

# Dargo Bush Bulletin

Friday 21st April 2023

Published by the Dargo & District Community Group Inc.  
known as - Dargo Neighbourhood House

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## Upcoming COMMUNITY EVENTS

### APRIL

**Friday 21st** - Dargo Pub  
Wheel - Catholic Church

**Friday 28th** - Dargo Pub  
Wheel - Landcare

**Saturday 29th** - D & DCG  
Inc. special meeting -  
**This meeting has been  
postponed. New date will  
be announced asap.**

### MAY

**Friday 5th** - Dargo Pub  
Wheel - Museum

**Friday 12th** - Dargo Pub  
Wheel - Bush Nursing  
Centre

**Friday 17th** - Dargo Pub  
Wheel - TV Mgt Group

**We urge all groups to  
check with the River Inn  
owners as to when the  
Sunday wheel will be  
re-commencing.**



### **How beautiful is our town in the Autumn?**

This pic was taken in 2021, and showcases the gorgeous  
autumn colours of our tree lined Lind Avenue.

### **GENERAL NOTICE**

The Dargo Neighbourhood House will be closed from  
Tuesday 18th April until further notice.

If you have any concerns, or wish to access the Library,  
please contact any of the Dargo & District Community Group  
Inc. CoM members for assistance.

The meeting scheduled for Saturday 29th April has been  
postponed, and will be re-scheduled asap.

We apologise for any inconvenience caused and hope to be  
back on deck asap.

### **RESPECT**

**"Real integrity is doing the right thing, knowing that nobody's going to know whether you did it or not."** "When you are content to be simply yourself and don't compare or compete, everyone will respect you." "Whoever is careless with the truth in small matters cannot be trusted with important matters."



To

Jeff &amp; Mandy Stephens

13th May

**APRIL**

25th Danny Campbell  
30th Glennis Rogers

**MAY**

3rd Jean Gibbs  
Jayne Gibbs  
4th Michelle Healey  
5th Keith Price  
Matt Wellins  
8th Tammy Guy  
Chelsea Websdale  
12th Jodie Wellins

Have you applied for your next PSB?

**\$250****Power Saving Bonus**

Contact us at the Neighbourhood House if you need help

**NOTICE OF GENERAL MEETING**

All members of the **Dargo & District Community Group Inc.** are advised that a general meeting will take place as follows:

**Time:** TBA

This meeting will be re-scheduled. Details to be announced asap

**Date:** TBA**Place:** Dargo Neighbourhood House, 137 Lind Avenue, Dargo.**Purpose of the meeting**

This meeting has been called to consider a special resolution to cancel/de-register the business registered as 'Dargo & District Community Group Inc.'

**PLEASE NOTE** - This **DOES NOT** mean that the Dargo Neighbourhood House will be closing down.

The **Dargo Bush Nursing Centre Inc.** will be taking on the funding and governance for the provision of the Neighbourhood House Program and will employ a Manager/Co-Ordinator once they have the paper work finalised.

A detailed Agenda will be available at the meeting.

The Dargo Bush Bulletin would like to acknowledge the Gunaikurnai People, the traditional custodians of the land on which we gather, and pay our respects to their Elders both past and present.

Did you find 'Foghorn Leghorn'?  
He was hiding on page 14.

See if you can spot him again this time.



The **Dargo Neighbourhood House** is supported by DFFH Vic. We are members of the East Gippsland Network of Neighbourhood Houses (EGNNH), Neighbourhood Houses Vic (NHVIC) and Community Newspaper Assoc. of Vic (CNAV)



## **COMMUNITY LIBRARY**

Dargo Neighbourhood House has an extensive supply of fiction and non fiction books to borrow or swap.

Everyone is welcome to come down to DNH and browse with the intention of taking one or ten away and if you have some to donate, then they would be gratefully accepted

The DNH library is available to everyone in the community.



**Our library is FULL at the moment, so thank you to everyone who has donated books and DVD's. We also have a good range of kids movies now.**

The Dargo Neighbourhood House will be closed from Tuesday 18th April until further notice.

