

# WHY DOES JESUS GET TO BREAK THE RULES?

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Key Passage: John 5:16-47

God's commands are for our benefit!

**REVIEW:** Jesus was breaking man-made rules about the Sabbath so that he could truly keep the Sabbath.

- **READ:** Proverbs 3:5-6 *"Trust in the Lord with all your heart; do not depend on your own understanding. Seek his will in all you do, and he will show you which path to take."*
- **READ:** Matthew 11:28-30 *"Then Jesus said, 'Come to me, all of you who are weary and carry heavy burdens, and I will give you rest. Take my yoke upon you. Let me teach you, because I am humble and gentle at heart, and you will find rest for your souls. For my yoke is easy to bear, and the burden I give you is light.'"*
- **DISCUSS:** What burdens do you often live under? How can you intentionally live in more of God's rest?

**REVIEW:** Fear doesn't produce true obedience; only love can do that.

- **READ:** Mark 2:27 *"Then Jesus said to them, 'The Sabbath was made to meet the needs of people, and not people to meet the requirements of the Sabbath.'"*
- **DISCUSS:** Do you ever feel like God is disappointed in you or avoiding you? What typically makes you feel that way?
- **DISCUSS:** How does knowing God's heart help produce a desire to please him?

## **ASK:**

What else did you get out of the sermon this week? What actions or next steps can you do to start applying it to your life?

## **PRAY:**

For the love of God to become more authentic in our hearts, and for the wisdom to know how to surrender our burdens and live in his rest.