

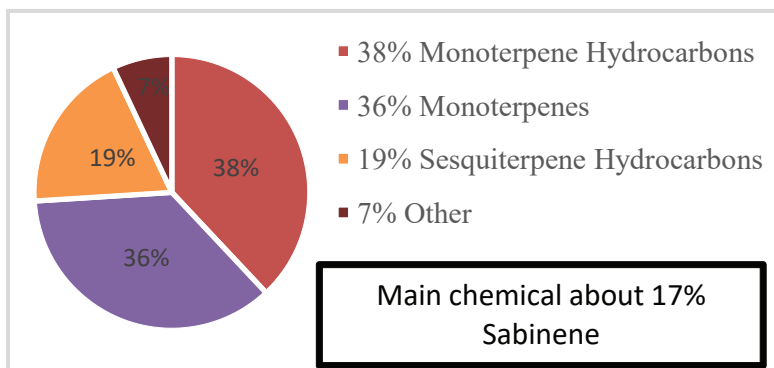
Blue Tansy, Organic: Morocco (*Tanacetum annuum*)

Traditionally the Blue Tansy plant has been used as a poultice for skin issues and inflammation. The oil is distilled from the flowering tops of the plant and has a vividly deep blue color with a wonderful sweet fruity fragrance. (The blue color is from Chamazulene which is created during the distillation process.) Most Blue Tansy is harvested by the traveling workers that pick the wild plants and then take them to a distillery for payment. Because of the growing popularity of this oil, many organic farmers are now beginning to cultivate this plant.

Primary Usages: Wonderful to assist with anxiety, nervous tension, stress, lack of patience, inability to relax, and worry. As a natural muscle relaxer, pain reliever, and reducer of inflammation, this oil is beneficial for cramps, spasms, sprains, rheumatism, arthritis, sciatica, neuritis, fibromyalgia, and bruises.

Secondary Usages: It is beneficial to the respiratory system (emphysema, congestion, coughs, and colds) and has natural antihistamine like properties for assisting with asthma and allergies. Rectifies the skin (itchy, dermatitis, erythema, sunburned, couperose, skin cancer, bug bites, and radiation burns) and has been beneficial for the hair and nails.

Has Been Reported: Used as a stimulant for the thymus gland and lymphatic system. Helpful as a general health tonic to nourish and cleanse to the liver, stomach (indigestion and intestinal worms), and spleen. Been known to reduce fevers, regulate blood pressure (high and low), assist diabetes, and overcome addictions.



Descriptor: Analgesic, Immunostimulant, Anti-Inflammatory, Nervine, Decongestant

Application: Apply on location, bottom of the feet, and one or two drops internally. Diffuse in small amounts.

Caution: Dark blue color will stain skin and clothing. May be highly euphoric and over relaxing in large amounts

Found In: Aligning, Bedtime, Calming, Chakra, Fortify, Tranquility, Trauma-Gone, True Blue

Influences: This is a high vibrational oil that is uplifting and relaxing. Assists to release anger, eases anxiety, and control panic. Promotes feelings of being in harmony.

Medicine Wheel: Primary Center and Secondary East and North. Increases the Guardian Qi (immune system), Tonifies and Boosts Lung Qi, and Tonifies Heart Qi.

Blends Well With: Cedarwood, Cypress, Frankincense, Helichrysum, Ho-Leaf, Lavender, Peppermint, Pine, Rosemary, Rosewood, Spruce

Recipes: For a relaxing bath place six drops of Blue Tansy and two drops of Lavender in a tablespoon of Epsom Salts.

For aches and pains add equal parts of Blue Tansy, Peppermint, Birch and massage over the area. Mix with a carrier oil if you have sensitive skin.