We apologise for any inconvenience caused

Please contact any Dargo & District Community Group Inc. Committee member if you have any concerns

### **DISCLAIMER**

The Dargo Neighbourhood House does not take responsibility for opinions expressed by contributors to the Dargo Bush Bulletin. The Editors reserve the right to reject articles and advertisements and to edit submissions if necessary.

All submissions should carry the author's full name, address and phone number, or anonymously if preferred.

**CONTACT-** Please send your articles or queries to the Neighbourhood House, 137 Lind Ave., Dargo or post to Dargo Neighbourhood House, c/o PO Dargo Vic 3862, or email [dnh333@bigpond.com](mailto:dnh333@bigpond.com)

Thank you, Ph: 51401333 (leave a message if office is unattended)

On behalf of the Dargo Community we wish to thank all donors/sponsors of the 'ID Quiz' since the competition began several years ago.

It has been decided that due to the imminent closure of the business that is - Dargo & District Community Group Inc., - and that all money which was donated for prizes has now been paid to the winners, the ID Quiz competition will end.

Thank you to everyone who has participated over the years.

**WE HAVE OUR FINAL WINNER!**

ANSWER IS **CANDLE HOLDER WITH BIRTHDAY  
CANDLE**

Correct entries were received from Doreen Sherwell, Col Healey, Craig Roberts, and the winner is (drawn out by John Kane) .....

**DOREEN SHERWELL**

CONGRATULATIONS and well DOREEN



**DARGO TIP TIMES**

WEDNESDAYS 1pm to 4pm

SATURDAYS 1pm to 5pm

SUNDAYS 10am to 3pm

PUBLIC HOLIDAYS 10am to 3pm





We had a visitor of the four legged variety last week!

Aria, an Ambulance Victoria Peer Support Dog and her lovely handler, Sharni, came to the BNC to meet us and explain Aria's role within AV.

Thanks so much to both of you for travelling to Dargo to visit us!

**Who's Working When?**  
**April/May 2023 Dates (staff & times can change as needed)**

Tuesday 9am - 5pm	Wednesday 9am - 5pm	Thursday 1/2 day 1.30pm to 5.00pm (usually)	Friday 9am - 5pm	Saturday 9am - 3pm
25th <b>ANZAC DAY</b>  <b>CLOSED</b>	26th Kim & Sarah	27th Megan <b>Staff Training Day</b>	28th Megan & Sarah	29th Sarah
2nd May Kim <b>CoM: Strategic Planning Workshop 2</b>	3rd Kim & Anna	4th Megan	5th Megan & Anna	6th Sarah & Anna
9th Kim <b>Remote Area Nurse Training</b>	10th Kim <b>Remote Area Nurse Training</b>	11th Megan <b>Remote Area Nurse Training</b>	12th Megan	13th Megan
16th Sarah	17th Sarah & Anna	18th Sarah	19th Kim	20th Kim

Welcome Emily!!!



We'd like to introduce you all to Emily Theodorou our new Administration Manager!

Emily will be working with Sue during her orientation period, then Sue will focus on implementing our Quality and Safety requirements and plans to continue this role remotely in the future (very distant future we hope!!)

We are very excited to welcome Em to our team and hope you all can wish her well!

Are you over 65?

Have you signed up for My Aged Care?

If not, please come and see us at the BNC. You may not need a Home Care Package for years but when you do it's so much easier when you've already registered!

Something we pride ourselves on, is finding health care solutions to bring to our Community. When we're faced with barriers, we'll keep pushing to bring those barriers down!

We are so absolutely thrilled to have been able to begin what we think is

going to be an amazing relationship, with the Gippsland Lakes Complete Health

Occupational Therapy team! Thank you so much to Jess, Mandy, Will, Dennika and Alana for making the journey to

Dargo to assess some of our local community members.

We may be the most remote community in Victoria, but we won't let it stop us from keeping our locals living in Dargo safely into the future as they age.

It certainly makes us as Nurses, feel like we belong to a bigger team too.

Watch this space as we continue to strive to go above and beyond and to make the impossible, possible!





