



21 DAYS OF PRAYER

PRAYER FOCUS GUIDE

August 8th–28th

21 DAYS PRAYER FOCUSES

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14 15 16 17 18 19 20

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Invite God into the moments and circumstances that steal your peace. Ask Him to show you what is really going on in your heart.

PRAY THIS WITH US:

“God, You keep in perfect peace all who trust in You and all whose thoughts are fixed on You. Meet me in this moment as I fix my thoughts on You. I surrender my reasons for being anxious, worried or stressed because You are trustworthy and You are good. I let go of the things that I am trying to control. I trust your plan and your timing. You will never let me down. My faith is in You alone. Amen.”

Thought-life

AUG 9TH // DAY 2

Ask God to expose the places in your mind where your thinking does not line up with His Word.

PRAY THIS WITH US:

“God, Your thoughts are higher than my thoughts and Your ways are better than mine. Renew my mind and help me to not lean on my own understanding, but in everything acknowledge You, so that You can direct my words, thoughts and actions. Help me to take every thought captive and give You my concerns. Counsel me as I reflect on Your Word. Guide me and give me strength to do what is right. Amen.”

Forgiveness

AUG 10TH // DAY 3

Just as God has forgiven us, we are expected to do the same for others. Take a moment to ask the Holy Spirit to reveal the names or faces of people that you need to forgive.

PRAY THIS WITH US:

“God, thank you for the forgiveness you have so graciously given me. Help me to follow you and forgive those that have hurt me. Today, I resist the temptation to live with unforgiveness. In faith, I choose to forgive [name the people He brought to mind] just as you have forgiven me. I lay down all hatred, bitterness, and anger that I have harbored in my heart. Instead, I ask You to fill my heart with love, joy, peace, and contentment. Amen.”

Provision

AUG 11TH // DAY 4

Take a moment to reflect on the places where it is hard for you to trust God as your provider and then think about all the ways God has provided for you.

PRAY THIS WITH US:

“God, I repent for not trusting that You are my provider. You did not even withhold Your Son from me and You have made a way, even when it has seemed there was no way. I receive Your grace and gift of salvation as well as Your constant provision for my life. You are good and all Your ways are good. I will choose to be content in all I have and be generous to others when I have more than I need. Thank you for your love and provision in my life. Amen.”

Spend time reflecting on the blessings in your life and the things you are thankful for.

PRAY THIS WITH US:

“God, I am in awe of You! Your name is a strong tower, a place of safety for me. You are my Healer, my Shepherd, my Banner of Victory, my Peace, my Sanctifier. You are good and worthy of all my praise and more. Thank you for the many ways You have blessed me and watched over me. [Tell Him specific things He brought to mind] Thank you that in your presence I find rest and in You my soul is restored. Help me today to remain in a posture of praise whenever my heart is tempted to complain. Thank You for loving me. I love You, Jesus! Amen.

Reflect on the places in your life where you see division or discrimination. Ask God to help you be a vessel of His love and peace to those around you.

PRAY THIS WITH US:

“God, I recognize we are all created in Your image and that You have great purpose for each of us. Help me to see others as You see them and to be a vessel of peace. Where there is hate and division, help me to sow love, peace, and unity. Help me to honor others with my thoughts, words, and actions. Holy Spirit, empower me to love my neighbor as myself and be an ambassador of reconciliation. Amen.”

Pause. Think about what is weighing you down or taking your focus away from what truly matters.

PRAY THIS WITH US:

“God, I thank you for being my source when I feel weighed down or tired. You are a safe place for me. No matter how difficult my life gets, You are always inviting me to come close to Your love, lean on Your support, and to live in Your peace. I rest in You today. I acknowledge that no matter what is happening, You are in control. I can trust in your plan for me and I believe it is good. I do not want to get caught up in busyness or activity. Fill my life with what You know I need and give me strength to set aside what I do not need. Amen”

Invite God into your conversational life. Ask Him to bring to mind both words that you have spoken or that have been spoken over you, that do not line up with what He says about you or His love for people.

PRAY THIS WITH US:

“God, I repent of the thoughtless words I have spoken and of the words I have spoken in anger or in gossip. Help me be quick to listen and slow to speak. Help me to consider my audience before speaking. Fill me today with your love. Help my words to overflow with love, joy, peace, patience, kindness, gentleness and self-control. Amen.”

Take inventory of the things and circumstances that steal your joy. Ask God to meet you there.

PRAY THIS WITH US:

“God, thank you for becoming Immanuel—God with us. It is because of you, I can experience true joy. As long as I am on this earth, I know adversities will come my way, but I take refuge in you today and rejoice. You are my strength and my salvation. In Your presence is the fullness of joy! You are worthy of all glory and honor. No matter what I face, I choose to worship you! Amen.”

Contentment

AUG 17TH // DAY 10

Think about the things and relationships you have. Ask God to reveal areas where you have become discontent, desiring more, or comparing yourself to others.

PRAY THIS WITH US:

“God, You know everything I need. You love me and your desire for me is good. In the moments where I feel like I am missing something, help me to be content and resist the temptation to want more than I need. Help me to align my heart and mind with Your will for me. Everything in my life is a gift from You. You are enough for me. My eternity is in Your hands. Amen.”

Dependence

AUG 18TH // DAY 11

Pause to think about the places in your life where you are tempted to act in independence from God and others. What areas of your life do you not allow others to see or speak into?

