 'waiting', with eager but admittedly terrible impatience, as the study and

experimentation continued to formulate a product perfectly balanced, quickly effective, and yet 'simple & affordable' for all to be easy to receive the powerful benefits - about 3 years 'on the edge of my seat' actually.

Since that day not one has passed that I would ever want to be without this product in my own medicine cabinet for extreme emergencies, as well as on my counter as a regular consistent supplement to keep my immune system operating as it was designed to in the first place. (My own close ones who are experienced with it themselves feel the same way.)

For all of my whole life's work, it is beyond question the #1 single product I can point to, for anyone, with any health challenge - whether minor or severely advanced to 'being on the brink & suffering profoundly' - that is the closest thing to a true 'magic bullet' that I have encountered in over 35 years of research & experience.

The stories I could tell are countless - it would require pages & pages, a whole book maybe (now there's a thought!)

People who had been 'written off as no hope whatsoever' to live. Others who were diagnosed as being 'crippled physically' for the rest of their lives. Some who were told 'no recourse but dangerous surgeries with very high risk of complications beyond rates of anticipated success'. Many others with chronic cases of common debilitating degenerative diseases. The list goes on beyond count.....

However, even though I have many years of experiencing the benefits of Apán in its former 'dry capsule form' over many years, I was in no way prepared for the power of Man Found Standing's new liquid extract form of this product. My family & close ones are equally astounded - the potency is 'off the charts' beyond anything we could have imagined possible.

In only 5 days my 74 year old father is feeling better than he has in many, many years - so much so that he finally told me (last night) just how bad he actually has been feeling, honestly, for a very long time. (He always tries to be so brave so we won't worry - but we all knew anyway.) He is so excited that, even though he doesn't have a computer, he has had me read every word on this site to him, over the phone, during the past 3 days.

(Both Dad & I have started giving it to our 'oldest and/or health challenged pets in need' too - my own little Tantani has stopped starving herself & been keeping a full belly for the past week - nothing else I've done has worked previously, she is 16 and had a degenerative genetic issue which vets were unable to help, though they tried.

To me it has not ever been a matter of 'prolonging life', especially when suffering, - what I devoutly feel matters, fundamentally to us all, is that of QUALITY of Life right now, this moment, today - and if life allows recovery, that I leave to God's own eternal wisdom for each soul.)

In only 1 week's time, since these first bottles of liquid Apán have arrived and I parceled them out at Christmas as 'gifts' this year (today is Dec. 31st 2016 as I write this) - my phone has been ringing with loved ones expressing their gratitude and utterly shocked enthusiasm.

Some are friends from around the country who only received their bottles in the mail a few days ago. Some of them it was a staggering surprise because they did not even have experience with the original capsule version prior.

But I was well aware, acutely, of their own 'serious need' - and understood enough from prior experience that there was 'nothing I knew of or had to give that might be more valuable to them, in truth, than asking Man Found Standing to send them a bottle of this 'brand new liquid extract version' of his Apán formula.

All I can say, in these early stages here so soon, is that in all my 50+ years of life so far in this body, I have never personally 'felt SO good SO fast' (I demand a LOT from my body constantly - am so 'American' in every way the truth is staggering I am even alive, much less actually 'well & healthy' according to medical doctors - if they only knew all I have done, do, and also don't do that I know I should! I am not being flippant, it is simply the truth.....) But much more importantly - I have NEVER received such overwhelming 'gratitude' from others for any 'gift' of any sort I have ever given in my whole life as has happened over these past few days.

I don't even know 'how to take that' - but I sure am having a wonderful time 'taking it myself' and, after hearing so much from my own loved ones, I felt it high time I begin 'giving the knowledge of it' in whatever way I may be able to for others. Time for me to put something in writing and put my own name on it for anyone who cares to know.

So thank you, with all my eternal heart & soul, my beloved friend, Man Found Standing, for all you have given to me with your own time, infinite patient care, and brilliant insight & expertise over the past 2 decades. In my book, you are not only a 'Medicine Man' - but you are a Miracle Medicine Man with the most powerful heart of wings, empowering & strengthening others, to have and be the same.

I love you for all your unending selfless help to me - as well as those near & dear who you've come to know as well over the years - in making the lives of us & all our other beloveds so much better, in ways words cannot ever come close to expressing fully.

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To order your Apán please visit [www.Siahus.com](http://www.Siahus.com).  
Use coupon code Apan50% to get ½ off your Apán products.