**Free  
Home  
Test Kit**



4 easy steps  
that could help  
save your life.



health.gov.au/nbcsp



We are trying to organise someone to come to Dargo and service multiple houses on the same day. This may reduce the costs per household!

A poorly maintained fireplace will mean your fire won't burn efficiently, You'll end up using more wood for less heat!

Do you need your chimney cleaned or fireplace serviced?

Please let us know if you do.

## We have begun our Bowel Cancer Screening Project!

Have you received one of these kits in the mail? Do you need help doing the test or filling out the paperwork? If yes, then please let us know!

Anna will be contacting you soon, if you are over 50 and a regular visitor to the BNC, to ask you some important questions because when bowel cancer is detected early, 9 out of 10 cases can be treated successfully!

RFDS Mobile Eye Check Clinic is returning to the BNC on Wed 31st May to Fri 2nd of June.- you have to phone RFDS to book in:

**(03) 84120444 – Option 3**

Do you need to update your vaccinations? We will be running Vaccination Clinics soon and these will include vaccines to protect you against Pneumonia, Shingles and Influenza. Please phone the BNC on 51 401 246 for more information.

The BNC Committee of Management will be lodging a formal expression of interest with DFFH to take over the management and governance of the Dargo Neighbourhood House Program. We'd love to hear your feedback about this plan!

Please speak to any of our CoM members or Des Knott, our Consumer Representative, if you'd like to provide feedback to us.

Valda's memorial garden is underway! You may notice some works being carried out in the front of the BNC, eventually we plan to place a plaque in this garden amongst some beautiful plants to remember Val.

## Do you require someone to help you around your house with cleaning and maintenance?

We have people in Dargo that can provide these services!

Anyone with a Home Care or NDIS Package can access this service for free, or you can set up an arrangement privately.

Please contact the BNC if you'd like to know more information.

*We encourage you to please speak with any of our **Committee of Management** members if you want to discuss any issues about the BNC. We welcome all feedback and strive to incorporate any suggestions/improvements you give us into our service.*

### Current CoM members are:

Joan Traill (President)

Phil Davies (Secretary)

Terry Riley (Vice President)

Jeff Stuart

Kylie Antonopoulos



### Podiatry Visit Dates for 2023...

- 1.30 pm @ BNC:

1st June

3rd August

5th October

1st December

\$10 per visit (if not on a Home Care Package)



*Our Community Consumer Representative is Des Knott.*

*You can speak to Des anonymously (if you'd prefer) and he will give us your feedback*

## INFORMATION FOR PATIENTS



VICTORIAN VIRTUAL  
EMERGENCY DEPARTMENT  
Northern Health



The Victorian Virtual Emergency Department allows you to access care for non-life-threatening emergencies, 24 hours a day, 7 days a week. You will be connected to our doctors and nurses via a video call, and receive medical advice from the comfort of your home.



### How do I register?

- You will need a phone, tablet or computer with a camera to use this service.
- To register, please use your phone camera and scan the QR code. You can also visit **vved.org.au**



### What happens after I register?

- You will be linked directly to the Virtual Emergency Department waiting room and placed in the virtual triage queue.
- You will receive a text/email with the next steps.
- When it's your turn, the nurse will consult with you and advise the best course of action.



### What kind of medical help can I get?

- In many cases, we will be able to help you virtually, and organise tests and prescriptions close to your home.
- We can provide self-care advice and a GP follow up.
- We may ask you to come into the Emergency Department.



### Are interpreting services available to me?

- Interpreters are available, and you can request one during the registration process.
- You can also complete the registration form in your preferred language.

For more information,  
please visit **vved.org.au**

Please use this service for non-life-threatening emergency conditions only. Some examples of life-threatening symptoms include: shortness of breath, severe chest pain, or weakness down one side of the body. If you think you may have a life-threatening condition, please contact **Triple Zero (000) urgently**.