PRAY THIS WITH US:

“God, I want to learn to trust you with every area of my life. I want Your will, not my own. Forgive me for all the times I have tried to force my own plans or tried to do things on my own. I surrender my whole life to You. Help me to resist picking back up control. All that I have and all that I am is Yours. You are the one that I need and that one that I desire. In my weakness, You will sustain me. Amen.”

Compassion

AUG 19TH // DAY 12

Invite God to increase your compassion for those around you – those who have less, struggle with things that are strengths for you, or who don't see things the way you do. Take some time to reflect on the things in the world that may break the heart of God.

PRAY THIS WITH US:

“God, You are loving and compassionate and Your mercy knows no bounds. Help me to see others the way You see them. Help me to see the world the way you see it. Remind me to pause before I speak and to put myself in other people's shoes. Help me to be a witness to your patience, goodness, kindness, and gentleness. As I am reminded of the grace and mercy you have given me, allow me to display that to those around me. Empower me to see and act on opportunities to display Your love to those around me for Your glory! Amen.”

Reflect on how you would describe yourself and how others describe you. Then compare that with what the Bible says about you and ask God to help you surrender to what is true (the identity He gives you as your creator and Father).

PRAY THIS WITH US:

“God, my value comes from You alone. Nothing I do or don’t do will change that. I am a child of God and created in Your image. You are my Creator and I am Your masterpiece. When I am tempted to look to others for validation, help me turn my eyes back to You. Help me remember that I am not a slave to sin and there is no condemnation for those in Christ Jesus. Thank You for choosing me and loving me! Amen.”

Allow God to speak into your relationships and community. Where have you been or felt isolated or alone? Do you, like Jesus, have deep, meaningful friendships and family? Do you have community that is intentionally or unintentionally leading you away from Jesus?

PRAY THIS WITH US:

“God, I admit I cannot live in isolation and independence. Please continue to surround me with people that will be a godly influence and encouragement. Help me to become that kind of person to others. Help me to clothe myself with tenderhearted mercy, kindness, humility, gentleness, and patience. Help me be willing to set healthy boundaries so that I can live in community that encourages me into Christ likeness, but also allows me to influence those who don’t know you.”

Consider what things or people in your life you have placed the most hope in (financial security, approval of others, a relationship). Consider where you've given up hope or seen your hope decrease.

PRAY THIS WITH US:

"God, You are my hope. Jesus is the rock of my salvation and my hope is anchored in Him. Thank you for the confident assurance that I have in You and knowing my future is secured in heavenly places. When it feels like there is no way through, you make a way. Help me to keep my hope securely placed in you and nothing else."

Ask God for guidance in the big issues and small details of your life. Confess any area where you've been living without him and surrender to His will and His plan for your life.

PRAY THIS WITH US:

"God, You are all-knowing and the beginning and end of all wisdom. God, help me to humbly submit to your leadership and to live according to your plans. Open my eyes to see the truth, open my ears to hear Your voice, and open my heart to gain Your understanding. Don't let it just be information. Help me to apply it to my life."

Generosity

AUG 24 // DAY 17

Invite God to challenge you in your generosity, and to present opportunities for you to bless someone or to speak to why it may be hard to trust him with your finances and give generously.

PRAY THIS WITH US:

“God, you are so generous and merciful to me. Thank you for providing for all my needs. All that I have and all that I am comes from You. Help me to be a good steward of all that you have given me. Help me to live generously and open my eyes to the needs and opportunities around me.”

Love

AUG 25 // DAY 18

Reflect on your love for God and for others and ask God to give you His love for others when you don't feel like loving someone and to grow your love for all people.

PRAY THIS WITH US:

“God, today I receive Your love. Thank you that your love is perfect and that it never fails. Thank you that nothing can separate me from Your love. Just as Your love is patient, help me to show patience to those around me. Just as Your love is kind, help me to show kindness to others. True love is not jealous, so help me to cast aside feelings of jealousy and hatred toward others. Help me to love others the way You love me. Amen.”

Patience

AUG 26 // DAY 19

Invite God to grow your patience, producing kindness and gentleness instead of frustration, anger, or worry – in situations and in relationships.

PRAY THIS WITH US:

“God, give me strength to wait upon Your promises. Help me to stay patient when the end goal seems out of reach. Teach me to be still in the midst of storms, for Your timing is perfect; never too early and never too late. Replace restlessness with patience, contentment, and peace. I release all that creates a feeling of impatience into your hands. I lay down selfish striving and choose to abide in You. Amen.”

Holiness

AUG 27 // DAY 20

Ask God to show you any area of your life that does not reflect His nature and holiness and to help you take steps towards holiness.

PRAY THIS WITH US:

“God, thank you for calling me out of darkness into Your light. Thank you that my old self has been crucified with Christ and it is no longer I who live, but Christ that lives in me. Search my heart and reveal any wicked or unwholesome way in me. Continue to purify my heart and lead me on the path of righteousness. Help me to walk in Spirit and truth and submit to Your guidance in every moment of every day. Amen.”

Take some time to surrender your future plans to God and ask Him to help you see how you can live with eternity in mind.

PRAY THIS WITH US:

“God, help me to think about your heart for me and our world and to not be consumed with what I want or with what I want to do. Give me a vision for how I can continue to be with you, become like you, and do what you did and what next steps I need to take. Help me to release the things of the world and to have a stronger desire to store up an eternal treasure in heaven.”

