## Go camping!

The campsites along this coastline are a great place for families to enjoy a night camping under the stars. Pitch a tent and add a real sense of adventure to your holiday!



Camping is a good way to get close to nature and experience this beautiful landscape at its best. It's also a lot of fun and provides an opportunity to play games that you might not otherwise get to enjoy. Here are some examples to get you started...



• Cloud watching: Sunset is a good time to go cloud watching. It's easy! Just lie on your back or look up and see the clouds passing by overhead. What shapes can you see? People often see faces but clouds can look like all sorts of things... find a shape you recognise and see if your family can spot it too.

• Stargazing: On clear nights the stars come out and fill the sky above with twinkling lights. Don't try to count them all – you'll be there all night! Watch out for shooting stars and satellites whizzing past. Make a wish if you spot one. If you're lucky, you might get to see a 'constellation' – a pattern of stars that make up a recognisable shape. See if you can find these constellations whilst stargazing...







•Scary Stories! Take it in turns to tell some of the scary stories you've heard whilst exploring the Glamorgan Heritage Coast. You could tell a terrifying tale about the ghost of the White Lady who guards the hidden treasure at Ogmore Castle. Or maybe talk about the horrible history of the Dunraven Wreckers, or the bloodcurdling story of Cap Coch and his murderous gang of thieves. Act out your story and try to make everyone jump with fright!

•Hush and listen: Did you know that sounds sometimes travel further at night time than during the day? (especially on cool evenings). Close your eyes and listen to the sounds around you – what can you hear? You might be lucky enough to hear the hooting of an owl, or the high-pitched squeak of a bat. Are there any strange noises you don't recognise – what might they be?





## Campsites

Visit www.perfectpitchcamping.co.uk for more information about other local campsites. Scan here for more family fun...



www.valeofglamorgan.gov.uk/familyfun





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