Northern Health

Austin  
HEALTH

ST VINCENT'S  
HOSPITAL  
MELBOURNE

Ambulance  
Victoria

VICTORIA  
State Government



Northern Health acknowledges the Traditional Custodians of this land, the Wurundjeri people, and pays its respects to Elders past, present and future.

# Intimidation, suggestive jokes, exclusion...

**Gendered violence comes in many forms.  
All are OHS issues. All are unacceptable.**

**Q WorkSafe Gendered Violence**

Got a tyre that needs fixing? Well just drop it off on your way to do the weekly shop, and pick it up on the way home....any time.

Christian Sims of Simsy's Tyres in Lindenow offers a drop off and after hours service. Call in and check out their deals.



63 Henry Street  
Lindenow VIC 3865

**0437 586 150**

[simsy1979@me.com](mailto:simsy1979@me.com)



SALES  
CAR  
TRUCK  
TRACTOR  
LAWN MOWER  
FITTING  
BALANCING  
REPAIRS

If you, or someone you know would like to advertise in this community newsletter, please contact the Dargo Neighbourhood House on

Ph: 5140 1333 or Email: [dnh333@bigpond.com](mailto:dnh333@bigpond.com) for more information



Got a joke, or something interesting you'd like to share with other readers?

Please send it in to us on [dnh333@bigpond.com](mailto:dnh333@bigpond.com)



**eastern  
grounds**  
& garden services



Slashing / Mulching / Mowing

New 60 Horsepower tractor equipped with 6 foot slasher and 6 foot mulcher - 72, 54 and 48 inch Mowers - Heavy duty Brush Cutters

Herbicide Spraying - Site / Yard Cleaning - Rural and Residential

Dargo / Wellington Shire & Bairnsdale areas each fortnight

We will travel anywhere - Fully Insured

Phone Glenn on 0458 008 522

Email: [contact@easterngrounds.com.au](mailto:contact@easterngrounds.com.au)





**WANTED  
TO  
BUY**

**Firewood - trees or logs - standing or fallen**

green or dry - any species

Top rates paid for Box and Stringy Bark

Phone Glenn on 0458 008 522

Email: [contact@easterngrounds.com.au](mailto:contact@easterngrounds.com.au)

**Have a go at these Dingbats - Various**

01	02	03	04
05	06	07	08
09	10	11	12



# Made for more purpose



Victoria Police is made for ambitious people looking for a career with more challenges, excitement, purpose, and possibilities.

police careers

Authorised by the Victorian Government, 1 Treasury Place, Melbourne



## MADE FOR MORE

So, how many did you get right this time?



