

## Sandalwood, Wild: India (*Santalum album*)

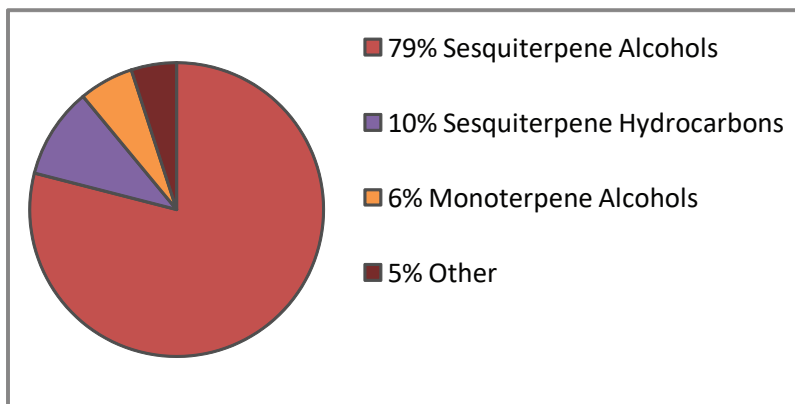
For millennia, the Sandalwood tree was valued as one of the most sacred trees that the Creator has given us by three major religions of the world, Buddhism, Hinduism, and Islam. Parts of the tree are used in the religious ceremonies and for religious artifacts. Over the past decade, the price for pure therapeutic Sandalwood has increased dramatically due to the shortage of trees, it's the growing popularity, and the Indian government's regulations on exporting Sandalwood products.

There are different types of Sandalwood found throughout the world, but the oil from India is considered the best. We have found that even slightly higher therapeutic oil can be extracted exclusively from the slowly steamed roots of the dying mature trees. The added labor costs and government restrictions have basically eliminated this oil being sold exclusively any more.

**Primary Usage:** Assists emotion issues (stress, self-confidence, negativity, grief, depression, fear, obsessions, egocentric behavior, loneliness, balancing) and assists to remove negative programming from the cells. A tonic for the urinary tract, kidneys, bladder (edema, cystitis, diuretic), lymph, immune system, and nerves (neuralgia, muscles spasms, sciatica). We have seen Sandalwood stop a seizure from developing and is wonderful to assist in bringing a person back into balance after a seizure. Just rub a drop on the ears and put a small amount under the nose.

**Secondary Usages:** Assists respiratory problems (bronchitis, coughs, catarrh, sinusitis, strep, staph, earaches, laryngitis, congestion), and heart issues (cardiac fatigue). Very helpful for skin issues (wounds, psoriasis, eczema, wrinkles, boils, dry, scalp, hair, scars, antiseptic, astringent), digestion (cholera, nausea, gastritis, diarrhea, fat metabolism), insomnia, impotence, and as an aphrodisiac.

**Has been reported:** Increases oxygen levels and relieves inflammation around the pituitary and pineal glands. Good results for treating hemorrhoids.



**Descriptor:** Antidepressant, Digestive, Diuretic, Anti-Inflammatory, Antiseptic, Restorative (Skin), Stimulant (Brain and Circulatory)

**Application:** Inhale or diffuse. Apply on feet, body, or on injured area. Take a few drops internally. A powerful sedative.

Main chemical about 46%  
cis-alpha-Santalol

**Caution:** No special cautions.

**Found In:** Alignment, DNA Release, To Be

**Influences:** Calming, grounding, and assists meditation in connecting with your spirituality.

**Medicine Wheel:** A Primary East and Secondary Center, North, and West.

**Blends Well With:** Bergamot, Black Pepper, Cedarwood, Chamomile, Cinnamon Bark, Clary Sage, Clove Bud, Coriander, Cypress, Elemi, Fennel, Frankincense, Geranium, Ginger Root, Grapefruit, Jasmine, Lavender, Lime, Mandarin, Myrrh, Neroli, Orange, Palmarosa, Patchouli, Peppermint, Rose, Rosewood, Tangerine, Vanilla, Vetiver, Ylang Ylang