

## Melaleuca, Wild: Australia (*Melaleuca quinquinervera*)

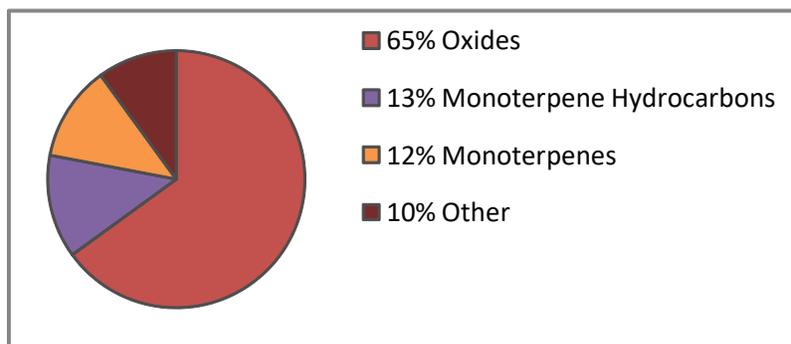
Melaleuca is related to Tea Tree but is quite different and should not be confused. We generally consider it a more universal oil than tea tree, but each Melaleuca tree produces a vast array of chemical differences due to weather and soil conditions. Normally the cineole type of Melaleuca is used for healing where the nerolidol, linalool, and so forth chemotypes are mostly used in perfumery. Often this oil is sold adulterated so make sure you purchase from a reputable supplier.

The tree has many, many uses and is highly valued by the natives of Australia. It grows in such abundance that cultivation is not necessary so almost all Melaleuca oil is from the Wild source. Some experts believe this oil to be the most important anti-allergenic essential oil in aromatherapy. We have found in small amounts this oil works wonderful, but the Black Cumin is far superior in its anti-allergenic action, however a large amount of the Black Cumin taken internally is required for healing.

**Primary Usages:** Very beneficial for all respiratory complaints (allergies, coughs, sinusitis, pulmonary disease, catarrh, decongestant, expectorant) and has powerful antibacterial, antifungal, and antiseptic properties. Benefits skin (acne, skin disease, boils, insect bites, wrinkles, psoriasis, leprosy type ulcers, itchy or scaly skin, infection or gangrenous wounds, cold abscesses, scalp crust, herpes outbreaks, shingles), gum issues, and assists to bolster the immune system.

**Secondary Usages:** It is anesthetic so neuralgia and rheumatoid arthritis sufferers find inflammation and pain are significantly reduced or eliminated when using Melaleuca topically. Melaleuca increases white blood cells and antibody activity that are beneficial for using against all viruses (colds, flu, herpes, malaria, measles, mumps, scarlet fever, smallpox, typhoid fever when diffused, viral hepatitis), and is good for headaches, swollen glands, and fevers. It slows digestion and is an intestinal antiseptic. Good for parasites, nausea, ulcers, and bladder infections.

**Has Been Reported:** Assists the circulation and has hormone-like action on the hypothalamus, pituitary, adrenal axis, ovarian-testicular systems, and assists male impotence, and hormonal action. It acts as an adrenal stimulant, assists a sluggish liver, and aids with pancreas problems. Beneficial for tumors, rectal cancer, and hemorrhoids. Use before and after radiation treatments to give protection from deep radiation burns.



**Descriptor:** Decongestant, Expectorant, Pain Relief, Antibiotic, Stimulating

**Application:** Apply diluted to the bottom of the feet, chest, or back. Diffuse.

**Caution:** This oil contains Cineole in a high percentage. Cineole, although a natural flavoring, is toxic if taken in large amounts. Stick with normal usage.

Main chemical about 60%  
1,8-Cineole

**Influences:** Purifying to the Brain, Assists Concentration, and is Uplifting.

**Medicine Wheel:** Primary North and Secondary East. Increases the Guardian Qi.

**Blends Well With:** Cedarwood, Coriander, Cypress, Eucalyptus, Fennel, Ho-Leaf, Juniper Berry, Lavender, Lemon, Lime, Myrtle, Peppermint, Pine, Orange

**Recipes:** Mix fifty drops in a four ounce spray bottle of water. Spray on your body and in the air.