01 Sad Songs



02 Red Sea/See Red



03 Trump Card



04 Waiting on Tables



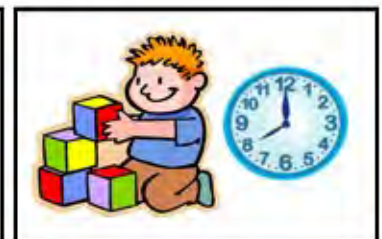
05 Cold Snap



06 BMX Bandits



07 Buzz Lightyear



08 Play Time



09 Right on the Nose



10 Bowling for Soup



11 Spice (Spys) Rack




12 Roll with the Punches

## Bet you didn't know.....

- It is impossible for most people to lick their own elbow. (try it!)
- A crocodile cannot stick its tongue out.
- A shrimp's heart is in its head.
- It is physically impossible for pigs to look up into the sky.
- The "sixth sick sheik's sixth sheep's sick" is believed to be the toughest tongue twister in the English language.
- If you sneeze too hard, you could fracture a rib.
- Wearing headphones for just an hour could increase the bacteria in your ear by 700 times.
- In the course of an average lifetime, while sleeping you might eat around 70 assorted insects and 10 spiders, or more.
- Some lipsticks contain fish scales.
- Cat urine glows under a black-light.
- Like fingerprints, everyone's tongue print is different.
- Rubber bands last longer when refrigerated.
- There are 293 ways to make change for a dollar.
- The average person's left hand does 56% of the typing (when using the proper position of the hands on the keyboard; Hunting and pecking doesn't count!).
- A shark is the only known fish that can blink with both eyes.
- The longest one-syllable words in the English language are "scaunched" and "strengthened." Some suggest that "squirreled" could be included, but squirrel is intended to be pronounced as two syllables (squir-rel) according to most dictionaries. "Screeched" and "strengths" are two other long one-syllable words, but they only have 9 letters.
- "Dreamt" is the only English word that ends in the letters "mt".
- Almonds are a member of the peach family.
- Maine is the only state that has a one-syllable name.
- There are only four words in the English language which end in "dous": tremendous, horrendous, stupendous, and hazardous.
- Los Angeles' full name is "El Pueblo de Nuestra Senora la Reina de los Angeles de Porciuncula"
- A cat has 32 muscles in each ear.
- An ostrich's eye is bigger than its brain.
- Tigers have striped skin, not just striped fur.
- In many advertisements, the time displayed on a watch is 10:10.
- The characters Bert and Ernie on Sesame Street were named after Bert the cop and Ernie the taxi driver in Frank Capra's "It's a Wonderful Life."
- A dime has 118 ridges around the edge.
- The giant squid has the largest eyes in the world.
- Most people fall asleep in seven minutes.
- "Stewardesses" is the longest word that is typed with only the left hand.





# COFFEE

## WORD SEARCH PUZZLE

F	V	N	O	S	I	N	S	T	A	N	T	O	E	R
L	K	N	I	R	D	M	C	T	E	M	R	U	O	G
A	G	W	A	T	E	R	A	Q	D	L	K	B	J	S
V	G	N	I	N	R	O	M	K	F	N	R	U	N	A
O	N	K	P	P	T	M	X	U	E	A	E	A	L	B
R	N	U	L	A	R	U	T	A	N	R	E	L	O	K
S	C	C	P	S	B	Y	O	D	N	B	I	P	B	R
M	G	L	V	L	T	S	U	Y	A	N	I	O	Y	O
O	U	B	A	I	S	L	R	R	A	R	R	L	Y	A
O	M	C	L	E	I	A	O	V	D	G	I	D	D	S
T	K	A	R	Q	G	M	E	O	A	A	X	Y	M	T
H	U	P	U	A	K	C	N	D	G	Q	Y	I	M	
Q	X	I	S	K	E	N	I	E	F	F	A	C	L	T
E	D	N	I	R	G	C	R	E	T	S	A	T	K	R
I	L	L	E	M	S	E	P	R	E	T	T	I	B	E

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY.  
Find and circle each word.

AROMA	DAILY	LIQUID	QUALITY
BEANS	DRINK	MAKER	ROAST
BITTER	DRIP	MILK	SMELL
BLACK	EXPRESSO	MORNING	SMOOTH
BLEND	FLAVOR	MUG	SUGAR
BRAND	GOURMET	NATURAL	TASTE
CAFFEINE	GRIND	ORGANIC	VANILLA
CUP	INSTANT	PRICE	WATER



SUDOKU PUZZLE - Solution next Bulletin									SOLUTION TO PREVIOUS SUDOKU								
				4		1	7		4	8	2	5	1	7	6	3	9
1			6					2	3	5	7	2	9	6	8	4	1
	2	4		9	5				9	1	6	8	4	3	2	7	5
		2		6	3				1	4	8	7	6	2	5	9	3
8	1						5		6	9	3	1	8	5	7	2	4
					8	4		6	7	2	5	4	3	9	1	6	8
		7	4					3	5	3	9	6	7	1	4	8	2
4	8					2			2	7	4	3	5	8	9	1	6
		9	7		6	8	1		8	6	1	9	2	4	3	5	7



### FOR HIRE

(Bookings Essential)

\$30 Daily Hire

The Neighbourhood House BBQ Trailer is available for hire to residents only (not to be taken out of Dargo).

This trailer has a 6 burner BBQ and 3 large Eskys that all fit on this purpose built trailer.



*It is now available, free of charge, for Dargo community groups to use on two occasions each during this current financial year.*

Bookings taken through the Dargo Neighbourhood House

For more information Phone: 5140 1333